

THE FOLK DANCE FEDERATION OF CALIFORNIA, SOUTH, INC. 1998

PRESENTS

CAMP HESS KRAMER INSTITUTE WEEKEND

October 16 - 17 - 18, 1998



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International

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Stockton Folk Dance Camp

CAMP HESS KRAMER INSTITUTE

October 16-18, 1998

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ABBREVIATIONS

beg	begin or beginning
bk	back
bkwd or bwd	backward
CCW	counter-clockwise
cpls(s)	couple(s)
ct(s)	count(s)
ctr	center
CW	clockwise
diag	diagonal
ft	feet or foot
ftwk	footwork
fwd	forward
H	hand(s)
ht	height
L	left (side or direction) ft, arm or hand
LOD	line of direction
M	man(s), men(s)
meas	measure
opp	opposite
pl	place
PDB	pas de basque
pos	position
ptr(s)	partner(s)
R	right
RLOD	reverse line of direction (CW)
shldr	shoulder
sdwd or swd	sideward
"T" or T-pos (arms)	arms joined in shldr hold
tog	together
twd	toward
"V" or V-pos (arms)	hands down
W	women(s), woman(s)
"W" or W-pos (arms)	hands at shldr ht, and usually slightly fwd
wt	weight
x	across or times

Ai Giorgis

Ionianian Island, Greece

This dance is done during the festival season. It was presented by Athanasia Mylonas at the 1994 Santa Barbara Symposium.

TRANSLATION: St. George

PRONUNCIATION: I GEE-ohr-EE

MUSIC: Special tape for S.B. Symposium

FORMATION: Women, with little fingers joined in V-pos, hold both ends of a large scarf in front of body and slightly fwd.

METER: 2/4

PATTERN

Meas.

INTRODUCTION: 2 meas, no action

DANCE:

- 1 Facing and moving in LOD - step R,L (cts 1-2);
- 2 Turning to face L of ctr - step R to R (ct 1); touch L beside R heel (ct 2).
- 3 Step L to L (ct 1); touch R fwd in front of L - lift hands fwd and up to head ht (ct 2).
- 4 Step R to R - arms move sdwd R at shldr ht (ct 1); touch L behind R (ct 2).
- 5 Repeat meas 4 with opp ftwk and hand movements - turning to face R of ctr. (L to L, tch R behind L)

R&S'd from viedo by dd, 10-98

Presented by Beverly Barr
Camp Hess Kramer Institute
October 16-18, 1998

Kasapsko oro

Macedonia

This dance was presented by Atanas Kolarovski at the 1971 San Diego S.U. Folk Dance Conference and Stockton Folk Dance Camp.

TRANSLATION: Butcher's dance. The word is derived from the Greek of Hasap (Hasapiko the butcher's dance).

PRONUNCIATION: KAH-sahp-skoh

RECORD: Worldtone (LP) 64-701, side A/3

FORMATION: Lines in belt hold (L over R)

METER: 2/8

PATTERN

Meas.

INTRODUCTION: Hold for 8 meas, or beg with music and do meas 1-4, 8 times.

PART I:

- 1 Facing and moving in LOD - step R,L fwd (cts 1-2).
- 2 Step R,L,R fwd (cts 1-&-2).
- 3 Bounce on R (ct 1); step L fwd (ct &); hold (ct 2); step R fwd on ball of ft (ct &).
- 4 Step L fwd (ct 1); step R fwd on ball of ft (ct &); step L fwd (ct 2).
- 5-24 Repeat meas 1-4, 5 more times.

PART II:

- 1 Facing and moving in LOD - step R,L fwd (cts 1-2).
- 2 Step RL fwd (cts 1-&); turning to face ctr - leap R in LOD as L knee lifts in front of R (ct 2).
- 3 Facing ctr - leap L on L (ct 1); step R across L (ct 2); step R back to place (ct &).
- 4 Step R to R (ct 1); step L across R (ct &); step R back to place (ct 2).
- 5-6 Repeat meas 1-2, with opp ftwk and direction.
- 7 Leap R on R as L lifts in front of R (ct 1); leap L on L (ct 2); step R across L (ct &).
- 8 Step L diag L bkwd (ct 1); step R bkwd to place (ct &); step L across R (ct 2).
- 9-16 Repeat meas 1-8.

PART III:

- 1-2 Repeat meas 1-2, Part II, except start by lifting (čukče) on L and stepping on R heel then rolling onto full ft.
- 3 Hop on R as L circles bkwd (ct 1); step L behind R as R raises in front of L (ct &); hold (ct 2); hop on L in place (ct &).
- 4 Step R,L in place (cts 1-&); step R across L (ct 2).
- 5-16 Repeat meas 1-4, alternating ftwk 3 more times. (4 in all)
- 1-16 **REPEAT PART II** (Meas 1-8, 2 times)
- 1-16 **REPEAT PART I** (Meas 1-4, 4 times)
- 1-16 **REPEAT PART III:** (Meas 1-4, 4 times) On last ct of dance - with wt on L, lift R in front of L.

Original dance notes by Marcel Vinokur, and assisted by Ruth Miller.

Presented by Beverly Barr
Camp Hess Kramer Institute
October 16-18, 1998

Nigunim

Israel

This dance was presented in California by Yaakov Eden during the early 80's at several institutes and camps.

CHOREOGRAPHER: Bentsi Tiram

TRANSLATION: Melodies

PRONUNCIATION: nee-goo-NEEM

RECORD: Dances by Yo'av Ashri'el (LP), side 2/6 (last band)

FORMATION: Cpls facing LOD in skaters pos (i.e. promenade pos) with MR arm over WL arm and arms held slightly fwd.

STEPS: Basic steps throughout is a two-step (step fwd-close-step fwd) which is referred to as a waltz/

Ftwk described for M, W use opp ftwk.

METER: 3/4

PATTERN

Meas.

INTRODUCTION: 8 meas, beg with vocal.

PART A: WALTZ IN LOD

1-2 Beg L, do 2 waltz steps in LOD. Turn 1/2 twd ptr on 2nd waltz to end facing RLOD.

3-4 Beg L, do 2 waltz steps bkwd in LOD.

5 Beg L, waltz-balance fwd - joined hands raise to shldr ht.

6 Beg R, waltz-balance bkwd - hands lower to normal pos.

7-8 Releasing L hands - waltz L,R - M turn slowly 1/2 CCW (L) in place while turning W 1-1/2 times CW (R) under joined R hands. End facing LOD in skaters pos.

9-16 Repeat meas 1-8. Release hands as end of meas 16.

PART B: WALTZ SDWD & CROSS

Arms: Natural movement with body

1 Facing LOD with hands down and slightly out to sides - step L to L twd ctr (W moves sdwd away from ctr) (cts 1-2); close R to L (ct 3).

2 Lift on R (ct ah); small leap L on L in pli  (ct 1); step R across L in pli , L remains in place - R shldr drops over L ft (ct 2); step L bkwd to place (ct 3).

3-4 Beg R, do 2 waltz steps turning CW (R) (W turn CCW-L) once, exchanging places with ptr - M moves behind W.

5-8 Repeat meas 1-4 in opp pos, with opp ftwk and direction.

PART C:

- 1 Face ptr (M back to ctr) and join both hands straight across at approx shldr ht - beg L, waltz-balance twd ptr.
 - 2 Beg R, waltz-balance bkwd away from ptr.
 - 3 Beg L, waltz twd ptr - M raise L arm as W turn CCW (L) into a wrap around pos to end with W on MR side. Both now have back to ctr.
 - 4 Beg R, waltz while turning 1/2 CCW (M-bkwd, W-fwd) to end facing ctr.
 - 5 Beg L, waltz fwd - raise joined hands (ML-WR) up slightly.
 - 6 Beg R, waltz bkwd - lowering joined hands.
 - 7 Beg L, M waltz in place raising L arm as W unwrap with 1 waltz. End facing ptr with both hands joined straight across with ptr and W back to ctr.
 - 8 Beg R, waltz R bkwd away from ptr.
- 9-16 Repeat meas 1-8 in reverse pos.

