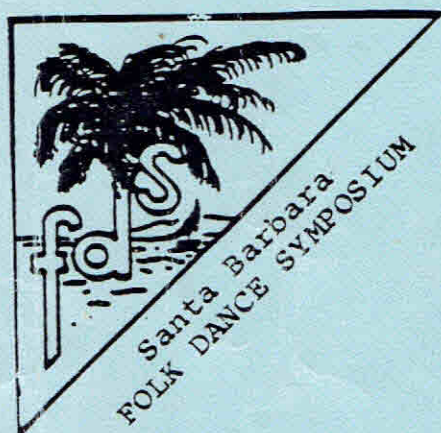


THE FOLK DANCE FEDERATION OF CALIFORNIA, SOUTH, INC.

PRESENTS

CAMP HESS KRAMER INSTITUTE WEEKEND

"All Camps Review"



Stockton
FOLK DANCE CAMP



Idyllwild Folk Dance
Workshop

October 13-14-15, 1989

TEACHERS:

Beverly Barr
(International)

Jim Harris
(Scottish)

Sherry Cochran
(Balkan)

C A M P H E S S K R A M E R I N S T I T U T E

October 20-22, 1989

SHERRY COCHRAN

Berovsko za ramo	Macedonia.....	1
Brazdinsko oro.....	Macedonia	3
Cimencicek	Turkey	5
Debka La'emek	Israel	7
Hazi Csardas	Hungary	9
Kelekvan	Turkey	11
Mladinsko oro	Macedonia	14

BEVERLY BARR

Assyrian Sheikhani	Assyrian	16
Chaldean Skeikhani	17
Kopriva i oj sviraj svirce	Croatia.....	18
Line Sirto	Bulgaria	20
Maxixe	U.S.A.	22
Perach Ha'Midbar	Israel	24
Povrateno	Macedonia	26
Rata	Romania	29

JIM HARRIS

Scottish Steps, Terms & Styling ...	Scotland	32
Angus MacLeod	Scotland	36
Argylls Farewell to Stirling	Scotland	38
John McAlpin	Scotland	40

BEROVSKO ZA RAMO
Macedonia

This dance is from Berovo, region of E. Macedonia. The dance has been seen on many occasions such as holidays, Saint's Day's, weddings, Name Day's, etc/ It is typical of the area with many knee flexes and bounces. The movements are similar to "Ratefka" and "Berovka".

This dance was presented by Atanas Kolarovski at the 1989 Idyllwild Folk Dance Camp.

PRONUNCIATION: BER-rohv-sko zah RAH-moh

RECORD: AK-014, Side A, Band 3

FORMATION: If using segregated lines M are in "T" pos and W in "V". When dancing in mixed lines use "V" pos.

NOTE: This dance should not be learned from the notes, but from a qualified teacher as there are many knee flexes, lifts, bounces and subtle movements which are impossible to notate.

METER: 4/4

PATTERN

Meas

INTRODUCTION: 4 meas

PART I:

- 1 Facing and moving in LOD, lift on L (ah); step R fwd (ct 1); step R-L-R fwd (ct 2-3); bounce on R as L lifts fwd (ct 4).
 - 2 Small leap fwd on L (ct 1), step R-L-R fwd, face ctr on last step (cts 2-&-3); čukče on R as L knee lifts fwd (ct 4).
 - 3 Small leap sdwd L on L (ct 1); bounce on L (ct 2); step R in front of L (ct &); step L on L (ct 3); čukče on L as R knee lifts fwd (ct 4).
 - 4 Step R to R (ct 1); čukče on R as L knee lifts fwd (ct 2); step L-R in place (cts 3-&); step L fwd turning to face LOD.
- 5-24 Repeat meas 1-4, 5 more times (6 in all)

PART II:

- 1 Facing and moving in LOD, do 2 two-steps (step-close-step) fwd in LOD (1,2,& - 3,4,&).
NOTE: These steps are done in a flat-ball-flat style.

- 2 Step R fwd to face ctr (ct 1); step L slightly bkwd and behind R (ct 2); step R fwd in place (ct 3); step L twd ctr (ct 3); close R to L (ct 4); step L in place (ct &)--or bounce 2 times on L as R lifts behind L calf (cts 4-&).
- 3 Step R bkwd (ct 1); step L next to R (ct 2); step R in place (ct &); step L to L (ct 3); bounce on L (ct 4); step R across L (ct &).
- 4+1/2 Step L to L (ct 1); čukče on L as R knee lifts fwd (ct 2); step R to R (ct 3); čukče on R as L knee lifts fwd (ct 4). Step L in place (ct 1); step R next to L (ct &); step L fwd while turning to face LOD (ct 2).
- 5 1/2-9 Repeat meas 1-4 1/2.

