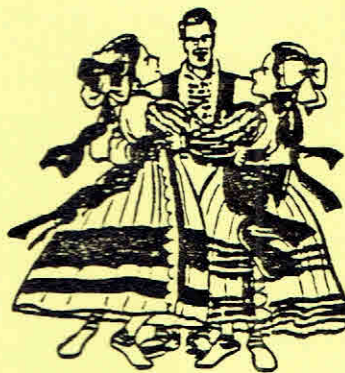
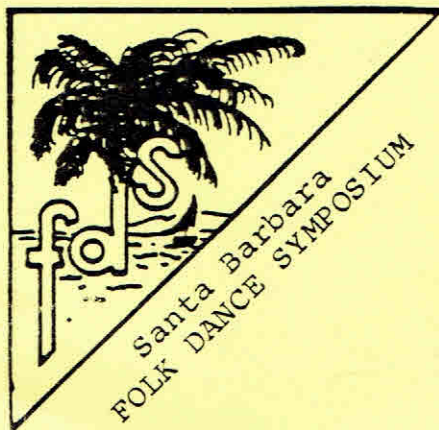


THE FOLK DANCE FEDERATION OF CALIFORNIA, SOUTH, INC.

PRESENTS

CAMP HESS KRAMER INSTITUTE WEEKEND

"All Camps Review"



Stockton
FOLK DANCE CAMP



Idyllwild Folk Dance
Workshop

October 12-13-14, 1990

TEACHERS:

Shlomo Bachar
(Israeli)

Beverly Barr
(International)

Elinor Vandegri
(Scottish)

C A M P H E S S K R A M E R I N S T I T U T E

October 12-14, 1990

ELINOR VANDEGRIFT

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SHLOMO BACHAR

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BEVERLY BARR

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ABBREVIATIONS USED IN THIS SYLLABUS

| | |
|-------------|--|
| beg | begin or beginning |
| bk | bk |
| bkwd or bwd | backward |
| CCW | counter-clockwise |
| cpl | couple |
| ct(s) | count(s) |
| ctr | center |
| CW | clockwise |
| diag | diagonal |
| ft | feet or foot |
| ftwk | footwork |
| fwd | forward |
| H | hand |
| ht | height |
| L | left (side or direction) ft, arm or hand |
| LOD | line of direction (CCW) |
| M | man, men, man's |
| meas | measure(s) |
| opp | opposite |
| pl | place |
| pos | position |
| ptr(s) | partner(s) |
| r | right |
| RLOD | reverse line of direction (CW) |
| sdwd or swd | sideward |
| tog | together |
| tch | touch |
| twd | toward |
| W | women, woman, women's |
| wt | weight |

BAULDY BAIN'S FIDDLE
Scotland

This dance is dedicated to John Armstrong, from the Lothian Collection by John Bowie Dickson, published by the Montreal branch of the R.S.C.D.S.

This dance was presented by Elinor Vandegrift at the 1990 Idyllwild F.D. Camp.

RECORD: "Ready ... And!", Bobby Brown, The Scottish Accent, Cape Breton Symphony + Guests, TAC 003. Song "Old Willie Hunter."

FORMATION: Longways set of 4 cpls. A 32 bar reel

METER: 2/4

PATTERN

Bars

INTRODUCTION: Bow and curtsey

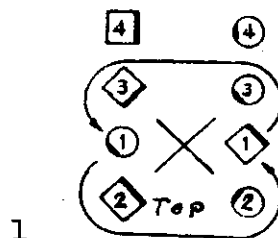
DANCE:

- 1-4 1st cpl, giving R hands, turn each other once around, cast off on own side to end in 2nd cpls place (2nd cpl set up on bars 3-4).
- 5-8 1st cpl, giving L hands, turn each other 1-1/2 times to finish on opp sides of set in 2nd place, facing out.
- 9-12 1st M cast L up the set, crosses over at the top and casts down into 2nd place on his own side while 1st W casts L down the set, crosses over below 3rd cpl and casts up into 2nd place on her own side,
MEANWHILE, 2nd & 3rd cpls dance R hands across (wheel) once round, dancing out to corners on bar 12, facing CCW. Break wheel on bar 4.
- 13-16 1st cpl, giving L hands, turn 1-1/4 times to finish facing their 1st corner pos,
MEANWHILE, 2nd and 3rd cpls continue to dance CW round the outside to finish in opp corner pos.
- 17-20 1st cpl dance 1/2 a reel of 4 with 1st corners, passing each other R shldr in the ctr for.....
- 21-24 1/2 a reel of 4 with 2nd corners, passing each other R shldr in the ctr again to finish in 2nd place on own side.
- 25-32 2nd, 1st & 3rd cpls dance (chasse) 6 hands round to the L and R.

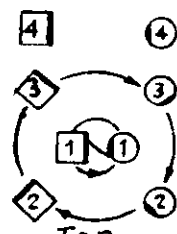
Cpl 1 repeats dance from 2nd pos.

This dance has been R&S'd.

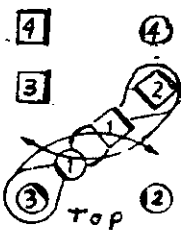
Presented by Elinor Vandegrift
Camp Hess Kramer Institute
October 12-14, 1990



BARS 9-12



BARS 13-16



BARS 21-24

THE BYRON STRATHSPEY
Scotland

From the Deeside book of Scottish Country Dances, Part 2 by John Drewry. Dances in the book illustrate a journey down the river Dee from its source in the Cairngorms to its mouth into the North Sea in Aberdeen. "The poet, Lord Byron, attended Aberdeen grammar school, and is reputed to have ridden a horse bare-back across Balgownie Brig."