Join in skaters pos and repeat dance from beg.

R&S'd from San Diego S.U. Folk Dance Conf. errata and video by dd, 9-98
Printed in Let's Dance, Oct 82

Presented by Beverly Barr
Camp Hess Kramer Institute
October 16-18, 1998

Rock'n Roll Angel

Country Western line dance

MUSIC:

FORMATION: Individuals facing front of hall.

METER: 2/4

PATTERN

Meas.

INTRODUCTION: 26 meas, beg with lyrics

DANCE:

- 1 Touch R slightly to R (ct 1); step R in place.
- 2 Repeat touch-step to L.
- 3 Step R fwd (rock), leave L in place (ct 1); rock bkwd onto L (ct 2).
- 4 Repeat meas 3. (rock R fwd, L bkwd)
- 5-8 Repeat meas 1-4.

- 9 Step R to R (ct 1); close L beside R (ct 2).
- 10 Step R fwd (ct 1); close L beside R (ct 2).
- 11-12 Repeat meas 9-10. (R to R/ close L/ R fwd/ close L)

- 13 Step R,L bkwd (cts 1-2).
- 14 Step R bkwd (ct 1); close L beside R (ct &); step R in place (ct 2).
- 15-16 Repeat meas 13-14. (R,L bkwd/ R bk/ LR in pl)

- 17 Step R to R, leave L in pl (rock) (ct 1); rock L on L (ct 2).
- 18 Step R,L,R in place.
- 19-20 Repeat meas 17-18 with opp ftwk. (rock L/ rock R; LRL in place)

- 21 Step R fwd twd front of hall (ct 1); close L beside R in plié - face diag L of fwd (ct 2).
- 22 Repeat meas 21.
- 23 Step R fwd (ct 1); step L bkwd (ct 2).

- 24 Step R bkwd (ct 1); step L fwd - beg full turn to L (CCW) (ct 2).
- 25 Continuing turn to L - step R twd front of hall (ct 1); step L fwd twd back of hall (ct 2).
- 26 Step R fwd twd back of hall - completing turn (ct 1); step R fwd twd front of hall (ct 2).

- 27 Turning to face R wall - step R fwd (ct 1); pivot on R to face L wall (ct &); step L fwd twd L wall (ct 2).
- 28 Step R across L (ct 1); step L to L (ct 2); pivot on L to to face R wall (ct &).
- 29 Step R,L fwd twd R wall (cts 1-2).
- 30 Step R to R (ct 1); pivot on R to face L wall (ct &); step L fwd (ct 2).
- 31 Step R fwd (ct 1); stamp L beside R, bend knees. You have now rotated 1/4 L and are facing L wall. Repeat the dance from the beg in new position.

Dance notes by dd from video, 10-98

Presented by Beverly Barr
Camp Hess Kramer Institute
October 16-18, 1998

St. George's Waltz

Original dance composed by William Lamb in 1896. It is reconstructed here by Richard Powers from descriptions by Lamb, Johnston, Latimer, Thompson and others. Mr. Powers presented the dance at a special workshop at the 1994 Stockton Folk Dance Camp.

MUSIC:

Both St. George's Waltz and Veleta can be done to the same music, or do one dance part way through the dance, then do the other.

FORMATION: Cpls anywhere on the floor facing LOD. Inside hands are joined and slightly fwd at shldr ht. Free hand on hip in loose fist or free at sides.

STEPS: Pas de basque R (PDB): Dancing in place, leap L on R (ct 1); step R across L lightly (ct 2); step L back to place (ct 3). Use opp ftwk when doing to R.

Double Boston sdwd step to L: (Rhythm - S,Q,S)

Face ptr and join both hands straight across at shldr ht and slightly out to sides.

Meas 1: Step L to L (ct 1-2); close (draw) R beside L, with wt (ct 3).

Meas 2: Step L to L (ct 1-2); draw R twd L, no wt (ct 3).

Use opp ftwk when moving to R.

METER: 3/4

PATTERN

Meas.

INTRODUCTION: 8 meas

PART I: PDB & DOUBLE BOSTON SDWD

1-2 Facing LOD with inside hands joined - beg on outside ft, PDB away from ptr, then twd ptr.

3-4 Facing ptr, join both hands and do a *double Boston sdwd step* in LOD, M beg L, WR.

5-8 Turning in twd ptr to face and RLOD - repeat meas 1-4 in LOD with opp ftwk.

PART II:

1-2 Turning twd ptr to face LOD with inside hands joined briefly - releasing hands, beg ML and WR, do 2 waltz steps fwd in LOD, while turning once away from ptr (M-CCW, W-CW). End facing ptr.

3 Briefly taking both hands, then opening to face LOD (release MR, WL) - cpls do 3 steps fwd in LOD, beg ML and WR. M cross behind W, are W turn 1/2 R (CW) under joined hands (ML-WR) while crossing in front of M. End facing ptr.

4 Step R sdwd in LOD (ct 1); close L beside R (ct 2); hold (ct 3). W step L in LOD; close R. You are now in ptrs pos with W back to ctr.

RHYTHM NOTE, meas 3-4: Q,Q,Q-Q,S

5-8 Repeat meas 1-4, in opp pos with opp ftwk (M still pass behind W, W turn L [CCW]), returning to orig pos.

Repeat dance from beg.

R&S'd from Stockton video by dd, 10-98

Presented by Beverly Barr
Camp Hess Kramer Institute
October 16-18, 1998

Silistrenski Opas

Bulgaria

This Opas is related to the "Pravo" dance type and is widespread throughout Dobrudza in northeast Bulgaria. This version is often done by both men and women. It was danced by the Silistra group participating in the National Folklore Festival in Koprivica, Bulgaria, summer 1971.

This dance was presented by Yves Moreau in California beginning in 1974 where he presented it at several camps and institutes.

TRANSLATION: An "opas" from the Silistra region.

PRONUNCIATION: SIH-lihs-trehn-skih OH-pahs

RECORD: RPC BG-1001, side B/2

FORMATION: Lines facing ctr, of 8-10 people (mixed or segregated), joined in either belt (preferred) or front basket pos (L over R).

STEPS: Rather heavy. Definite knee bend. Back arched bkwd slightly. Movements proud and strong. Occasional shldr twists and shaking.

METER: 2/4

PATTERN

Meas.

INTRODUCTION: 8 meas.

FIG. I: PRAVO

- 1 Step R to R (ct 1); step L across R (ct 2).
- 2 Step R to R (ct 1); lift L knee fwd (ct 2).
- 3 Step L bkwd (ct 1); raise R knee fwd (ct 2).
- 4-24 Repeat meas 1-3, 7 more times. (8 in all)

FIG. II: PRAVO VARIATION

- 1-2 Repeat Fig. I, meas 1-2. (R to R, LxR; R to R, lift L)
- 3 Step L beside R (ct 1); keeping knees tog - R ft moves to R then circles fwd - upper body leans fwd (ct 2).
- 4 Step R heel or ft beside L (ct 1); hold (ct 2).
- 5-32 Repeat meas 1-4, 7 more times. (8 in all)

FIG. III: PRAVO VARIATION WITH STAMP

- 1 Repeat Fig. I, meas 1. (R to R, LxR)
 - 2 Step R to R (ct 1); hop on R (ct 2).
 - 3 Step L diag R fwd (ct 1); hop on L (ct 2).
 - 4-5 Step R,L,R bkwd (ct 1-2, 1); hop on R as L knee lifts fwd (ct 2).
 - 6 Step L beside R (ct 1); stamp R beside L, no wt (ct 2).
 - 7-24 Repeat meas 1-6, 3 more times. (4 in all)
- NOTE: When only M dance in a line meas 5 becomes:
- 5 Squat with ft tog (ct 1); hold (ct 2). Raise and dance meas 6 as notated.

