

IDYLLWILD



WEEKEND

JUNE 11-13, 1982

I D Y L L W I L D W O R K S H O P

June 14-18, 1982

T E A C H E R I N D E X

DANCE

COUNTRY

PAGE

MIHAI DAVID

TO BE ANNOUNCED

DOROTHY DAW

T	1.	BALLOS-----	Greece-----	1
Th	2.	GA'AGUIM-----	Israel-----	4
X	3.	KACERAC-----	Serbia-----	6
T	4.	WILLOW TREE-----	England-----	9
Th	5.	ZAGORITIKO----- <i>12th Lt Rag</i>	Greece-----	10

MORRY GELMAN

	1.	AUSTRIAN MAP-----	Austria-----	12
	2.	COURTING TYPE DANCES-----	Germany-----	13
m	3.	FEISTRITRER LANDLER----- <i>Th</i>	Austria-----	17
Th	4.	KNOEDELDRÄHNER-----	Austria/Germany-----	21
T	5.	NEPPENDORFER STEIRISCHE----- <i>F</i>	Austria-----	22
Th	6.	NIEDER BAYERISCHER MAZURKA----- <i>F</i>	Germany-----	24
W	7.	PINZGAUER BOARISCHER----- <i>F</i>	Austria-----	25
W	8.	S'SUSERL ZWIEFACHER----- <i>Unterströier - and to Viv Vienna Two Step - Sun</i>	Germany-----	27

ANN MC BRIDE

TO BE ANNOUNCED

MARCUS MOSKOFF

Sitno Pajushko Hora

Th	1.	MAMA NEDYU GOVORYA-----	Bulgaria-----	29
T	2.	OY YOVANE-----	Bulgaria-----	31
T	3.	PLOVDIVSKA RUCHENITSA-----	Bulgaria-----	33
W	4.	SITNO VLASHKO HORO-----	Bulgaria-----	34
m	5.	STRANDZHANSKO HORO-----	Bulgaria-----	36
m	6.	TROPANKA-----	Bulgaria-----	37
m	7.	TRUGNAL MI STURCHO-----	Bulgaria-----	39
	8.	VRAPCHETO-----	Bulgaria-----	41
F	9.	YANKINATA-----	Bulgaria-----	42

DAVE SLATER

W	1.	CA LA BALTA-----	Roumania-----	43
X	2.	CAMCETO-----	Macedonia-----	45
W	3.	ITI MILVANON-----	Israel-----	47
m	4.	ROROSPOLS-----	Norway-----	49
X	5.	SZEKELY FRISS-----	Hungary-----	53

ABBREVIATIONS USED IN THE SYLLABUS

bkwd or bwd	backward
CCW	counter-clockwise
COH	center of hall
ct or cts	counts (s)
ctr	center
CW	clockwise
diag	diagonal
dn	down
ft	foot -- feet
fwd	forward
H	hand
L	left
LOD	line of direction
M	man
meas	measure
opp	opposite
pos	position
ptr	partner
R	right
RLOD	reverse line of direction
sdwd or swd	sideward
twd	toward
W	woman
wt	weight

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<u>DANCE</u>	<u>COUNTRY</u>	<u>TEACHER</u>	<u>PAGE</u>
AUSTRIAN MAP-----	Austria-----	M. Gelman-----	12
BALLOS-----	Greece-----	D. Daw-----	1
CA LA BALTA-----	Roumania-----	D. Slater-----	43
CAMCETO-----	Macedonia-----	D. Slater-----	45
COURTING TYPE DANCES-----	Germany-----	M. Gelman-----	13
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PINZGAUER BOARISCHER-----	Austria-----	M. Gelman-----	25
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ROROSPOLS-----	Norway-----	D. Slater-----	49
SITNO VLASHKO HORO-----	Bulgaria-----	M. Moskoff-----	34
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SZEKELY FRISS-----	Hungary-----	D. Slater-----	53
TROPANKA-----	Bulgaria-----	M. Moskoff-----	37
TRUGNAL MI STURCHO-----	Bulgaria-----	M. Moskoff-----	39
VRAPCHETO-----	Bulgaria-----	M. Moskoff-----	41
WILLOW TREE-----	England-----	D. Daw-----	9
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ZAGORITIKO-----	Greece-----	D. Daw-----	10