This dance was presented by Elinor Vandegrift at the 1990 Idyllwild F.D. Camp.

RECORD: "The Bryon Strathspey" by Andrew Rankine & His Scottish Band, NRSCDS102 (cassette only)

FORMATION: A 32 bar strathspey, for 4 cpls in a longways set

STEPS: Allemand: All do a small step diag R fwd (bar 1). Turn L across top of set and turn down M side, by the end of bar 4 all should face down the set on M side (bars 2-4). Wheel (turn) to W side of set (bar 5). M turn W R under joined hands while moving twd ctr of set (bar 6). Each back up to own side of set (bars 7-8).

METER: 4/4

PATTERN

Bars

INTRODUCTION: Bow and curtsey

DANCE:

- 1-4 1st, 2nd & 3rd cpls turn petronella-wise (individually turn CW with 2 traveling steps) to form a straight line down the ctr of the set with W facing down and M facing up (2 bars), then set to ptr (2 bars).
- 5-8 1st, 2nd & 3rd cpls turn ptrs with both hands 1-1/4 times to return to orig places. (4 bars)
- 9-12 2nd W dances R hands across with 1st cpl, while 2nd M dances R hands across with 3rd cpl. (4 bars)
- 13-16 2nd M passing his ptr by the R, dances L hands across with 1st cpl, while 2nd W dances L hands across with 3rd cpl. At the end 2nd cpl dance in to join hands in promenade hold facing up, 1st cpl stay facing out, and 3rd cpl return to places. (4 bars)
- 17-24 2nd cpl, dancing tog, dance a reel of 3 across the dance with 2nd cpl, passing 1st W by the R to begin. At the end: 2nd cpl dance up the ctr of the set to top place, 1st cpl dance down to 2nd place, then in to meet behind 2nd cpl, and 3rd cpl on bar 24, dance in on the L to meet, covering with 1st cpl.

The Byron Strathspey, page 2

25-32 2nd, 1st & 3rd cpls dance a 3-cpl allemande to finish in the order of 3,1,2.

Repeat dance from new pos.

This dance has been R&S'd.

Presented by Elinor Vandegrift
Camp Hess Kramer
Oct 12-14, 1990

GOOD HEARTED GLASGOW
Scotland

This dance was devised by Peter Knapman. This jig was the winning entry in a competition for a dance which would encourage people to find enjoyable ways of taking exercise!!!

It was presented by Elinor Vandegrift at the 1990 Idyllwild F.D. Camp.

RECORD: Music by David Ross. Musicians: H.I.S.C.D. Bobby Frew, Bosky Brown, Hasdair Fraser, Dan Wood, Kathy Fraser, Fred Collins, BRG 017, Browning Productions

FORMATION: A 32 bar jig for 4 cpls in a longways set.

METER: 2/4

PATTERN

Bars

INTRODUCTION: Bow and curtsey

DANCE:

- 1-4 1st cpl turn each other with R hands and cast off one place on own sides to end in 2nd place. 2nd cpl move up on bars 3-4.
- 5-8 1st cpl turn each other with L hands 1-1/4 times ready for (1st cpl finish turn in middle of set to start wheel)
- 9-12 Form a R hand wheel, 1st M with 3rd cpl and 1st W with 2nd cpl. All finish on the side lines.
- 13-16 Form a L hand wheel, 1st M with 2nd cpl and 1st W with 3rd cpl.
- 17-24 1st cpl lead down the middle with R hands joined and up again to finish in 2nd place on own side of the dance.
- 25-32 All 3 cpls dance (chasse) 6 hands round L and R.
- Cpl 1 repeat dance from beg having passed a cpl and dance with cpl 3 and 4.

The dance is done a total of 8 times through.

This dance has been R&S'd

Presented by Elinor Vandegrift
Camp Hess Kramer Institute
Oct. 12-14, 1990

MARY STEWART'S STRATHSPEY
Scotland

This dance was devised by C. Stewart Smith and Mary Brandon during the 10th Annual Scottish Country Dance Weekend in Vancouver, May 1969 at the traditional Sunday night Ceiledh.

This dance was presented by Elinor Vandegrift at the 1990 Idyllwild F.D. Camp.

RECORD: Any 32 bar strathspey, at least 4 times through.

FORMATION: A 32 bar strathspey, progressive around the room, cpl 1 facing cpl 2, with W on their ptrs R side. 1's face CCW, 2's face CW.

METER: 4/4

PATTERN

Bars

INTRODUCTION: Bow and curtsey

DANCE:

- 1-2 W 1 and 2 make a Petronella turn (W individually turn R once) in the ctr and finish back to back facing their ptrs. (2 bars)
- 3-4 Cpls 1 and 2 then set once to ptr. (2 bars)
- 5-8 Cpls 1 and 2 turn each other once around with R hands to finish in orig places. (4 bars)
- 9-10 "Rights & Lefts" with 2 hands: 1st W and 2nd M change places using 2 hands to make 1/2 CW turn into each other's place. At the same time, 1st M and 2nd W do the same. (2 bars)
- 11-12 Facing ptrs, 1st and 2nd cpls turn 1/2 CW with 2 hands to change places. (2 bars)
- 13-14 1st W and 2nd M (also 1st M and 2nd W) turn 1/2 CW with 2 hands to change places. (2 bars)
- 15-16 1st cpl and 2nd cpl turn 1/2 CW with ptrs with 2 hand to change places (2 bars). All finish in orig pos.
- 17-18 1st M and 2nd W, dance in twds each other and take nearer hands to lead outwards away from the ctr. They are followed by their ptrs. (2 bars)
- 19-20 Cast away from each other (still followed by their orig ptrs) and finish in a line of 4, facing the ctr. (2 bars)