FIG. IV: BASIC OPAS

- 1 Step R to R (ct 1); brush L (full ft) slightly fwd (ct 2).
- 2 Step L fwd (ct 1); brush R slightly fwd (ct 2).
- 3 Small leap bkwd on R (ct 1); tap ball of L ft sharply beside R (ct &); small hop bkwd on R (ct 2); tap ball of L ft sharply beside R (ct &).
- 4 Small leap on L beside R (ct 1); leaning fwd - small sharp stamp R beside L, no wt (ct 2).
- 5-8 Repeat meas 1-4.

FIG. V: OPAS VARIATION

- 1 Step R to R (ct 1); step L across R (ct 2).
- 2 Step R (ct 1); step L,R in place (cts &-2).
- 3 Step L fwd (ct 1); R circles sdwd then fwd (ct 2).
- 4 Leaning fwd - with wt both tog, chug bkwd sharply (ct 1); hold (ct 2).
- 5 Straightening body - step L fwd (ct 1); arching back, stamp R beside L with knees bent and toes turned out, no wt (ct 2).
- 6 Step R-L bkwd (ct 1-2).
- 7-8 Repeat Fig. IV, meas 3-4. (leap R bk, tap L, hop R, tap L; leap L in pl, stamp R in pl)
- 9-32 Repeat meas 1-8, 3 more times.

SEQUENCE:

Intro: 8 meas

- | | |
|-------------------------------|------|
| Fig. I, Basic Provo | - 8x |
| Fig. II, Pravo Var. | - 8x |
| Fig. III, Pravo Var. w/stamps | - 4x |
| Fig. IV, Basic Opas | - 2x |
| Fig. V, Opas Var. | - 4x |

The above sequence is set for available recording. The sequence was set by Yves Moreau. All individual figures are as danced in Silistra region.

Dance notes from Stockton Folk Dance Camp 1974 with no errata.

Presented by Beverly Barr
Camp Hess Kramer Institute
October 16-18, 1998

Veleta

Original dance composed by Arthur Morris, 1900. It was reconstructed by Richard Powrs from descriptions by Latimer, Mainy, Burleigh, Rualt & others. Veleta was taught by Richard Powers at a special workshop at the 1994 Stockton Folk Dance Camp.

MUSIC:

Both St. George's Waltz and Veleta can be done to the same music, or do one dance to part of the music, then change dances.

FORMATION: Cpis anywhere on the floor with W on MR side. Inside hands are joined and slightly fwd at shldr ht. Free hand on hip or free at sides.

STEPS: Double Boston sdwd step to L: (Rhythm, S,Q,S)
Face ptr, join both hands straight across and slightly out to sides.
Meas 1: Step L to L (ct 1-2); close (draw R beside L, with wt (ct 3)).
Meas 2: Step L to L (ct 1-2); draw R twd L, no wt (ct 3).

METER: 3/4

PATTERN

Meas.

INTRODUCTION: 8 meas.

PART I:

- 1-2 Facing and moving in LOD with inside hands joined at shldr ht - beg ML, WR, do 2 running waltz steps fwd.
- 3-4 Turning to face ptr, and joining both hands - do a *double Boston sdwd step* in LOD, M beg L, WR.
- 5-8 Turning in twd ptr to face RLOD - repeat meas 1-4 in RLOD with opp ftwk.

PART II:

- 1-2 Joining in waltz pos - do 2 waltz in LOD, M beg L, WR.
- 3-4 Facing ptr with M back to ctr and moving in LOD - do a side-close; side-close - beg ML, WR.
- 5-8 Beg ML, WR, do 4 waltz in LOD (2 waltz per CW turn).

Repeat dance from beg.

R&S from Stockton video by dd, 10-98

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Wyka

Poland

Wyka is a popular couple dance from the Silesian Beskid region of southern Poland. In accompanied song, children sing, "I planted a cabbage, but instead the vetch grew up" The dance is described as a mixer.

This dance was presented by Jacek and Bozena Marek at the 1991 Stockton Folk Dance Camp.

TRANSLATION: The name of the dance is derived from the name of a plant - the vetch.

PRONUNCIATION: VIH-kah

TAPE: Polish Dances for Kids.

FORMATION: Cpls in a circle facing with M back to ctr. Beg in shldr-upper arm pos with R hips adjacent.

METER: 2/4

PATTERN

Meas.

INTRODUCTION: 4 meas

PART I: CPL TURNS CW & CCW

1-3 Both beg L, circle CW with 6 steps.

4 Slightly accented step with L (ct 1); pivot on L, turning so L hips are adjacent (ct 2).

5-8 Both beg R, repeat meas 1-4 circling CCW. End with M back to ctr and releasing arms pos.

PART II: CLAPPING THIGHS & HANDS

1-2 Both beg L, cpls circle 1/2 CW with 4 steps - clap own thighs (meas 1, ct 1); clap hands in front of chest (meas 1, ct 2). Clap R hands with ptr (meas 2, ct 1).

3-4 Continue circling 1/2 CW with 4 steps - repeat hand claps as in meas 1-2, except on meas 2, ct 1, clap L hands with ptr. End with M back to ctr, W facing M.

5 Facing ptr - clap thighs (ct 1); clap own hands (ct 2).

6 Clap R hands with ptr (ct 1); clap L hands with ptr (ct 2).

7 Clap thighs (ct 1); clap own hands (ct 2).

8 Clap both hands with ptr (ct 1); hold (ct 2).

9-16 Repeat meas 1-8 with opp ftwk and dir and hand claps.

Repeat entire dance 5 more times. Walk to a new ptr to own L (M move one pos CCW and W one pos CW) on meas 1, ct 1 of each repeat of the dance.

R&S from Stockton errata and video by dd, 10-96

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Yasin Alek

Israel

A man's Yemenite dance. This dance was presented by Israel Yakovee at the 1994 Stockton Folk Dance Camp.

Choreographed by Sefi Avivto a Yemenite folk tune.

TRANSLATION: God bless you

PRONUNCIATION: yah-SEEN ah-LAYK

MUSIC: Israel Yakovee '94, side A/5 (slow slightly)

FORMATION: Closed circle facing ctr with hands joined in W-pos.

STEPS: Yemenite R: Step R to R with bent knee (ct 1); step L to L (ct 2); step R across L with bent knee (ct 3); hold (ct 4). Yemenite L is done with opp ftwk.

STYLE: Bouncy with lots of knee flexes.

METER: 4/4

PATTERN

Meas.

INTRODUCTION: Long instrumental (24 meas), beg with vocal.

FIG. I:

- 1 Rock R-L (cts 1-2): step R to R, leave L in place (1); step(rock) L to L in place where it was (2); touch R heel fwd (ct 3); hold (ct 4).
- 2 Step (rock) bkwd on R (ct 1); step (rock) fwd on L (ct 2); close R beside L, with wt (ct 3); hold (ct 4).
- 3-4 Repeat meas 1-2 with opp ftwk and direction. (rock RL, tch R fwd; rock R bk, rock L fwd, close R)
- 5 Rock sdwd R-L (cts 1-2); brush R ft as R leg lifts across L (ct 3); hold (ct 4).
- 6 Step R across L (ct 1); step L to L (ct 2); step R across L - turning once CCW (L) with pivot turn in RLOD (ct 3); hold (ct 4).
- 7 Facing ctr repeat meas 5 with opp ftwk and moving in LOD. (rock R,L sdwd)
- 8 Step L across R (ct 1); step R to R (ct 2); step L across R (ct 3); hold (ct 4).
- 9-16 Repeat meas 1-8.