BALLOS
(Island of Chios, Greece)

SOURCE: Many versions of the dance Ballos are found throughout the Greek Islands, the name Ballos coming from the Italian word "ballo" meaning "dance". In its natural setting it is completely improvised, and the sequence given here has been arranged to fit the available recording. It was introduced in California by Dick Crum in the summer of 1956. He learned it from Mr. G. Kolaras, formerly a folk dance instructor in the Athens municipal school. *Translation of song title: Eyes such as yours I haven't seen lately*

MUSIC: Records: Liberty 134-B ^a Mati^a San Kai Ta Dika Sou (preferred). Should be slowed a bit. Victor 26-8358 Ballos

FORMATION: Cpls facing CCW in circle. W to R of M, inside hands joined shldr ht with elbows bent. W's R hand on hip, palm out, shldr ht and palm out or arm is held out to side, it is slightly curved and palm of hand down.

STEPS: To be done in "slow-quick-quick" rhythm to 4/4 time (cts 1,2 slow, ct 3 quick, ct 4 quick). Steps should be done with wt on ball of ft even though wt seems to go on the whole ft during the "slow" ct. Walking steps are done close to the floor but ft do not slide on floor. Knees are flexible. M have freedom to snap fingers whenever hand is free.

Steps are described for M. W does opp unless otherwise noted.

Meas.

Forward Syrto: 4 meas to complete 1 pattern

- 1 Step fwd L (S), step fwd R (Q), step fwd L (Q)
- 2 Beginning R, repeat action of meas 1
- 3 Repeat action of meas 1
- 4 Step bkwd R (S), step bkwd L (Q), step R beside L (Q)

Cross Balance: 2 meas to complete 1 pattern

- 1 Step to L on L (S), step R in front of L (Q), step back onto L (Q)
- 2 Beginning with R to R, repeat action of meas 1

Side Syrto with Cross: 2 meas to complete 1 pattern

1-2 Movement of both M and W is to R. As each step is taken the heel is turned out (step on L turn L heel out to L, step on R turn R heel out to R). Allow heel of free ft to parrallel heel of ft with wt. Keep body in line with ft with wt. On each step bring corresponding shldr a little fwd. A very slight swaying effect should result, but should not be overemphasized.

M Meas

- 1 Step L in front of R (S), small step to R on R (Q), step L in front of R (Q)

BALLOS (CONT'D)

- 2 Small step to R on R (S), step L behind R (Q), small step to R on R (Q).
W Meas
- 1 Small step to R on R (S), step L behind R (Q), small step to R on R (Q).
 2 Step L behind R (S), small step to R on R (Q), step L behind R (Q)

METER: 4/4

PATTERN

Meas

INTRODUCTION

- 25-32 Starting outside ft, move in LOD with 2 Forward Syrto patterns.
- 33-40 Join L hands shldr ht, elbows bent. Turn CCW once around each other with 2 Fwd Syrto patterns. Finish with M and W facing LOD, L hands still joined. M to L and a little behind W. M extend R arm to side behind W. W's R hand still on hip.

NOTE: The above figures are done only at the beginning of the dance and are not repeated again.

PATTERN I - PROMENADE

- 1-8 Starting outside ft, move in LOD with 2 Fwd Syrto patterns

PATTERN II - WOMEN TURNS

- 1-4 Release hands. W put both hands on hips, palms out. M put L on hip, palm out. R is still extended to side. M move in LOD with 1 Fwd Syrto pattern. W do same except that on meas 1-2 W make 1 complete turn R (CW) while moving in LOD meas 3-4, W look back at M at start of turn.
- 5-8 Repeat action of Fig II meas 1-4. On meas 8, M make $\frac{1}{2}$ turn R (CW) as follows: S Step fwd on R making $\frac{1}{4}$ turn R (CW), Q Step bkwd on L, making another $\frac{1}{4}$ turn R, to face RLOD, Q Step R ft a bit bkwd. M extend L arm in front of W, R hand on hip.

