

ELEF MEHAZRIM (1,000 Suitors)

Dance: Yoram Sasson
Year: 2014
Music: Ilan Nuri
Formation: Circle facing CCW.

PART I

1-2 Fwd. R,L.
3&4 R-tog-R fwd.
5-6 L fwd and face center, R to R.
7&8 L behind R, R to R, L across R.
9-10 R to R, L across Rt.
11&12 Yem. R
13-14 Full turn to L with L,R and face CCW.
15&16 Yem. L bwd.
17-18 Step R fwd, touch L heel fwd raising R arm.
19&20 Yem. L bwd.
21-24 Rpt. 17-20
25-26& Step on R, hop twice on R making ½ turn to R to face CW.
27&28 Step L bwd and face center, R to R, L across R.
29-32 Yem. R & L.
33&34 R to R, turn to L with L, R.
35&36 Yem. L bwd.

PART II – Face center.

1-2& Small jump with feet slightly apart (“sit”), 2 hops on Rt. moving to R., placing Rt hand on heart
3&4 L behind R, R to R, L across Rt.
5-8 Rpt. 1-4
9-12 4 bouncy skipping steps R,L,R,L moving twd center and making ½ turn to L to face out, raising opposite arm straight up on each step.
13-14& Step R to R, step L behind R, R fwd in place.
15-16& Rpt. 13-14& with opp. footwork.
17-32 Rpt. Part II moving out of circle and end facing center.

PART III – Face center.

1&2 R-tog-R to Rt. side
3&4 L behind R, R to R, L across Rt.
5-8 Rpt. 1-4
9-12 Fwd R,L (& small hop on L,) R fwd bending knees, step back on L.
13-16 Turn out of circle to R with R,L,R,L making 2 complete turns out.

Rpt. Dance
Rpt. Part III
Move fwd to center raising arms.

Instructions notated by Honey Goldfein and Erica Goldman. Presented by Erica Goldman.

ACHAI BENAI TEIMAN (My Yemenite Brothers)

Dance: Sefi Aviv **Year:** 1993
Music: Mordechai Yitzadi **Words:** Tzion Golan
Formation: Circle facing center with hands joined.

PART I

1-2 Sway R,L.
3-4 Step R across L, step L to L
5-6 Rpt. 3-4
7-8 Step R across L. Hold.
9-12 Yem. L
13-16 Rock R bwd, step L fwd, close R to L, hold.
17-30 Rpt. 1-14
31-32 Brush R next to L, in small arc toward R and turn to R to face CCW.

PART II

1-8 Two slow step-tog-steps fwd w/R and L moving fwd on the line of the circle. End by turning toward the L to face center.
9-12 Step R to R, hold, step L across R, hold.
13-16 Step R to R, hold, step L across R, hold and turn toward R to face CCW.
17-32 Rpt. 1-16 ending to face center.

TRANSITION 1

1-2 Small leap on R to R, strong step w/L across R and face center.
3-4 Step R bwd, step L to L (Cts 1-4 are a "box step")
5-6 Sway R, L and turn toward L to face CW.
7-8 Step R fwd while rising slightly on the R, hold.
9-10 Step L bwd while turning toward R to face ctr. and step R to R.
11-12 Step L fwd toward center.
13 Step R fwd toward ctr. and face to L (CW)
14 Step L in place, and face to L w/back toward center.
15-16 Step R fwd pivoting 1/2 turn bwd toward L and face center. Hold.
17-20 Yemenite L bwd.
21-24 Rpt. 1-4

PART III

1-4 Slow step-tog-step fwd w/R. End with 1/2 turn to L pivoting on both feet. Hold.
5-8 Slow step-tog-step fwd toward outside of circle w/L
9-12 1/2 turn to R in a semi-circle formation w/3 steps R,L,R. Hold. Face center.
13-14 Step L to L, step R in place and lean on R
15-16 Close L next to R and brush.
17-32 Rpt. 1-16 w/opp. footwork and direction (beg. w/L) but close R next to L with no brush.