PART II:

Section 1: Face ctr with hands in V-pos.

- 1 Step on R to R (cts 1-2); step L behind R (cts 3-4).

- 2 Step on R to R (cts 1-2); step L across R (cts 3-4).
Note: During meas 1-2, flex knees twice on each step.
- 3-4 Yemenite R-L.
- 5-8 Repeat meas 1-4. On last 2 cts turn 1/4 CW (R) to face LOD.

Section 2: Face LOD with hands in V-pos. Hands remain joined except during turns.

- 1 Rock R-L (cts 1-2);
brush R ft as R leg lifts across L (ct 3); hold (ct 4).
- 2 Step R across L (ct 1); step L to L - moving twd ctr (ct 2);
Step R across L with pivot/turn once in place, on R once CCW (L).
- 3 Yemenite L.
- 4 Rock R to R (ct 1);
step L,R turning once CCW (L) in place (cts 2-3); hold (ct 4).
- 5-6 Facing LOD - repeat meas 1-2 with opp ftwk (beg L) and move away from ctr without turn.
(rock LR/ LxR/ R to R/ LxR)
- 7 Yemenite R while turning 1/4 CCW (L) to face ctr.
- 8 Yemenite L.

FIG. III:

Facing ctr, release hands and raise arms diag up, palms facing twd ctr. Bouncy steps.

Box. meas 1-4

- 1 Step R to R (ct 1); hold (ct 2); step L across R (ct 3); hold (ct 4).
- 2 Step R bkwd (ct 1); hold (ct 2); step L to L (ct 3); hold (ct 4).
Note: Meas 1-2 is a box.
- 3 Step R fwd (ct 1); step L across R (ct 3).
- 5 Step R to R sliding ft on floor (ct 1); close L to R (ct 2);
step R to R beg pivoting 1/2 CCW (L) (ct 3); small hop on R to complete turn - to end facing out
(ct 4).
- 6 Facing away from ctr - repeat meas 5, cts 1-2 with opp ftwk in LOD (L to L, close R) (cts 1-2);
step L to L -beg pivoting 1/2 CCW (L) to face ctr (ct 3); small hop on L in place completing turn -
to end facing in (ct 4).
- 7-8 Facing ctr - Yemenite R,L.
- 9-16 Repeat meas 1-8.

R&S'd from Stockton video and errata by dd, 8-98

Bielolitzza Bruglolitzza

Russia

This staged Russian women's character dance was learned by Alexandru David in the early 80's from the Beryozka Ensemble in Moscow.

TRANSLATION: White face, round face

PRONUNCIATION: bee-EH-lah-lee-t^asah KRUG-løh-lee-t^asah

MUSIC: Record: Barinya Russian Folk Dances (LP), side 2/5; OR
Tape: " " " "

FORMATION: Women in a circle with hands joined in V-pos, and shldr-to-shldr with neighbor.

STEPS: Walks: 4 steps per meas (cts 1-&-2-&). The steps are smooth, small and the ft glide over the floor.

Buzz step to L (2 buzz steps per meas.): Step R across L with bent knee (ct 1); L to L on ball of ft (ct &); repeat cts 1-& (cts 2-&).

Buzz step to R (2 buzz steps per meas): Step R to R with bent knee (ct 1); step L behind R on ball of ft (ct &); repeat cts 1-& (cts 2-&).

STYLE: Both arm movements and ftwk is smooth and fluid. Move slowly from one pos into another.

METER: 2/4

PATTERN

Meas.

INTRODUCTION: 1 long note; pick-up note; beg with full orchestra.

1-16 Body facing ctr with hands in V-pos and head turned to R - do 32 buzz steps sdwd R (CCW). (R to R, L behind)

17-20 Facing R and moving in LOD - walk 16 steps fwd, beg R.

Arms: Meas 17-18: With hands joined - arms slowly circle CW moving sdwd L then up above head.

Meas 19: L hand continue to circle moving in front of head and momentarily placing L hand on own R shldr.

Meas 20: Releasing hands, place L hand on L shldr of fwd person, place R hand on own waist with fingers fwd.

Note: Circle moves in to become smaller during the above 4 meas.

21-24 Walk 16 steps in LOD, beg R.

FIG. I: WALKING

1-2 Facing and moving in LOD, do 8 walks (beg R) - L arms remains in place as R arm beg to circle CCW, down in front of lower body then sdwd and up above head.

3-4 With 8 more walks - R arm continues to circle until the hand momentarily touches L upper arm.

- 5-8 Repeat meas 1-4, reversing arm movement (circle R arm CW).
- 9-16 Repeat meas 1-8. On last meas lower L arm and join hands in V-pos on last ct.

FIG. II: WALKING

- 1-2 Facing and moving in LOD - do 8 walks - joined hands circle in twd ctr, then up above heads.
- 3-4 With 8 walks in LOD and retaining hand hold -circle L arm continues circling in front of head to rest on own R shldr, R hands extends fwd and rests of fwd persons R shldr.
- 5-8 Walk 16 steps fwd in LOD - arms remain in place.
- 9-12 With 16 walks in LOD - arms return to V-pos by circling hands up, in twd ctr then down.
- 13-16 Continue walking 16 more steps in LOD - hands joined in V-pos.

FIG. III: TWD CTR, FACE OUT, MOVE LOD

- 1-2 Turning to face ctr - walk 8 steps fwd - raise arms fwd and up.
- 3-4 Retaining hand hold - with 4 buzz steps , turn 1/2 L (CCW) in place to face out - arms cross R over L, then lower crossed arms in front of body.
- 5-8 Facing out of circle - do 8 buzz steps sdwd L (CCW).
- 9-12 With 8 buzz steps, turn R (CW) once in place once - arms raise (4 buzz steps, 1/2 turn), then lower arms (4 buzz steps, 1/2 turn), arms are crossed in front of body (L over R).
- 13-14 Facing out - do 4 buzz steps moving sdwd L (CCW).
- 15-16 Continue with 4 more buzz steps moving sdwd L (CCW) - release hands and join in V-pos.

FIG. IV: FACE OUT OF CIRCLE

- 1-2 Facing out - continue to do 4 buzz moving sdwd L (CCW) - look twd L.
- 3-4 With 4 buzz steps tum 1/2 L (CCW) in place to face ctr - raise and lower crossed arms (R over L) in front of body.
- 5-8 Facing ctr - do 8 buzz steps sdwd R (R to R, L behind) (CCW).
- 9-10 With 4 buzz steps tum 1/2 R (CCW) in place to face out - raise hands then lower to V-pos.
- 11-12 Facing out - do 4 buzz steps sdwd L.
- 13-14 Beg R, walk 8 steps in LOD.
- 15-16 With 8 more steps in LOD - release hands and place L hand to L shldr of person in front and R hands on waist with fingers fwd.

Repeat dance from Fig. I. Dance ends on Fig. IV, meas 5-8 as follows:

ENDING:

- 5-6 Facing ctr - do 4 more modified buzz steps moving sdwd R (CCW) - arms crossed.
- 7 Do 2 more modified buzz steps sdwd R (CCW) - release hands then rejoin in V-pos.
- 8 Music slow: Step R to R (ct 1); close L beside R (ct &); bow twd ctr (ct 2).

Original notes by Maria Reisch
R&S'd from video by dd, 10-98

Presented by Alexandru David
Camp Hess Kramer Institute
October 16-18, 1998

Florcica

Romania

This dance comes from central Muntenia, the area of Corbeanca-IISOV. It is in the sirba family. Alexandru David learned this dance from Costes Constantin of the Research House of Bucharest.

