

THE FOLK DANCE FEDERATION OF CALIFORNIA, SOUTH, INC.

PRESENTS

CAMP HESS KRAMER INSTITUTE WEEKEND

October 27 - 28 - 29, 2006



TEACHERS:

Beverly Barr
International

Samy Makar
Salsa Rueda Mixers

Loui Tucker
Stockton Camp Dances

CAMP HESS KRAMER INSTITUTE

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Beverly Barr

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ABBREVIATIONS USED IN THIS SYLLABUS

beg	begin or beginning
bk	back
bkwd or bwd	backward
CCW	counter-clockwise
cpl(s)	couple(s)
ct(s)	count
ctr	center
CW	clockwise
diag	diagonal
ft	ft
ftwk	footwork
fwd	forward
H	hand(s)
ht	height
L	left
LOD	line of direction
M	man, men, man's
meas	measure
opp	opposite
pl	place
PDB	pas de basque
pos	position
ptr(s)	partner(s)
R	right
RLOD	reverse line of direction
sdwd or swd	sideward
shldr	shoulder
T-pos (arms)	arms joined in shoulder hold
tog	together
twd	toward
V-pos (hands)	hands joined down
W	women, woman, women's
W-pos (hands)	hands joined at shldr ht, usually slightly fwd
wt	weight
x	across

Billy Bayou (CAJUN)

Choreographer: Unknown

Formation: Couple Mixer -- Couples in a circle, man on left, ladies on right

Music: Camp Hess Kramer 2006 CD

Cts

Pattern

Part I

- 1&2 Man in LOD, step L to left, close R next to L, step L to left, (with woman, face to face).
- 3&4 Turn back to back, step R to right, close L next R, step R to R (back to back with woman)
- 5-8 Repeat 1-4. Woman does opposite footwork

Part II

- 9-16 In ballroom position, couples dance 4 turning 2 steps. M begin L, W begin R

Part III

- 17-20 Open ballroom position, in LOD, M begin L & W begin R, heel fwd toe back, (count 17&18), walk 3 steps in LOD (count 19&20).
- 21-24 Repeat 17-20 with opposite footwork.

Part IV

- 25-28 Facing ptr, holding 2 hands, M begin L, W begin R, do 2 yemenite steps,
- 29-32 M walk fwd (LRLR) while W do 2 turns, moving fwd (RLRL).
- 33-36 Repeat 29-32 (Woman turns forward to new partner on last turn).

Dance repeats with new partner. Continue changing partners.

Notes by Beverly Barr

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Country Western Two Step (USA)

This dance was presented by Jess O'Connor at the 1993 Stockton Folk Dance Camp.

Music: George Strait, You Know Me Better Than That
George Strait, Home in San Antone
Clint Black, One More Payment
Clint Black, Muddy Water
Clint Black, The Goodnight Lover
Clint Black, Killin' Time
Vern Goadin, Set 'em Up, Joe
Travis Tritt, Country Club
Dwight Yoakam, I Sang Dixie or Camp Hess Kramer 2006 CD

Formation: Cpls in western closed pos (closed ballroom pos, directly facing ptr.)

Style: The steps are smooth, with little to no bouncing. The steps are mall and knees are bent most of the time.

Rhythm: 2/4 counted: $\frac{1}{Q} \ \& \ \frac{1}{S} \ \frac{2}{S}$ 2/4 meter
 $\frac{1}{Q} \ \frac{2}{S}$

Ftwk described for M, W use opp ftwk

Meas

Pattern

INTRODUCTION: None

BASIC STEP:

- 1 Cpls moving in LOD (M fwd, W bkwd) – step L fwd (ct 1); close R to L (ct &); hold (ct 2). (Q,Q)
- 2 Step L-R fwd (cts 1-2). (S,S)

VARIATIONS: There are many variations to this dance. Changes usually come every 2 to 4 meas when moving in LOD, but not always.

Pivot turn:

- Meas 1: Cpls move in LOD.
Meas 2: Cpls do 1 CW pivot turn in LOD.
Meas 2: Variation – pivot only ½. Then during the next meas 1 when traveling in LOD, cpls are in reversed pos (M travel bkwd, W fwd).

