

I D Y L L W I L D F O L K D A N C E W O R K S H O P

JULY 6 - 11, 1969

T E A C H E R I N D E X

DANCE	COUNTRY	PAGE
<u>MILLIE von KONSKY</u>		<u>Canary Yellow</u>
DE RHONE.....	Netherlands.....	1
DE SPECHT.....	Netherlands.....	2
GORT MET STROOP.....	Netherlands.....	3
JAN PIEREWIET.....	Netherlands.....	5
LINZER POLKA.....	Austria.....	6
PRINCE CHARLES OF EDINBURGH..	Scotland.....	7
RHYTHMICAL GYMNASTICS.....	Denmark.....	10
SALZBURGER DREHER.....	Austria.....	11
SPANISH NIGHTS.....	Composed.....	12
SWEET GIRL.....	Armenia.....	14
PAZZO-PAZZO.....	Composed.....	15
<u>JAN SEJDA</u>		<u>Salmon</u>
JEDZIE JASIO.....	Poland.....	1
KADZIALECZKA.....	Poland.....	3
POLEK.....	Poland.....	4
PROZODEK.....	Poland.....	6
WIWAT.....	Poland.....	8
MAZUR-PRZEPIORECKA.....	Poland.....	10
<u>VYTS BELIAJUS</u>		<u>Green</u>
✓CAMČE.....	Macedonia.....	1
COMIN' ROUND THE MOUNTAIN....	America.....	2
FIREMAN'S DANCE.....	America.....	4
GREIŽ.....	Lithuania.....	5
HASHUAL.....	Israel.....	6
KARANFILE.....	Macedonia.....	8
KOUTRI.....	Slovenia.....	9
MALUNĖLIS.....	Lithuania.....	10
NE'AREZ B'HOL MISHLAT.....	Israel.....	11
RIG-A-JIG.....	America.....	12
RYE WALTZ.....	America.....	13
THADY YOU GANDER.....	England.....	14
ZAGORITIKOS.....	Greece.....	15
ZAKLI.....	Slovenia.....	16
ZIOGELIS.....	Lithuania.....	17
(KENTUCKY RUNNING SQUARE.....	America.....Weekend Syllabus.....	1)

WORKS OF TEACHER INDEX (con't)

WALTER ENGLER

Buff

IZLISKO HORO.....	Bulgaria.....	1
PEMOLJANKA.....	Serbia.....	2
NARODNO HORO.....	Bulgaria.....	3
NEVESTINSKO HORO.....	Macedonia.....	4
SESTORKA.....	Serbia.....	6
SITNO SHOPSKO HORO.....	Bulgaria.....	7
SLAVONSKO KOLO.....	Croatia.....	8
TSAMIKO from EPIRUS.....	Greece.....	9

MADELYNNE GREENE

Pink

CORRIDNHO MAR E VENTO.....	Portugal.....	1
ISAS.....	Canary Islands.....	3
MALHAO de S. PEDRO de NABAIS.....	Portugal.....	5
NAO VAS AO MAR TONHO.....	Portugal.....	7
ROSINHA de CARRECO.....	Portugal.....	8
TANGANILLO, SANTO DOMINGO & TAJARASTE.....	Canary Islands.....	10
VIRA DO SITIO.....	Portugal.....	12