This dance has been presented by both Alexandru and Mihai David at various institutes and workshops in California since 1983.

TRANSLATION: Little flower

PRONUNCIATION: flohr-CHEE-kah

MUSIC: Record: Gypsy Camp IV (LP), side A/5
Tape: " " "

FORMATION: Closed circle joined in W-pos

STYLE: Fast and bouncy. Fig. III, prancing steps: Lift knee fwd of un-weighted leg.

METER: 2/4

PATTERN

Meas.

INTRODUCTION: 2 meas

FIG. I:

1 Facing ctr with hands in W-pos - step R to R (ct 1); step L behind R (ct &); step R to R (ct 2) hop R as L knee lifts then ft kicks fwd (ct &).

2-7 Repeat meas 1. (7 times)

8 Step L to L (ct 1); step R behind L (ct &); step L to L (ct 2); hop on L as R lifts beside L - lean fwd (ct &).
Arms, cts 2-&: Swing arms down and bkwd.

FIG. II: TRAVEL SDWD L

1 Facing ctr -step-hop R twd ctr (ct 1-2); step L to L (ct 2); close R to L (ct &).
Arms: Swing fwd to waist ht (cts 1-&); bending elbows, hands beg to circle moving bkwd, up, then around and down to waist ht (cts 2-&).

2 Step L to L (ct 1); close R beside L (ct &); step L to L (ct 2); hop on L (ct &).
Arms: Arms circle once more (cts 1-&); arms circle up, fwd, down and bkwd (cts 2-&).

3-8 Repeat meas 1-2 (4 times in all), except on last meas, cts 2,&, arms remain in W-pos.

FIG. III: TRAVEL LOD (CCW)

- 1-2 With hands in W-pos - beg R, run 7 small running/prancing steps fwd in LOD (CCW) (cts 1-&-2-&, 1-&-2); hop on R turning 1/2 to face RLOD (ct &).
- 3-4 Leaning slightly fwd and moving bkwd in LOD with arms in V-pos - beg L, do 7 small running step bkwd (cts 1-&-2-&, 1-&-2); hop on L - turning 1/2 to face LOD (ct &).

SEQUENCE: Fig. I-II; Fig. I-II-III, repeat from beg.

Original dance notes by Maria Reisch
R&S'd from video by dd, 9-98

Presented by Alexandru David
Camp Hess Kramer Institute
October 16-18, 1998

Hora in două părți

Romania

This dance comes from south Muntenia, in the Teleorman zone. It is categorized as a hora. Alendandru David learned this dance from Costes Constantin of the Research House of Bucharest. This dance has been presented by both Alexandru and Mihai David since 1983 at various institutes and workshops throughout California.

TRANSLATION: Hora in 2 parts

PRONUNCIATION: HOH-rah un DOH-uah PURR-tsh

MUSIC: Record: Gypsy Camp IV, side A/6
Tape: " " "

FORMATION: Closed circle with hands joined in W-pos.

STEPS: All steps are slightly fwd.

STYLE: Bouncy

METER: 2/4

PATTERN

Meas.

INTRODUCTION: None

FIG. I: W-HOLD

- 1 Facing and moving diag R twd ctr - walk R-L fwd - arms swing down and up (cts 1-2).
- 2 Facing L of ctr and moving bkwd diag R out of ctr - step R bkwd (ct 1); close L beside R (ct &); step R bkwd (ct 2).
- 3 Facing ctr and moving sdwd L - step L to L (ct 1); close R beside L (ct &); step L to L (ct 2); close R beside L (ct &).
Hands: Make 2 small fwd circles.
- 4 Step L to L (ct 1); close R beside L (ct &); step L to L (ct 2).
Hands: Make 2 small fwd circles.
- 5-16 Repeat meas 1-4 (4 in all), except on last meas, ct 2 (L to L) - hands circle down and bkwd.

FIG. II: DIAG IN AND OUT WITH STRIGATURI

- 1 Facing and moving diag R twd ctr - stamp R fwd - arms circle fwd (ct 1); step L bkwd to place - with hands at waist ht, elbows pull bkwd (ct 2); small leap on R beside L - hands beg to circle up and fwd (large circle) (ct &).
- 2 Step L to L - hands complete circle (ct 1); stamp R slightly fwd - hands circle 8-, down and bkwd (ct 2).

Hora in două părți

3-8 Repeat meas 1-2, 3 more times. (4 in all)

SUGGESTED STRIGATURI FOR FIG. II:

1-2 i-auzi una
3-4 " două
5-6 " trei si zii si zii
7-8 iu iu iu iu iu iu iu iuuuuuu

Original notes by Maria Reisch
R&S'd from video by dd, 9-98

Presented by Alexandru David
Camp Hess Kramer Institute
October 16-18, 1998

Khorovod (Round Dance)

Russia

Alexandru David saw this Russian women's character dance done by Romanian State Ensemble in the early 80's.

TRANSLATION: Round dance

PRONUNCIATION: hoh-roh-VOHD

MUSIC: Record: Barinya Russian Folk Dances (LP); or
Tape: " " " "

FORMATION: Individual W in a circle with arms cross (R on top of L) in front of chest and parallel to floor.

STYLE: Smooth flowing movements.

METER: 2/4

PATTERN

Meas.

INTRODUCTION: 8 cts., beg with full orchestra

FIG. I: WALK LOD (Instrumental)

Face LOD with arms crossed in front of chest.

1 Moving in LOD - walk R,L,R (cts 1-&-2); hold on R, leave L touching bkwd where it was - look over L shldr and slightly down.

2-7 Repeat meas 1, alternating ftwk, (7 times in all)

8 Step L across R - turning to face ctr - open arms out sdwd (ct 1); step R to R - arms circle up slightly (ct &); close L to R - hands (fists) on hips.

FIG. II: DOWN-UP, R & L (Instrumental)

Face ctr with hands (fist) on hips.

1 Moving sdwd R - step R to R with bent knee (ct 1); step L behind R on ball of ft (ct &); repeat cts 1-& - hands beg to slowly open out to sides at chest ht (R-behind) (2-&).

2 Repeat meas 1- hands open to sides.

3 Repeat meas 1 ftwk, turning once to R (CW) in place.

4 Step R,L,R in place - place hands on hips (cts 1-&-2).

5-8 Repeat meas 1-4 with opp ftwk and direction.

FIG. III: BRUSH (Vocal)

Face ctr with hands (fist) on hips.

- 1 Bush ball of R ft out to R side (ct 1); brush R bkwd across L (ct &); brush R out to R side (ct 2); brush R behind L while bending L knee (ct &).
- 2 Moving sdwd L - step R behind L on ball of ft (ct 1); step L to L with bent knee (ct &); step R behind L on ball of ft (ct 2); step L to L with bent knee (ct &).
- 4-6 Repeat meas 1-2. (brush & side-behind) (3 in all)
- 7 Brush ball of R ft out to R side (ct 1); brush R bkwd across L (ct &); step R across L - beg turning once to L (ct 2); step L behind R - completing turn to L (ct &).
- 8 Step R,L,R in place (cts 1-&-2). End facing ctr.
- 9-16 Repeat meas 1-8 with opp ftwk and direction.

FIG. IV: SQUARE (Vocal & instrumental)

- 1 Tracing a square on the floor - step R to R with bent knees - open R arm diag R fwd at chest ht with palm up (ct 1); step L behind R on ball of ft - turning 1/4 R (CW) (ct &); step R to R with bent knee (ct 2); step L behind R on ball of ft - turn 1/4 R (CW) (ct &). End with back to ctr.
- 2 Repeat meas 1, except end by scuffing L heel sdwd L.
- 3-8 Repeat meas 1-2, alternating ftwk, arm movements and direction. (4 times in all)

FIG. V: IN & OUT OF CTR (Vocal)

Face ctr with fists on hips and look R.

