



Camp Hess

Kramer

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Delčevsko Horo

Inčirtita

Oj Rastiću

Šušnjati - Mista

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DELČEVSKO HORO
(Macedonia)

Delčevsko Horo (Dehl-tcheff-skoh Ho-roh) comes from the area around the small town of Delčevo on the Bulgarian-Jugoslav border in Macedonia (Pirin). It has a ten measure pattern and is closely related to Ratevka, Berovka, Kopačka and other dances from the Radoviš and Strumica region. It was observed at a festival in Petrič, Bulgaria and as done by a village group from Simitli village, Blagoevgrad District, Spring 1970. This dance was originally presented by Yves Moreau.

MUSIC: Record: RPC BG-1001, Side B, Band 1.
7/16 Meter (1-2 1-2 1-2-3; Counted here as 1,2,3.
Like a "račenica").

FORMATION: Short lines of M and W with belt hold, L over R.
Face R to ctr (LOD), with wt on L.

STYLE: Heavy peasant styling. Slight knee bend. Upper part of body is erect.

MUSIC 7/16

PATTERN

Meas.

- 1 Wt on L, moving and facing LOD, small lift on L (ct 1), step on R (ct 2), step on L (ct 3)
- 2 Repeat meas 1
- 3 Facing ctr, small lift on L (ct 1), small step on R heel to R (ct 2), step on L behind R (ct 3).
- 4 Small step on R to R (ct 1), raise L leg crossing slightly in front of R (ct 2), lift on R keeping L raised with knee bent (ct 3).
- 5-6 Repeat meas 3-4, reversing direction and ftwk.
- 7 Repeat meas 4.
- 8 Repeat meas 4 with opp ftwk.
- 9 Still facing ctr, small step on R in place, bending upper part of body slightly (ct 1), small step on L next to R keeping body bent (ct 2), small sharp stamp with R next to L with wt picking up L sharply and slightly up behind (ct 3).
- 10 Lift on R ft turning to face LOD and extending L leg sharply fwd, upper part of body now becomes straight (ct 1), hold (ct 2), step on L fwd in LOD (ct 3).

Repeat dance to end of music.

Presented by Billy Burke

INVIRTITA
(Romanian)

This dance was seen at the student festival in Agafton, near Botosani.

MUSIC: AMAN 105. For notating this dance a meter of 11/16 is used, and a dance beat of $\frac{1,2}{1} \frac{3,4,5}{2} \frac{6,7,8}{3} \frac{9,10,11}{4}$ as ct 1,2,3,4.

FORMATION: Cpls scattered around the floor in shldr-waist pos.

HANDS: When hands are free they maybe either down to sides or on waist with fingers fwd.

MUSIC 11/16

PATTERN

Meas.

CHORUS

- 1 Both step on R toe to R (ct 1), step L across R continuing CCW turn (ct 2), step on R toe to R (ct 3), turning back to L, lower onto whole R (ct 4).
- 2 Repeat meas 1 with opp ftwk and direction.
- 3-4 Repeat meas 1-2.
- 5 Repeat meas 1, cts 1-2, twice (2 times).
- 6 Repeat meas 1.
- 7-8 Repeat meas 5-6 with opp ftwk and direction.

STEP I

Basic Step for Step I and Step II: Both step R (ct 1,2), step L (ct 3), step R (ct 4). Use opp ftwk with next Basic Step.

- 1-3 Dropping shldr-wiaist pos, cpls take a high inside hand-hold, W on M's R. (M R, W L hands are joined). M remains in place doing basics, while W passes behind M with three (3) basics. W ends with R shldr twd M chest.
- 4-5 W makes 1-1/2 turn in place in front of M, by going fwd under joined arms turning CCW. W ends with L shldr twd M chest.
- 6-8 W returns to place (starting pos of Step I) with hands coming down on meas 8.

STEP II

- 1-4 With same basic step, joined hands come up and W moves straight fwd ahead of the M with one (1) basic - W keep back to M. With two (2) basics W turn twice CCW under joined hands and backs to place on meas 4; hands come down.

These steps may be done in any order. We suggest the following as a possibility:

Chorus, 16 meas (Once through as written)

Step I, 16 meas (Twice through as written)

Chorus, 16 meas

Step II, 16 meas (Four (4) times through as written)

Repeat this whole sequence.

Presented by Billy Burke

Camp Hess Kramer, October 1974

OJ RASTIČU ŠUŠNJATI - MISTA
(Slavonija, Croatia)

Oj rastiču šušnjati - mista (Oy rahs-tee-choo shoosh-nyah-tee) has been performed by various Slavonian groups in Zagreb. It was learned from Nena Sokčić of Lado.

RECORD: AMAN 105

FORMATION: Mixed circle. Front basket hold, R over L.

Note: This is really a small suite or medly of Slavonian dances.

MUSIC 2/4

PATTERN

Meas.

PATTERN I

- 1 Step fwd on R (ct 1), slight lift on R (ct &), step on L to L (ct 2), slight lift on L (ct &).
- 2 Step back on R (ct 1), slight lift on R (ct &), step on L to L (ct 2), slight lift on L (ct &).
- 3-10 Repeat meas 1-2.

Note: The body is held ctr throughout this movement.

PATTERN II

- 1 Step in place on R (ct 1), bounce twice on both ft, which are about shldr width apart (ct 2,&).
- 2 Step in place on L (ct 1), bounce twice on both ft which are not quite together (ct 2,&).
- 3-24 Repeat meas 1-2.

Note: This pattern moves very slightly to the L.

PATTERN III

- 1 Turning slightly to L, step R (ct 1), hop on R moving to L (ct 2).
- 2 Hop on R twice moving to L (ct 1-2), step L in place (ct &)
- 3-8 Repeat meas 1-2.

Note: This step moves to L.

PATTERN IV

- 1 Jump lightly onto both ft (ct 1), bounce twice on both ft (cts 2,&).
- 2-8 Repeat meas 1.
- 9 Moving into the circle, step R bending knee (ct 1), hop on R (ct 2).
- 10 Repeat meas 9 with opp ftwk.