LIESL BARNETT

White

FOLKLORE CLASS OUTLINE.....		1
SELECTED READING LIST.....		4
SUPPLY SOURCES.....		5
COSTUME ILLUSTRATIONS.....		6

IDYLLWILD FOLK DANCE WORKSHOP

JULY 4 - 11, 1969

DANCE INDEX

DANCE	COUNTRY	TEACHER	PAGE
ČAMCÉ.....	Macedonia.....	V. Beliajus....	Green 1
COMIN' ROUND THE MOUNTAIN.....	America.....	V. Beliajus....	Green 2
CORRIDNHO MAR E VENTO.....	Portugal.....	M. Greene.....	Pink 1
DE RHONE.....	Netherlands.....	M. vonKonsky..	Canary 1
DE SPECHT.....	Netherlands.....	M. vonKonsky..	Canary 2
EKIZLISKO HORO.....	Bulgaria.....	G. Engler.....	Buff 1
FIREMAN'S DANCE.....	America.....	V. Beliajus....	Green 4
GORT MET STROOP.....	Netherlands.....	M. vonKonsky..	Canary 3
GREIŽ.....	Lithuania.....	V. Beliajus....	Green 5
HASHUAL.....	Israel.....	V. Beliajus....	Green 6
HOMOLJANKA.....	Serbia.....	G. Engler.....	Buff 2
ISAS.....	Canary Islands..	M. Greene.....	Pink 3
JAN PIERWIET.....	Netherlands.....	M. vonKonsky..	Canary 5
JEDZIE JASIO.....	Polish.....	J. Sejda.....	Salmon 1
KADZIALECZKA.....	Polish.....	J. Sejda.....	Salmon 3
KARANFILE.....	Macedonia.....	V. Beliajus....	Green 8
(KENTUCKY RUNNING SQUARE.....	America..	V. Beliajus..	Weekend Syllabus Green 1)
KOUTRI.....	Slovenia.....	V. Beliajus....	Green 9
LINZER POLKA.....	Austria.....	M. vonKonsky..	Canary 6
MALHAO de S. PEDRO de NABIAS...	Portugal.....	M. Greene.....	Pink 5
MALUNĒLIS.....	Lithuania.....	V. Beliajus....	Green 10
MAZUR-PRZEPIORECKA.....	Poland.....	J. Sejda.....	Salmon 10
NAO VAS AO MAR TONHO.....	Portugal.....	M. Greene.....	Pink 7
NARODNO HORO..	Bulgaria.....	G. Engler.....	Buff 3
NE'AREZ B'HOL MISHLAT.....	Israel.....	V. Beliajus....	Green 11
NEVESTINSKO HORO.....	Macedonia.....	G. Engler.....	Buff 4
PAZZO=PAZZO.....	Composed.....	M. vonKonsky..	Canary 15
POLEK.....	Poland.....	J. Sejda.....	Salmon 4
PRINCE CHARLES of EDINBURGH...	Scotland.....	M. vonKonsky..	Canary 7
PRZODEK.....	Poland.....	J. Sejda.....	Salmon 6

FOLK DANCE INDEX (con't)

WALTZ - JIG.....	America.....	V.	Beliajus.....	Green	12
WALZADA de CARHECO.....	Portugal.....	M.	Greene.....	Pink	8
WALTZ.....	America.....	V.	Beliajus.....	Green	13
WALTZ.....	Denmark.....	M.	vonKonsky.....	Canary	10
SALZBURGER DREHER.....	Austria.....	M.	vonKonsky.....	Canary	11
ŠESTORKA.....	Serbia.....	G.	Engler.....	Buff	6
SITNO SHOPSKO HORO.....	Bulgaria.....	G.	Engler.....	Buff	7
SLAVONSKO KOLO.....	Croatia.....	G.	Engler.....	Buff	8
SPANISH NIGHTS.....	Composed.....	M.	vonKonsky.....	Canary	12
SWEET GIRL.....	Armenia.....	M.	vonKonsky.....	Canary	14
TANGANILLO, SANTO DOMINGO					
& TAJARASTE.....	Canary Islands.....	M.	Greene.....	Pink	10
THADY YOU GANDER.....	England.....	V.	Beliajus.....	Green	14
TSAMIKO from EPIRUS.....	Greece.....	G.	Engler.....	Buff	9
VIRA DO SITIO.....	Portugal.....	M.	Greene.....	Pink	12
WIWAT.....	Poland.....	J.	Sejda.....	Salmon	8
ZAGORITIKOS.....	Greece.....	V.	Beliajus.....	Green	15
ZAKLI.....	Slovenia.....	V.	Beliajus.....	Green	16
ZIOGELIS.....	Lithuania.....	V.	Beliajus.....	Green	17

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Idyllwild Campus

DE RHONE
(Across The River Rhone)
(Dutch)

1

MUSIC: Record: FOLKRAFT F-LP-17B, Band 4.

FORMATION: Column of six to eight cpls facing fwd, W on ptr's R.

STARTING

POSITION: Ptrs facing.

MUSIC: 2/4

PATTERN

Meas

AA PART I: LOOK AT THE WATER

1-4 FORWARD AND BACK with 4 walking steps each way.

5-8 REPEAT pattern of meas 1-4.

BB PART II: ACROSS THE RIVER

1-4 FIRST CPL "CROSS THE RIVER": Join hands with arms stretched sdwd and move down the ctr with 8 big slides sdwd, beyond the foot of the set.

5-8 FIRST CPL, hands in same position, UP TO THE FOOT with little slides sdwd, moving to last place in own line; others move up twd front slightly.