PATTERN III - FORWARD AND BACK

- 1-4 Move in LOD with 1 Fwd Syrto pattern. M reverse pattern (dance bkwd). On meas 4 ptrs make $\frac{1}{2}$ turn L on R ft, making about $\frac{1}{4}$ turn L (CCW) as follows: MEN: S Step obliquely fwd twd L on R ft, making about $\frac{1}{4}$ turn L (CCW), Q Step bkwd on L, making another $\frac{1}{4}$ turn. M has now made $\frac{1}{2}$ turn and is facing LOD, Q Step R ft a bit bkwd. On this turn reverse hand pos. WOMEN: Beginning with L ft, dance corresponding movements, keeping face to face with ptr. End facing RLOD.
- 5-8 Move in RLOD with 1 Fwd Syrto pattern. M again dance bkwd. On last ct of meas 8, ptrs make $\frac{1}{4}$ turn R (CW) to face each other, M back to ctr.

BALLOS (CONT'D)

PATTERN IV - CROSS BALANCE

- 1-4 M raise both arms out to sides. W hands on hips. M snap fingers on each beat. Beginning M's L and W's R, dance 2 Cross Balance patterns in place. NOTE: Shldrs do not dip or turn as one ft crosses in front of other.
- 5-8 W extend both arms out to sides and snap fingers on each beat. M place back of hands at small of back. Repeat action of Fig IV, meas 1-4.

PATTERN V - SIDE SYRTO WITH CROSS

- 1-8 W hands on hips. M extend arms out to sides, snapping fingers as desired. Circle around each other once CCW with 4 Side Syrtos with Cross patterns. Face ptr throughout pattern. Starting with Fig I, Promenade, repeat dance twice (3 times in all).

NOTE: For users of Liberty 134-B. Fig I is always started with the beginning of the vocal which is arranged in phrases of 6 meas. Patterns I, II, III are 8 meas each. Therefore the change from Fig I to II and II to II will come in the middle of a musical phrase. Patterns IV, V and the Introduction are danced to music with an 8 meas phrase so there is no overlap of pattern and music.

Presented by Dorothy Daw
Idyllwild Workshop, 1982

GA'AGUIM
(Israel)

SOURCE: Ga'aguim (Gah-ah-goo-im) which means "longing" was choreographed by Moshiko Halevy and presented by him at the 1977 San Diego S.U.F.D. Conference.

MUSIC: Record: Dance with Moshiko (LP) MIH 1

FORMATION: Cpls in a closed circle facing ctr with W on M's R. All have hands joined and down. This is a progressive ptr dance.

STEPS: Yemenite to R: Leaving L in place, step R to R (ct 1), step L in place (ct 2), step R over L (ct 3) hold (ct 4)

Yemenite L bkwd: Step L bkwd (ct 1) step R next to L (ct 2) step fwd L (ct 3) hold (ct 4)

METER: 4/4

PATTERN

m CTS.

H 1-16 Introduction

FIGURE I

1-3 Yemenite to R

1 4 Step L bkwd

5 Lift R in front of L, flex ft and bounce on L

6 Step R to R

2 7 Step L across R

8 Hold

3-8 9-32 Repeat ~~cts 1-8~~ ^{*m 1-2*} 3 more times (4 in all)

FIGURE II

1 1-2 Moving and facing LOD, step R

3-4 Step L, R

2 5-6 Step L

7-8 Touch ball of R ft on outside of L ft

3 9-12 $\frac{1}{2}$ turn to L on balls of both ft. On ct 11, bend both knees. Hold ct 12. End facing RLOD

4 13-16 Repeat cts 9-12 with opp ftwk and make only $\frac{1}{4}$ turn R. End facing ctr.