PART III:

- 1 Facing and moving in LOD, step R-L fwd (ct 1-2); step R-L-R fwd (cts 3-4-&).
- 2 Step L-R-L fwd (cts 1,2,&); step R face to face ctr (ct 3); čukče on R as L lifts in front of R (ct 4).
- 3-6 Repeat meas 1-2 alternating ftwk and direction. (3 times in all).
- 7 Step L to L (ct 1); bounce on L (ct 2); step R across L (ct &); čukče on L as R lifts in front of L (ct 4).
- 8 Step R to R (ct 1); čukče on R as L lifts in front of R (ct 2); step L-R in place (cts 3-&); step L fwd to face LOD (ct 4).

PART IV:

- 1 Repeat Part III, meas 1. (RL fwd; RLR fwd)
- 2 Step L-R-L fwd (cts 1,2,&); step R fwd to face ctr (ct 3); step L behind R (ct 4); step R to R (ct &).
- 3-4 Repeat Part III, meas 7-8. (L to L, bnc L, Rx, lift R; R to R, lift L; LR in pl, L fwd)
- 5-12 Repeat meas 1-4, 2 more times (3 in all).

Presented by Sherry Cochran
Camp Hess Kramer Institute
October 20-22, 1989

Original notes by Fusae Senzaki, 1987
Rev. 1989: D.D.

BRAZDINSKO ORO
Macedonia

This dance is from the village of Brazda in central Macedonia, and was seen at the Bitola Festival, approximately 3 to 4 years ago by Atanas. Before being taught at the festival this was a village dance that was done at weddings, Saint's Day's, name Day's, etc. The character of this 11/16 meter dance has short steps with many knee flexes and bounces which has no similarity to other 11/16 meter dances.

This dance was presented by Atanas Kolarovski at the 1989 Idyllwild Folk Dance Camp.

PRONUNCIATION: BRAHZ-deen-skoh oh-roh

TRANSLATION: Village by the name of "Brazda"

RECORD: AK-013, Side A, Band 6

FORMATION: If using segregated lines M are in "T" pos and W in "V". When dancing in mixed lines use "V" pos.

RHYTHM: 11/16 counted: $\frac{1-2-3}{1}$ $\frac{4-5}{2}$ $\frac{6-7}{3}$ $\frac{8-9}{4}$ $\frac{10-11}{5}$ (SQQQQ)

NOTE: This dance has many subtle movements which are impossible to notate. The description contains only the basic movements, and is impossible to learn from the notes. All dances should be learned from a qualified teacher not from dance notes only.

METER: 11/16

PATTERN

Meas

INTRODUCTION: 8 meas (1 melody)

PART I:

- 1 Facing and moving in LOD, leap fwd on L (ct 1); step R-L fwd (cts 2-3, 4-5).
- 2 Turning to face ctr, hop on L as R lifts in front of L (ct 1); step R to R (cts 2-3); step L next to R (ct 4); step R in place (ct 5).
- 3 Hop on R as L lifts in front of R (ct 1); step L bkwd as R cuts bkwd twd R leg (cts 2-3); step R to R and face LOD (cts 4-5).

Repeat meas 1-3 for a total of 8 times.

FIG. II:

- 1 Moving in LOD, leap L fwd (ct 1); step R-L-R fwd - SQQ (cts 2-3, 4, 5).
- 2 Leap L fwd (ct 1); step R fwd to face ctr (cts 2-3); step L next to R (ct 4); step R in place (ct 5).
- 3 Repeat Fig I, meas 3. (hop R, raise L, L bk, R in LOD)
Repeat meas 1-3 for a total of 6 times.