- 1 Step R to R with bent knee (ct 1); step L behind R on ball of ft (ct &); step R to R with bent knee (ct 2); scuff L heel diag L fwd (ct &).
- 2 Repeat meas 1 with opp ftwk. (L to L, R behind, L to L, scuff R)
- 3 Walking twd ctr and opening arms diag fwd at chest ht - walk R,L,R (cts 1-&-2); brush L fwd (ct &).
- 4 Hop on R turning 1/2 R (CW) - place hands (fists) on waist (ct 1); step L,R in place (ct &,2). End with back to ctr.
- 5-8 Repeat meas 1-4, moving twd outside of circle. End facing ctr.

FIG. VI: FRONT BASKET (Vocal)

Gradually join in front basket while moving into meas 1-2.

- 1 Moving in RLOD, brush R diag R fwd (ct &); step R across L with bent knee - look twd RLOD with eyes cast downward (ct 1); step L to L on ball of ft (ct &); step R across L with bent knee (ct 2); step L to L on ball of ft (ct &).
- 2-7 Repeating meas 1. (14 cross-over steps in all)

- 8 Stamp R,L,R moving in RLOD (
- 9-14 Repeat meas 1 with opp ftwk, direction and looking in LOD. (12 crossover steps)
- Music slows:
- 15 Releasing hands and opening circle - move bkwd R,L - hands move twd waist (cts 1-2).
- 16 Plié on L as R heel touches fwd on floor - arms open diag fwd at chest ht (ct 1); turning to face LOD - close R to L - cross arms in front of chest (ct 2).

Repeat dance from beg one more time, except at end remain facing ctr.

Original notes by Maria Reisch
R&S's from video by dd, 10-98

Presented by Alexandru David
Camp Hess Kramer Institute
October 16-18, 1998

Zamfirica

Romania

This dance comes from the village of Mavrodin in Muntenia. Alexandru David learned the dance from Ion Petcu, former soloist of the Romanian Rhapsody Ensemble (Theodor Vasilescu former group), who is now chairman of the folk dance teaching at the Popular School of Arts in Bucharest.

This dance has been presented by both Alexandru and Mihai David since the early 80's at various institutes and workshops in California.

TRANSLATION: Refers the "little girl of Zamfir."

PRONUNCIATION: zahm-fee-REE-kah

MUSIC: Record: Gypsy Camp, Vol. IV, side 2/1
Tape: " " " "

FORMATION: Closed circle with hands joined in W-pos

STYLE: Small, low running steps throughout.

METER: 2/4

PATTERN

Meas.

INTRODUCTION: Beg with music or hold for 4 meas and do Fig. I only 7 times through when beg the dance.

FIG. I: IN & OUT OF CTR

- 1 Facing and moving twd ctr - step R,L,R (cts 1-&-2); hop on R as L lifts slightly bkwd (ct &).
- 2 Moving bkwd out of ctr - step L,R,L (cts 1-&-2); hop on L as R lifts slightly bkwd (ct &).
- 3-16 Repeat meas 1-2. (8 times in all)

FIG. II: MOVE IN LOD & RLOD

- 1 Moving R of ctr and moving in LOD - step-hop fwd on R (cts 1-&); step-hop fwd on L (cts 2-&).
- 2 Step R,L,R fwd (cts 1-&-2); hop on R as L lifts beside R leg - turning to face RLOD (ct &).
- 3-16 Repeat meas 1-2, alternating ftwk and direction. (8 times in all).

Original dance notes by Maria Reisch
R&S from video by dd, 9-98

Presented by Alexandru David
Camp Hess Kramer Institute
October 16-18, 1998

Lüsener Deutscher

Austria

This dance is an example of an Alpine couple dance which is said to be the original Schuhplattler Ländler form from the 1800's. The plattling was more or less free form for each couple. It was around the turn of the century that the Bavarians formalized the dance with the men in a circle, facing the center while plattling. The women danced on the outside of the men's circle, with pivot, or waltz steps, as they moved around in line of direction. This Bavarian form is not used extensively in Austria.

This dance was presented in a cameo appearance of Morry Gelman at the 50th anniversary of the Stockton Folk Dance Camp, 1997.

TRANSLATION:

PRONUNCIATION: LOOSE-en-er DOY-cher

CASSETTE: Special UOP tape - 1997, side A/2

FORMATION: Cpls in promenade pos facing LOD, R hands joined, L hands joined with WL arm over R hands.

STEPS: Basic: Flat-footed walking step, with 3 steps per meas. Little or no accent.

HANDS: When W hands are free they are on the hip with fingers fwd.

METER: 3/4

PATTERN

Meas.

INTRODUCTION: Cts 3-4, + 4 meas.

A FIG. I: TURN CCW, CW

1-8 With 8 basic, cpls turn CCW (W-fwd) in place. M act as pivot point.

9-16 Repeat meas 1-8, turning CW (M-fwd) with W as pivot point.

FIG. II: W-TURN, M-TURN (Dishrag turn)

1 Moving fwd in LOD with 1 basic or waltz steps, W turn once CW (L) under raised joined hands.

2 Continuing fwd movement M turn once CCW (R) under raised joined hands.

3-8 Repeat meas 1-2, 3 more times (4 in all).

B **FIG. III: W-TURN**

- 1-2 Releasing L hands - continue moving fwd in LOD with W in front of M.
W turn once CW (R) under raised joined R hands with either pivot or waltz steps.
M dance basic steps, and may stamp with wt on ct 1 of each meas.
- 3-8 Repeat meas 1-2, 3 more times (4 in all).

R&S'd by Folk Dance Federation (north)
Dance notes by Larry & Ruth Miller
Printed Let's Dance, May/June 1998

Presented by Denise Heenan
Camp Hess Kramer Institute
October 16-18, 1998

Pravo Rodopsko horo

Rhodopes, Bulgaria

This dance is a variation on the popular pan-Bulgarian Pravo horo and done to the famous Rhodope folk song, Pustono Ludo i Mlado. Source: Dimitar Dojčimov, Plovdiv 1979.

This dance was presented by Yves Moreau at Yves Moreau's 50th birthday party in Oahu, Hawaii and at the 1998 Stockton Folk Dance Camp.

TRANSLATION: A pravo from the Rhodope area

PRONUNCIATION: PRAH-voh roh-DOHP-skoh hoh-ROH

CASSETTE: Yves Moreau, YM-UOP-98, side A/1

FORMATION: Lines facing ctr with hands joined in W-pos.

STYLE: Proud and "earthy" (slight bend of knees)

METER: 2/4

PATTERN

Meas.

INTRODUCTION: None, beg with music.

FIG. I: PRAVO

- 1 Facing ctr - step R to R (ct 1); step L across R with slightly knee flex (ct 2).
- 2 Step R to R (ct 1); step L behind R (ct 2).
- 3 Step R to R (ct 1); lift L in front of R (ct 2).
- 4 Step L beside R (ct 1); lift R in front of L (ct 2).
- 5-16 Repeat meas 1-4, 3 more times (4 in all).

FIG. II: FWD & BKWD

- 1-2 Facing ctr - step (walk) R,L,R fwd twd ctr (cts 1-2-1); lift L fwd or bkwd (ct 2).
- 3-4 Repeat meas 1-2, moving bkwd and beg L. (LRL bk, lift R fwd not bk)
- 5 Step R in place (ct 1); stamp L lightly beside R (ct 2).
- 6 Step L in place (ct 1); stamp R lightly beside L (ct 2).
- 7-8 Step R,L,R in place, no wt on last step (ct 1-2-1); hold (ct 2).
Arms: Arms extend up, fwd then down (up-and-over-the-waterfall)
- 9-16 Repeat meas 1-8.