NOTE: At the discretion of the teacher, 2, 3, or any number of cpls may "cross the river" together in PART II.

The original French title is "Pour Passer Le Rhone", ("In Order to Cross the Rhone"); the Dutch title is "De Rhone".

Presented by Millie von Kinsky
Idyllwild Workshop - 1969

DE SPECHT
(The Woodpecker)
(Dutch)

2

MUSIC: Record: FOLKRAFT F-LP-17A, Band 8.

FORMATION: (French circle mixer); single circle of cpls, W on ptr's R.

MUSIC: 6/8 PATTERN

Meas

AA PART I:

- 1-4 CIRCLE LEFT with walking steps.
5-8 EIGHT SLIDES in the same direction.

BB PART II:

- 1 Turning to face ptr and joining both hands, FOUR QUICK LITTLE STAMPS IN PLACE (cts 1, and-ah, 2).
2 REPEAT "woodpecker" pattern of meas 1.
3-4 TURN ptr around with four walking steps.
5-6 REPEAT "woodpecker" pattern of meas 1-2.
7-8 TURN ptr once around; finish with M facing ctr with W on his L, getting a NEW PTR on his R.

NOTE: The "woodpecker" pattern may also be with hand-clapping if the neighbors downstairs complain, or if you have a weak floor. The original French title is Les Bougnettes ("The Fritters"); the Dutch title is "De Specht".

Presented by Millie von Kinsky
Idyllwild Workshop - 1969

GORT MET STROOP
(Barley Grits with Syrup)
(Dutch)

3

MUSIC: Record: FOLKRAFT F-LP-17B, Band 7; F-1487 x 45A.
FORMATION: (Dutch contra dance) - Column of 6 cpls, ptrs facing each other. Cpls numbered from 1-6.
STARTING POSITION: W's hands on hips, M's arms folded across chest.

MUSIC: 4/4

PATTERN

Meas

AA PART I: ELBOW SWINGS

- 1-2 Cpls 1 and 6 R ELBOW SWING with running steps 1-1/2 times around in the ctr.
3-4 I. ELBOW SWING the next twice around, M 1 with W 2, W 1 with M 2; cpl 6 similarly with cpl 5.
5-6 Cpls 1 and 6 R ELBOW SWING twice around.
7-8 L ELBOW SWING the next, as in meas 3-4; cpl 1 with cpl 3, cpl 6 with cpl 4.

BB PART II: CIRCLE AND MOWING LINES

- 1-4 Cpls 1 and 6 CIRCLE L in "T" position (hands on neighbor's shoulders) once around with 8 step-hops (W 1 is on ptr's R, W 6 on ptr's L).
(1-2) Simultaneously, Cpls 2 and 3 MOVE UP and cpls 4 and 5 MOVE DOWN with 3 step-close steps sdwd, starting with leading ft (cts 1-6) and a stamp (ct 7).
(3-4) Cpls 2 and 3, 4 and 5 repeat pattern of meas (1-2), reversing direction and footwork TO PLACE.
5-6 Cpls 1 and 6 CIRCLE R 1/2 around with 4 step-hops.
7-8 Cpls 1 and 6 RETURN TO PLACE passing to R of other opl with 8 running steps fwd.
(5-8) Simultaneously, cpls 2 and 3, 4 and 5 repeat pattern of meas (1-4).

AA PART III: W JUMP

- 1-2 M 1 and W 6 to the ctr with small running steps (cts 1-5); M 1 and W 6 take sho-waist position and, while OTHERS CLAP once, W 6 JUMP UP aided by M 1 (ct 7) and gently down (ct 8).
3-4 M 1 and W 6 RETURN TO PLACE with running steps bkwd.
5-8 M 6 and W 1 REPEAT pattern of meas 1-4.

BB PART IV: CAST OFF

1-2 Cpl 1 CASTS DOWN 2 places, Cpl 6 CASTS UP 2 places; -the others make room in the middle of the lines moving up and down with 4 step-close steps.

3-8 LINES CAST OFF: New cpl 1 (formerly cpl 2)-each turn outward separately and with running steps lead own line down the outside and up the ctr to new places, giving inside hand tp ptr while coming up the ctr.

Repeat the dance 2 times with new cpl 1 and 6.

(NOTE: This dance comes from the region of Zaandam, Netherlands, just northwest of Amsterdam).

Presented by Millie von Kinsky
Idyllwild Workshop - 1969