

THE FOLK DANCE FEDERATION OF CALIFORNIA, SOUTH, INC
PRESENTS.

CAMP HESS KRAMER

20th Anniversary Weekend

October 29 - 30 - 31, 2004



TEACHERS:

*Phlomo Bachar, Beverly Barr, Yoni Carr,
Joyce Clyde, Sherry Cochran, Gary Diggs
Richard Duree, David Edery, Denise Heenan
Dick Julian, Lu Pham, Loui Tucker*

CAMP HESS KRAMER INSTITUTE

October 29 – 31, 2004

Shlomo Bachar

Ga'aguim L'shoshana	Israel.....	1
Swinging Greek.....	Israel.....	2
Tzipor Nodedet.....	Israel.....	4

Beverly Barr

Café Alhambra.....	Israel.....	6
Dana.....	Romania.....	7
Opinca	Romania.....	9
Show Off Your Lady.....	Ireland.....	11
Warszawianka.....	Poland.....	12
Zorba.....	Greece.....	14

Yoni Carr

Ahaya.....	Israel.....	15
Beche Kinor.....	Israel.....	16
Lecha Karati.....	Israel.....	17
Pitchi Lo Et Libech.....	Israel.....	18
Shai.....	Israel.....	20

Joyce Clyde

Cobankat.....	Albania.....	21
Tervelska Raka.....	Bulgaria.....	24

Sherry Cochran

Dafino.....	Macedonia.....	27
Phiravelman Kalyi Phuv.....	Macedonia.....	28
Razložko Horo.....	Bulgaria.....	29
Zajko Kokorajko.....	Macedonia.....	31

Gary Diggs

Hambleton's Round O.....	England.....	33
Shir Ahava Le Rhodus.....	Israel.....	34
Stella de Maggio.....	Switzerland.....	36

Richard Duree

Neues Muehhrad.....	Bavaria.....	37
Pridi Janek.....	Moravia.....	37a

David Edery

Geulim.....	Israel.....	38
Lifney She'nifradim.....	Israel.....	39
Shav El Admati.....	Israel.....	40
Shir Eres Negbi.....	Israel.....	41

Denise Heenan

Koga Me Mama Rodila.....	Bulgaria.....	42
Polonez Royale.....	Poland.....	43
Soldier's Joy.....	American Novelty Dance.....	47

Dick Julian

Hegi.....	Basque.....	48
Pasarelska.....	Bulgaria.....	50
Sandansko Horo.....	Bulgaria.....	52
Sedi Donka.....	Bulgaria.....	54

Lu Sham

Metamora Waltz.....	US version of Viennese.....	56
---------------------	-----------------------------	----

Loui Tucker

Besof Ma'agal.....	Israel.....	58
Debka Dror.....	Israel.....	61

ABBREVIATIONS USED IN THIS SYLLABUS

beg	begin or beginning
bk	back
bkwd or bwd	backward
CCW	counter-clockwise
cpl(s)	couple(s)
ct(s)	count
ctr	center
CW	clockwise
diag	diagonal
ft	ft
ftwk	footwork
fwd	forward
H	hand(s)
ht	height
L	left
LOD	line of direction
M	man, men, man's
meas	measure
opp	opposite
pl	place
PDB	pas de basque
pos	position
ptr(s)	partner(s)
R	right
RLOD	reverse line of direction
sdwd or swd	sideward
shldr	shoulder
T-pos (arms)	arms joined in shoulder hold
tog	together
twd	toward
V-pos (hands)	hands joined down
W	women, woman, women's
W-pos (hands)	hands joined at shldr ht, usually slightly fwd
wt	weight
x	across

Ga'aguim L'shoshana

Israel

CHOREOGRAPHER: Shlomo Bachar (2004)

TRANSLATION: Longing for Shoshana

RHYTHM: This is a fast waltz rhythm, with the steps arranged over the measures, not the beats. Three steps along the edge or three step turns are actually done as slow-quick-slow.

FORMATION: Circle of dancers with hands down in V position, joined except while turning.

PATTERN

Part A

- 1-2 Facing center, sway R, sway L
- 3-4 Turn R in three steps (R-L-R) a full turn plus a quarter. End facing CCW
- 5-6 Two walking steps (L-R) along the circle's edge
- 7-8 Step-together-step (L-R-L) continuing CCW. Adjust to face center on last step.
- 9-10 R Yemenite and pivot $\frac{1}{2}$ R to face CCW.
- 11-12 Step-together-step (L-R-L) continuing CCW. Adjust to face center on last step.
- 13-14 R Yemenite and pivot $\frac{1}{2}$ R to face CCW.
- 15-16 Step-together-step (L-R-L) continuing CCW. Adjust to face center on last step.

Note: 9-12 and 13-16 are like the second part of Ma Navu.

Part B

- 1-2 Half-turn to the R into the center (R-L-R). End with back to center. Lift L slightly.
- 3-4 Half-turn to the L back to the circle's edge (L-R-L). End facing center. Lift R slightly.
- 5-6 4-count grapevine moving CW, beginning by crossing R in front of L.
- 7-8 Step R across in front of L. Step on L next to R.
- 9-10 Step on R to side and hold. Step on L behind R, turning $\frac{1}{4}$ L to face CCW
- 11-12 Step-together-step (R-L-R) moving CCW. Adjust to face center on last step.
- 13-16 Repeat 9-12 with opposite footwork and direction.