Repeat dance from beg

Note: With the recording on this cassette, the dance is done 3 times. On the 3rd repeat, of Fig. II, meas 15 the music slows, has a short pause, then continues to slow during meas 16.

SONG:

Pustono ludo i mlado

Pustono ludo i mlado ište mi majčo armagan
ište mi majčo armagan, čorni se oči da mu dam

Chorus: (2x)

Dali da gi dam, či kak da gi dam, ga ma majka gljoda ot tam

Pustono ludo i mlado ište mi majčo armagan
ište mi majčo armagan, belu su lice da mu dam

Chorus (2x)

Dali da go dam, či kak da go dam, ga ma bubajko gljoda ot tam

Pustomo ludo i mlado ište mi majčo armagan
ište mi majčo armagan, tjonka sa snažka da mu dam.

Chorus (2x)

Dali da ja dam, či kak da ja dam, ga ša ja stori darmadan

R&S'd from observation, errata and video by dd, 9-98

Presented by Denise Heenan
Camp Hess Kramer Institute
Oct 16-18, 1998

Shir al etz

Israel

Originally the lyrics were sung in Yiddish (language of eastern European Jews). The song deals with a small boy who wants to try to fly from a tree. His mother tells him to put on more clothes, because it is cold outside. After awhile the boy discovers himself that he is too heavy to be able to fly.

This dance was taught by Tineke Van Geel in 1997 at a dance workshop in northern California.

CHOREOGRAPHER: Y. Mariuma

TRANSLATION: Song about a tree

PRONUNCIATION: sheer ahl ehtz

MUSIC:

FORMATION: Closed circle, facing LOD with hands joined in V-pos.

STEPS: Double Tjerkessia:
Step R across L (ct 1); step L back to place (ct 2); step L beside R (ct 3). Step L across R (ct 1); step R back to place (ct 2); step L beside R (ct 3).

METER: 3/4

PATTERN

Meas.

INTRODUCTION: 8 meas

FIG. I:

- 1 Facing LOD - beg R, waltz fwd in LOD.
- 2 Step L across R (ct 1); step R in LOD - turning to face ctr (ct 2); step L to L (ct 3).
- 3 Facing L of ctr - step R in front of L (ct 1); step L back to place (ct 2); step R bkwd (ct 3).
- 4 Step L in place (ct 1); step R fwd (ct 2); step L in place (ct 3).
- 5 Facing LOD - beg R waltz fwd in LOD.
- 6 Step L across R (ct 1); step R to R - turning to face ctr (ct 2); step L behind R (ct 3).
- 7 Turning CW (R) once with 1 waltz, beg R.
- 8 Step L across R - face R of ctr (ct 1); step R back to place (ct 2); step L beside R (ct 3).
- 9-16 Repeat meas 1-8.

FIG. II:

- 1 Facing ctr - beg R, waltz twd ctr - raise arms fwd.
- 2 Beg L, do 1 waltz turning 1/2 L (CCW). End facing out.
- 3-4 Double Tjerkessia step, beg R across L.
- 5-8 Repeat meas 1-4, facing out of circle. End facing ctr.

FIG. III:

- 1 Facing R of ctr - step R,L (cts 1-2); stamp R (ct 3).
- 2 Small lift on R as L brushes fwd (ct 2); step L across L (ct 2); step R back to place (ct 3).
- 3 3-4 Repeat meas 1-2 with opp ftwk and face L of ctr.
- 5 Step R to R (ct 1); step L across R (ct 2); step R back to place (ct 3).
- 6 Repeat meas 5 with opp ftwk. (L to L, RxL, R bk)
- 7 Turning to face LOD - step R to R (ct 1); close L beside R (ct 2); step R - beg 3/4 turn R (CW) (ct 3).
- 8 Completing turn - step L - facing ctr (ct 1); step (rock) R to R (ct 2); step (rock) L to L (ct 3).
- 9-12 Stepping R across L, do 5 buzz steps in RLOD. Then end by rocking R,L.
- 13-16 Repeat meas 9-12.

Presented by Denise Heenan
Camp Hess Kramer Institute
October 16-18, 1998

Srebranski Danec

Dobrudža, Bulgaria

Dancec, also known Buenek or Buenec, is a ritual dance done mostly by women for specific folk customs such as Lazaruvance (springtime). the movements are mostly simple walking steps travelling in various directions. Often done to just singing. Arm movements are typically Dobrudžan.

The dance was presented at Yves Moreau's 50th Birthday Party, Oahu, Hawaii, and at the 1998 Stockton Folk Dance Camp.

TRANSLATION: SHREH-brahn-skee DAH-nehs

PRONUNCIATION: SREH-brahn-skee DAH-nehts

MUSIC: Yves Moreau, YM-UOP-98, side A/3

FORMATION: Mixed lines facing ctr with hands joined in W-pos.

STYLE: Proud and "earthy" (knee bent slightly)

ARMS: Arm waves: Arms are held slightly fwd with bent elbows and hands held at approximately head ht with forearms close tog. They move softly sdwd R and L, with a small windshield wiper style of movement.

STEPS: Ftwk is small. Fig. I-II has a limping feeling with doing the ftwk.

METER: 2/4

PATTERN

Meas.

INTRODUCTION: 16 meas, no action

FIG. I: FWD & BKWD

1 Facing ctr - step R fwd as L remains touching bkwd, straightening knees - hands push slightly upward (ct 1); close L beside R softly sinking onto bent L leg - remaining in W-pos hands lower slightly (ct 2).

2-8 Repeat meas 1, 7 more times moving fwd.

9-16 Repeat meas 1-8, moving bkwd with same ftwk.

Note: Leaders at either end of line may (optional) curl line in during meas 1-8, and out during meas 9-16.

FIG. II: SDWD

1-6 Facing ctr - repeat ftwk and arm movements of Fig. I, meas 1, only move sdwd to R.

7-8 Step R to R (ct 1); soft stamp L beside R twice, no wt - elbows pull down on each stamp (cts 2-1); hold (ct 2).

9-16 Repeat meas 1-8 with opp ftwk, moving sdwd L.

FIG. III: SCUFF FWD, WAVE ARMS

- 1 Facing ctr - step R fwd - beg to wave arms sdwd R (ct 1); scuff L heel fwd - complete R arm wave (ct 2).
Body movement: When arms wave to R, upper body leans slightly sdwd R.
- 2-6 Repeat meas 1, alternating ftwk and arm motions.
- 7 Strong step fwd on R (ct 1); strong step on L beside R (ct 2).
- 8 Strong step on R beside L, no wt (ct 1); hold (ct 2).
Arms: During meas 7-8 the arms move up, then fwd and down, in an "up-and-over-the-waterfall" motion.
- 9-16 Repeat meas 1-8, moving bkwd with same ftwk and arm movements.

FIG. IV: TRAVEL WITH SCUFFS & REVERSE

- 1-6 Facing R of ctr and moving in LOD, repeat Fig. III, meas 1-6 (6 step-scuffs, beg R)
- 7-8 Releasing hands - step R,L,R (no wt on last step) with slight accent - turning 1/2 R (CW) - hands remain in W-pos (cts 1-2-1); hold (ct 2). End facing out.
- 9-16 With back to ctr, rejoin hands - repeat ftwk and arm movements of meas 1-8 in RLOD. End facing ctr.
- Repeat dance from beg.

Original notes by Yves Moreau

R&S'd from observation, errata and video by dd, 9-98

Presented by Denise Heenan

Camp Hess Kramer Institute

October 16-18, 1998

Vidinsko horo

Northwest Vlach, Bulgaria

This dance is an arrangement of traditional steps of the dance type known as Sitno Vlaško from northwest Bulgaria. These dances of the Vlachs (Romanian-speaking minorities) share in common with dances to be found north of the Danube in the Muntenia, Oltenia area of Romania, and in the Serbian area of western Bulgaria. Yves learned the dance from the State Folk Ensemble, Vidin 1970.