TRANSITION 2

1-16 Rpt. 5-20 of Transition #1

PART IV

1-4 Rock R bwd, step L fwd, step R fwd, small leap fwd onto L.
5-6 Step R fwd and turn body slightly to R and snap fingers. Hold.
7-8 Rpt. 5-6 to L
9-12 Yemenite R
13 Step L to L
14 1/2 turn to R w/R pivoting on R so that back is toward center.
15-16 Close L next to R hold.
17-32 Rpt. 1-16 moving out of circle and end facing center.

Translated by Honey Goldfein. Dance presented by Erica Goldman.

ACHAI BNEI TEIMAN

Achai bnei Teiman
kir'u le'El Elyon. (2x)

Yashiv shavut tzion
el ir mehulalo. (3x)

Achai b'nei Teiman
kir'u lemelech ram.
Achai b'nei Teiman
osim ratzon gadol/konam
Achai b'nei Teiman
kir'u le'El Elyon.

Shiri ani esa
la'el/el El (ve)ram/marom (ve)nisa. (2x)

Al amcha chusa
vega'el bnei gola.
(3x)

MY YEMENITE BROTHERS

My brothers, sons of Yemen,
call to Almighty God. (2x)

He will return the exiles of Zion
to his praised city. (3x)

My brothers, sons of Yemen,
call to the Most High King.
My brothers, sons of Yemen,
doing the will of the Great One.
My brothers, sons of Yemen,
call to Almighty God.

My song I will raise
to the exalted God of Heaven. (2x)

He has mercy on the people of Israel
and has redeemed those in exile.
(3x)

Note:

Transliterated according to Yemenite Hebrew pronunciation, as it is sung.
A few sounds are different from standard Israeli Hebrew.

BESOF MA'AGAL (At the End of the Circle)

Dance: Itzik Sa'ada **Year:** 1983
Music: Kenny Young **Lyrics:** Yonatan Gefen
Singer: Arik Sinai
Formation: Couples in a circle. Footwork described is for M. W use opp. ftwk & dir.
Meter: 3/4 In notes, each count = 1 measure of 3/4

- PART I** - Face CCW with inside hands joined.
- 1 Waltz step fwd w/L making 1/2 turn to L to face CW (W: turns to R w/R). Change the joined hands
2 Waltz step moving bwd (CCW) w/R
3 Waltz step fwd w/L
4 Separate with one waltz step R turning 3/4 turn away from each other to R (W turns to L) and end face to face with M on inside circle
5-6 Waltz bwd w/L, and fwd w/R (W: bwd w/R, fwd w/L) separating and returning to partner
7 Waltz step L turning full turn to L
8 Step R across L, step L in place, step R next to L returning to orig. position facing CCW
9-15 Rpt. 1-7
16 Face partner. M: Step R to R, step L in place, touch R next to L. W: Step L to L, step R in place, close L next to R (Note: as popularly done, repeat 8 instead.)
- PART II** - Face to face with R hands joined. M's back is to center.
- 1 Change places making 1/2 turn CW tog. with one waltz step R (for both). At end change the hands to join L hands
2 Rpt. 1 w/opp footwork and direction (turn CCW w/L), however, instead of a waltz step, W takes two steps L,R, hold.
3 Join both hands. Step R to R, close L to R. Hold. (W is again with opp. ftwk.)
4 Step R to R, close L to R but without taking weight
5-6 Two waltz steps fwd and bwd w/L,R (W: w/R,L) approaching and separating from partner without releasing hands.
7-8 M: Two waltz steps L and R in place turning twd L to face CCW.
W: Two waltz steps R & L turning 3/4 turn to L under joined R hand (M's L) to end in wrap position facing CCW.
9-10 Two waltz steps fwd L,R and release M's R hand and W's L hand.
11-12 Two Yem. steps L,R (In 3/4 time) changing place and returning with M passing behind W.
13-14 Release hands, 3/4 turn in a small circle to L with 2 waltz steps L,R (W: to R)
15-16 Face partner in waltz position. Two waltz steps turning tog. CW on line of circle.

Notes by Honey Goldfein and Erica Goldman. Presented by Erica Goldman.