FIG. III:

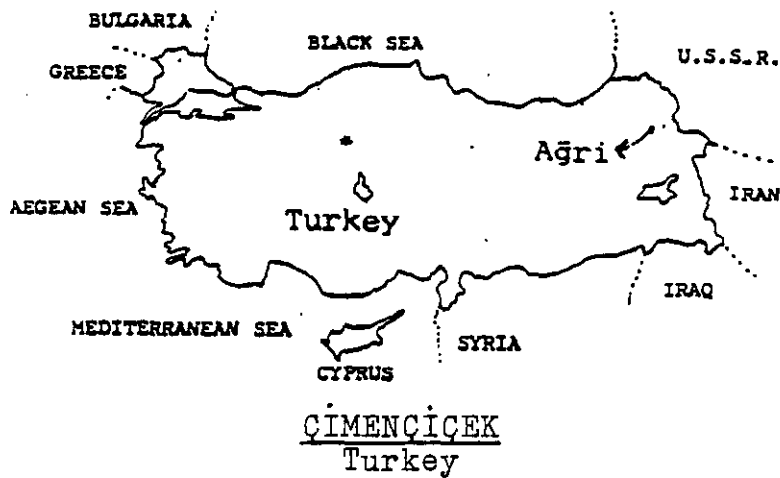
- 1-2 Repeat Fig II, meas 1-2, moving in LOD. (leap L, RLR; leap L, R, LR in pl)
- 3 Hop on R as L lift in front of R (ct 1); step L to L and face ctr (cts 2-3); large step R across L (4-5).
- 4 Hop on R as L lifts bkwd (ct 1); step L back in place to face LOD (cts 2-3); step R fwd in LOD (cts 4-5).
Repeat meas 1-4 for a total of 8 times, to end of music..

FIG IV (Men only - This was only demonstrated as an option)

- 1 Repeat Fig. II, meas 1.
- 2 Leap on L fwd (ct 1); step R fwd to face ctr (cts 2-3); squat (cts 4-5).
- 3-4 Repeat Fig. III, meas 3-4.

Presented by Sherry Cochran
Camp Hess Kramer
October 20-22, 1989

Original dance notes by Fusae Senzaki, 1989
Rev. 1989:dd



Cimencicek is the name of a girl from the town of Agri which is in eastern Turkey.

This dance was presented by Ahmet Lüleci at the 1989 Idyllwild Folk Dance Camp.

PRONUNCIATION: CHEE-men-CHEE-chech

TRANSLATION: Çimen means grass, çiçek means flower

TAPE: Tamara 89, AL 003

FORMATION: Semi circle with little fingers joined (R pinky over, L pinky under). Leaders free R hand moves as if joined to someone else.

STYLE: Halay style

RHYTHM: 6/8 counted here as: $\frac{1-2-3}{1}$ $\frac{4-5-6}{2}$

METER: 6/8

PATTERN

Meas

INTRODUCTION: 2 melodies

FIG. I:

Hands: L hand in small of own back, R hand joined fwd with person in front.

1 Facing LOD, step R diag R fwd (ct 1); close L toe beside R heel (ct &); step R diag R fwd (ct 2).

2-3 Repeat meas 1, alternating ftwk, 2 more times (3 in all).

4 Step L pivoting in place with deep plie to face ctr - arms extend fwd almost parallel to floor, elbows straight (ct 1); step R-L bkwd (ct 2-3); touch R toe slightly fwd - next to L toe (ct 4).

Do Fig I a total of 4 times.

FIG. II:

- 1 Repeat Fig I, meas 1. (R fwd; L toe behind R heel, L fwd)
- 2 Repeat Fig I, meas 4 with opp ftwk. (plie L, RL bk, tch R w/arms fwd)
- 3 Moving twd ctr, arms fwd, step R fwd (ct 1); step L toe beside R heel (ct &); step R fwd (ct 2).
- 4-5 Repeat meas 3 alternating ftwk, 2 more times (3 in all).
Note: Meas 3-5 are two-steps.
- 6 Brush/kick L fwd from knee (ct 1); brush L bkwd from knee (ct &); brush/kick L fwd again (ct 2); brush L bkwd again (ct &).
- 7-8 Step bkwd on toes, LRL-RLR (cts 1,&,2 - 1,&,2).
- 9 Stepping LRL in place - arms move L,R, ctr in "W" pos (cts 1,&,2), touch R toe slightly fwd - hands move over the water fall to "V" pos (ct &).
Note: Hands are approx at shldr ht in "W" pos and slightly fwd to move in "windshield wiper" fashion.

Do Fig II, 2 times in all, then repeat from beginning of dance one more time.

FINISH:

On last ct of Fig II, instead of touching R toe in place, lift R up in bicycle style and close R to L - arms lower to "V" pos ("over the waterfall" fashion)

Notes rev.. 1989:dd