

UZI VEZIMRAT YAA

Men's circle dance, facing Ccw, hands joined down in a single circle. Girls dance outside the circle without holding hands. L footed dance.

PART I

- 1 L step back, around Cw. } very quick balance, with shoulders
 and R step fwd to place. } not moving from place.
 2 L } step hop fwd, around Ccw.
 and L }
 3 R } step hop fwd, around Ccw.
 and R }
 4 L step fwd, around Ccw, beginning leap fwd.
 5 B land fwd, to Ccw, with body facing in twd Ctr. Shoulders stay back in place.
 and R hop back, facing Ccw. Feet are now under body again. Debka.
 6 L } close, light stamp, facing Ccw.
 7 R }
 8-14: repeat.

PART II

- 1 L step back, around Cw, and clap. }
 and R step fwd to place. } almost repeating 1-2 of PART I,
 2 L } step hop fwd, around Ccw. } hands no longer joined.
 and L }
 3 R step fwd, around Ccw, beginning high leap fwd.
 4 B land fwd, around Ccw, in a crouch, R ft fwd, L toe back,
 making a fist with R hand fwd and showing off muscle. L arm down.
 5 L rise to normal height and simultaneously pivot CCW through Ctr to face Cw.
 6 R close, facing Cw.
 7-12: repeat, facing Cw and pivoting CCW through out-from-Ctr to face Ccw;
 then rejoin hands for PART I.