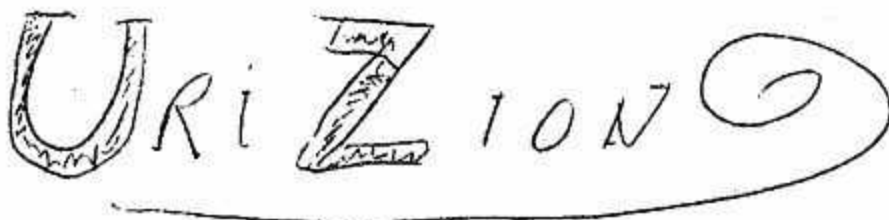


URI ZION (Arise Zion)
Israel



Dance: Rivka Sturman

Music: Vilensky

RECORD: Tikva T-140

Formation: Circle, face center, join hands.

PART ONE

- 1-4 Mayim Left
- 5-6 Face CCW. Step-hop L ft forward
- 7-8 Step-hop R. ft forward
- 9-32 Repeat 1-8 three more times

PART TWO

- 1-2 Face center. Step-bend L ft to Left side
- 3-4 Step-bend R ft to Right side
- 5 Leap on L ft to Left side
- 6 R ft crosses in front of L ft
- 7-8 Repeat 5-6
- 9-24 Repeat 1-8 twice more
- 25-28 Repeat 1-4. On last step release hands and face CCW
- 29-32 4 running steps FWD L, R, L, R. Clap on each step.

Presented by Teme Kernerman at Maine Folk Dance Camp 1985