Yves Moreau presented the dance at the 1998 Stockton Folk Dance Camp.

TRANSLATION: Dance from the village of *Vidin*

PRONUNCIATION: VEE-deen-skoh hoh-ROH

CASSETTE: Yves Moreau, YM-UOP-98, side A/2

FORMATION: Short lines facing ctr with hands joined in W-pos.

STYLE: Small light and sharp steps.

METER: PATTERN

Meas.

INTRODUCTION: None, beg with music.

FIG. I: FWD & BACK

- 1 Beg R, do 1 two-step fwd (cts 1-&-2).
- 2 Step L fwd as R lifts fwd (ct 1); sharp push-kick fwd twd floor with R (ct 2).
- 3 Step R,L bkwd - hands swing bkwd and fwd (cts 1-2).
- 4 Step R bkwd (ct 1); step L,R in place lightly (cts 1-&-2).
Hands: Swing bkwd (ct 1); swing up to W-pos (ct 2)
- 5-16 Repeat meas 1-4, alternating ftwk. (4 times in all)

FIG. II: SLAPS

- 1 Facing ctr and leaning upper body slightly fwd - with L knee bent, slap R ft twice fwd on floor - knee straight (cts 1-2).
- 2 Straightening body, step R to R (ct 1); step L behind R (ct &); step R to R (ct 2).
- 3-8 Repeat meas 1-2, alternating ftwk and direction. (4 times in all)
- 9 Bending fwd slightly - slap R fwd again (ct 1); hold (ct 2).
- 10 Step R to R (ct 1); step L behind R (ct &); step R to R (ct 2); stamp L sharply beside R, no wt (ct &).

- 11 Leap L on L as R lifts low in front of L (ct 1); leap R to R as L lifts low in front of R (ct 2).
- 12 Repeat meas 2 with opp ftwk and direction. (R to R/ L behind/ R to R)
- 13-16 Repeat meas 9-12. (slap R/ R to R/ L behind/ R to R/ stamp L/ leap L/ leap R/ R to R/ L behind/ R to R)
- 17-32 Repeat meas 1-16.

REPEAT FIG. I-II

FIG. III: FWD, LEG KICKS & SLIDE BACK

- 1-4 Facing ctr with upper body bent fwd - beg R, do 4 two-steps fwd: Step R in front of L (ct 1); close L behind R heel (ct &); step R fwd (ct 2).
- 5 Facing L of ctr (R shldr slightly twd ctr), stamp R beside L sharply, no wt (ct 1); hold (ct 2); quickly stamp L again, no wt (ct &).
- 6 Fall on R as L leg moves sdwd L with straight leg (ct 1); sharp hop on R as straight L leg swing across R (ct 2).
- 7-8 Do 4 chassé steps sdwd L - move away from ctr.
- 9-32 Turning to face ctr - repeat meas 1-8, 3 more times. (4 in all)

Transition (musical bridge)

- 1 Moving diag R fwd - step R-L - arms swing fwd then back (ct 1-2).
- 2 Moving diag R bkwd - step R - arms swing fwd (ct 1); close L beside R (ct &); step R - arms swing bkwd (ct 2).
- 3-4 Repeat meas 1-2 with opp ftwk and direction.

FIG IV: MOVE SDWD WITH STAMPS

- 1 Facing ctr - step R beside L (ct 1); stamp L beside R lightly, no wt (ct &); step L beside R (ct 2); stamp R beside L lightly, no wt (ct &).
- 2 Moving sdwd R - step R to R on ball of ft (ct 1); step L behind R (ct &); repeat R-L behind again (cts 2-&).
- 3-6 Repeat meas 1-2, 2 more times. (3 in all)
- 7 Leap R to R as L moves slightly twd R ankle (ct 1); leap L to L as R moves slightly twd L ankle (ct 2).
- 8 Step R to R (ct 1); step L behind R (ct &); step R to R (ct 2).
- 9-16 Repeat meas 1-8 with opp ftwk and direction.

FIG. V: QUICK CROSSES & STAMPS

- 1 Step R across L (ct 1); step L back to place (ct &); step R diag R bkwd on ball of ft (ct 2); step L fwd to place (ct &).
- 2 Repeat meas 1.
- 3 Step R beside L (ct 1); stamp L beside R quickly, no wt (ct &); step L beside R (ct 2); stamp R (ct &).
- 4 Repeat meas 3.
- 5-6 Repeat Fig. IV, meas 7-8 (leap R, leap L/ R to R, L behind, R to R)
- 7-8 Repeat Fig. IV, meas 7-8 with opp ftwk. (leap L, leap R/ L to L, R behind, L to L)
- 9-16 Repeat meas 1-8.

ENDING:

On last ct, lean L slightly to L as R lifts in front of L.

SEQUENCE:

Fig. I-II	Fig. I-II-III
Fig. I-II-III	Transition
Transition	Fig. IV-V
Fig. IV-V	

Original notes by Yves Moreau
R&S from errata and video by dd, 9-98

Presented by Denise Heenan
Camp Hess Kramer Institute
October 16-18, 1998

Yolanda

U.S.A.

This is a mombo line dance choreographed by Bea Montross. Vonnie R. Brown learned it from Nelda Drury of San Antonio, Texas.

This dance was presented by Vonnie Brown at the 1998 Stockton Folk Dance Camp.

PRONUNCIATION: YOH-lahn-dah

CASSETTE: International Folk Dances, Vonnie R. Brown
Almost any mombo music will do

FORMATION: Individual dancers, scattered randomly on the floor, facing front wall.

STYLE: This dance has a Latin style; hips move in rhythm to music.

METER: 4/4

PATTERN

Meas.

INTRODUCTION:

1-8 No action. Skip Fig. I below and beg dance with Fig. II. It is easier to beg with Fig. II.

FIG. I: BASIC MAMBO & SIDE MAMBO

Basic mambo

1 Facing front - step R bkwd (ct 1); step L in place (ct 2); step R beside L (ct 3); hold (ct 4).

2 Step L fwd (ct 1); step R in place (ct 2); step L beside R (ct 3); hold (ct 4).

Side mambo

3 Step R to R (ct 1); step L in place (ct 2); step R beside L (ct 3); hold (ct 4).

4 Repeat meas 3 with opp ftwk and direction (cts 1-4).

5-8 Repeat meas 1-4.

FIG. II: 7's L,R,L,R

7's L

1 Facing front - step R in front of L (ct 1); step L to L (ct 2); step R in front of L (ct 3); step L to L (ct 4).

2 Repeat meas 1, except on ct 4, swing L in front of R.

7's R

3-4 Repeat meas 1-2 with opp ftwk and direction.

5-8 Repeat meas 1-4.

FIG. III: FACE ALL 4 WALLS

Step fwd, R,L

1 Facing front - step R fwd (ct 1); hold (ct 2); step L fwd (ct 3); hold (ct 4).

Side mambo and 1/4 turn L

2 Step R to R (ct 1); step L in place (ct 2); pivot on L turning 1/4 L (CCW) as R step fwd to face the wall L of where you started dance (ct 3); hold (ct 4).

3-4 Facing L wall - repeat meas 1-2 with opp ftwk (beg L). End facing back wall.

5-6 Facing back wall, repeat meas 1-2 (beg R). End facing R wall.

7-8 Facing R wall, repeat meas 1-2 with opp ftwk (beg L). End facing front of hall (orig pos).

Repeat dance from beg

Dance notation by Vonnie Brown

Presented by Denise Heenan

Camp Hess Kramer Institute

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