Country Western Two Step -- continued

W turn under:

Meas 1-2: Moving fwd in LOD, M turns W under joined hands (W R hand, but either R or L hand for M). Turn one way, then the other for an unspecified number of times.

Promenade:

Meas 1: Moving fwd in LOD, M turns W under joined R hands into promenade pos. Then move in LOD for an unspecified number of times.

Crossover: (When in Promenade pos)

Meas 1: Moving fwd in LOD, W crossover in front of M. Then move in LOD for an unspecified number of times.

Meas 1: Crossover again, W in front of M

Meas 2: If M crossover is in front of W, M move on meas 2.

Other Variations:

Landler windows, swing style movements, almost anything is possible.

Original notes from 1993 Folk Dance Camp, with much editing by dd. Dance notes R&S'd from 1993 Folk Dance Camp video.

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Cumbia Selena
Columbia, South America

Choreographer: Unknown
Music: Camp Hess Kramer 2006 CD 4/4 meter
Formation: 1 Wall, Individual line dance

<u>Cts</u>	<u>Pattern</u>
1&2	Shuffle to L (L,R,L)
3&4	Shuffle to R (R,L,R)
5&6&7&8	Shuffle to L (L,R,L,R,L,R,L)
9-16	Repeat 1-8 with R foot.
17-18	Step L to L, Close Step with R beside L
19&20	L side shuffle (Step L to L, Close Step R beside L, Step L to L)
21-22	Step close R beside L, Step L to L
23&24	Step close R beside L, Step L to L, Touch R toe beside L foot
25-32	Repeat 17-24 with R foot to R side.
33&	Paddle with L foot turning to the R (Step out on L, pivot to R on R)
34&35&	Paddle 2 more times with L foot to the R (to face back of room)
36&	Step forward on L, hold
37&	Forward rock step with R foot (Rock forward on R, recover back on L)
38&	Back rock step with R foot (Rock back on R, recover forward on L)
39&40	Repeat 37&38
&	Hold
41-48&	Repeat 33-40& (to face front wall)
49-52	Four Sambas with L (Cross Step L over R, Step R to R, Cross Step L over R, Step R to R, Cross Step L over R, hold)
53-56	Repeat 37-40&
57-64	Repeat 49-56
	(Face Wall to L for the next sequence)
65&66	Forward Conga Step (Walk forward L,R,L, kick R to right side)
67&68	Forward Conga Step (Walk forward R,L,R kick L to left side)
69-72	Repeat 65-68.
73-74	(Facing front wall) Step L to L, Cross Step R over L
75&76	L Coaster Step (Step back with L, Step together with R, Step fwd on L)
77-80	Repeat 73-76 with R foot.

Dance repeats from the beginning.

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HORA BANATEANA

(Romania)

Source: Theodor Vasilescu
Music: 2006 Camp Hess Kramer CD 4/4 meter
Formation: Closed circle, arms in "W" position for entire dance

Cts

Pattern

Introduction: 16 counts

Part I Facing Center

1,2,3&4 Walk into center (S-S-QQS): R,L, RLR
5,6,7&8 Repeat (1-4) with opposite footwork moving backward, out of center
9-16 Repeat Part I (1-8)

Part II Moving LOD

1,2,3&4 Walking in LOD, (S-S-QQS) R,L, Grapevine R to R, L behind R, R to R
5,6,7&8 Repeat (1-4) with opposite footwork moving in reverse LOD
9-16 Repeat Part II (1-8)

Part III Facing Center

1,2,3&4 Walk fwd to center R,L, Grapevine R to R, L behind R, R to R (S-S-QQS)
5,6,7&8 Repeat (1-4) with opposite footwork moving backward & in reverse LOD
9-16 Repeat Part III (1-8)

Part IV Facing Center

1,2,3&4 Fwd R, Back L, Fwd. RLR, (S-S-QQS)
5,6,7&8 Repeat (1-4) with opposite footwork moving in opposite direction.
9-16 Repeat Part IV (1-8)

Part V Facing Center

1-2,3&4 Walk into center (S-S-QQS) R,L, RLR
5&6&7&8 Step L to L, close R to L (3 times), step L to L (no close on 4th time)
9-12 Repeat Part V (1-4) moving backwards out of center
13-16 Repeat Part V (5-8)

Repeat dance 2 more times (Total 3 times)

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