Original dance notes by Loui Tucker

Presented by Shlomo Bachar
Camp Hess Kramer Institute
October 29 – 31, 2004

Swinging Greek

Israel

CHOREOGRAPHER: Shlomo Bachar (2004)

RHYTHM: Syrto

FORMATION: Circle dance. Dance moves primarily CCW.

PATTERN

Chorus

- 1-4 Facing slightly R of center, R to R and hold on Ct 2. Then step L crossing behind and R to R (syrto rhythm).
- 5-8 Moving along the circle's edge: L, hold, R, L in a simple light running step (syrto rhythm).
- 9-12 Rocking forward and back with four even steps. Facing CCW, step forward onto R, step back onto L in place, step back onto R, step forward onto L in place.
- 13-16 Walk four even steps in a small CW circle, moving to R shoulder out of circle. End facing center.
- 17-20 Step on R to R, touch L next to R. Step on L to L; touch R next to L.
- 21-40 Repeat 1-20 above.

Part A

- 1-4 Facing center, step R to R, step on L crossing behind R, step R to R, and a hop/pivot $\frac{1}{2}$ to R to face out.
- 5-8 Facing out, step on L to L, step on R crossing behind L, step on L to L and a hop/pivot $\frac{1}{2}$ to L to face center again.
- 9-16 Four even skipping steps (step-hop) toward the center
- 17-20 R to R, L crossing behind R, R to R, raise L knee, and slap with R hand
- 21-24 Repeat meas13-16 with opposite footwork and directions.
- 25-32 Four twisting steps (step-twist, hold, step-twist, hold) backing away from center.
- 33-64 Repeat 1-32.

Part B

- 1-4 Turn $\frac{1}{4}$ to face RLOD (CW), and back up two slow steps (R, hold, L, hold).
- 5-8 Continue backing up three steps (R-L-R-hold) – QQS.
- 9-16 Repeat 1-8 above with opposite footwork but continuing to back up.
- 17-20 Moving CW, three steps forward (R-L-R) and turn $\frac{1}{4}$ to R to face center.
- 21-24 Three steps forward toward center (L-R-L) and hold
- 25-32 Repeat 25-32 of Part A (twisting steps backing up).

Part C

- 1-4 Three light running steps moving CCW (R-L-R) and a slight hop.
- 5-8 Three light running steps moving CCW (L-R-L) and a slight hop.
- 9-16 Repeat 1-8.

Swinging Greek – page 2 of 2

- 17-24 Repeat 1-8 (Six triplets in all).
- 25-26 Facing center, standing on L foot, touch R foot to center and hold.
- 27-28 Facing center, standing on L foot, touch R foot to side and hold.
- 29-32 Four steps in place (R-L-R-L).
- 33-56 Repeat 1-24 (six running triplets).
- 57-58 Leap onto R foot as you face center. Touch L foot to center and hold.
- 59-60 Facing center, standing on R foot, touch L foot to side and hold.
- 61-64 Three steps in place (L-R-L) and touch R foot.

Dance is done once: Chorus, Part A, Chorus, Part B, Chorus, Part C

Dance notes by Loui Tucker

Presented by Shlomo Bachar
Camp Hess Kramer Institute
October 29 – 31, 2004

Tzipor Nodedet

Israel

CHOREOGRAPHER: Shlomo Bachar (2004)

TRANSLATION: Wandering Bird

FORMATION: Couples arranged in a circle around the room. M with back to center of the room, W faces M. M starts with R, W starts with L. M's L hand holds W's R and vice versa.

PATTERN

Part A

- 1-4 Open to the side (M's R, W's L)
- 5-8 Yemenite (M R Yemenite; W L Yemenite), with $\frac{1}{4}$ pivot on end to face CCW
- 9-12 Three walking steps CCW and hold
- 13-16 Yemenite (M R Yemenite, W L Yemenite)
- 17-32 Repeat 1-16 with opposite footwork and directions

Part B

- 1-4 Three-step turn CW (M turns R, W turns L) and hold. End facing partner.
- 5-6 Two sways facing partner
- 7-10 4-count grapevine moving CCW (M begins crossing L to side, R cross in front)
- 11-12 Two-step turn (M to L, W to R). End facing partner
- 13-14 Step toward partner with bent knee (M steps L, W steps R)
- 15-16 Bring feet together and straighten knees while taking ballroom position

Part C

- 1-4 Rotate as a couple one revolution CW with four steps (M begins with R, W begins with L)
- 5-6 Move out of circle with one step (M forward on R, W back on L) and bring feet together
- 7-8 Repeat 5-6 above with opposite footwork and direction.
- 9-16 Two Yemenites (M: R Yemenite, L Yemenite; W: L Yemenite, R Yemenite)
Release ballroom position.

Part D

- 1-8 Grapevine moving CCW (M to L, W to R) starting with crossing in front. Arms are at sides.
- 9-12 Two sliding steps CW (M open with R, bring L next to R; W open with L, bring R next to L); hands palm out, at shoulder height, elbow bent, and making small circles in the direction of the slides.