

UNTERWESTNER SHUHPLATTLER - Bavarian

MF-2, B-4

The source for the Unterwestner Schuhplattler is John Milek, an authority on the dances and music of Bavaria.

FORMATION: Couples, inside arms linked (W's L arm holding M's R arm); outside hands on hips.

Entrance - Walk fwd around room with 32 walking steps. Reverse - walk 32 CW. Join inside hands at end, facing CCW.

Meas.	Cts.	MAN	WOMAN
		Introduction	
1	1,2,3	Balance away from ptr (step L, swing RF across)	Balance away from ptr (step R, swing LF across)
2	1,2,3	Balance twd ptr (step R, swing LF across)	Balance twd ptr (step L, swing RF across)
3	1	Release handhold, giving W impulse to twirl; slap L shoe in back with RH, jumping onto RF	Release handhold and twirl CW twice around.
	2,3	Do a scissors kick (kick L leg fwd with straight knee while slapping L thigh with LH; kick R leg fwd, raising it high, touch R toe with RH)	
4	1	Stamp RF, raising both hands in front at head level, palms turned fwd.	Finish facing partner, hands on hips.
	2	Hold, facing ptr.	Hold.
A		PLATTLE	
1	3	Clap ptr's both hands.	Clap ptr's both hands.
	1	Clap own hands in back.	Clap own hands in back.
	2	Clap own hands in front.	Clap own hands in front.
	3	Clap ptr's both hands.	Clap ptr's both hands.
2	1,2,3	Repeat action of Meas 1.	Repeat action of Meas 1.
3	1	Slap R thigh with RH.	With LH on hip and RH holding corner of apron, turn continuously CW, progressing in a small circle around ptr in a CCW direction. The rhythm is free. Continue through Meas. 3,4,5,6,7.
	2	Slap R thigh with RH	
	3	Slap L thigh with LH	
	4	Slap L shoe in front with RH	
	5	Slap L thigh with LH.	
4	1	Slap R thigh with RH	
	2	Slap L thigh with LH	
	3	Slap R shoe in back with RH.	
5	1,2,3	Repeat plattle of Meas. 3.	
6	1,2,3	Repeat plattle of Meas. 4.	

UNTERWESTNER SHUHPLATTLE (continued)

Meas.	Cts.	MAN	WOMAN
7	1,2,3	Repeat plattle of Meas. 3	
8	1	Jump on both feet, hands raised in front, palms fwd	Finish facing ptr.
	2	Hold.	Hold.
	3	Clap ptr's both hands.	Clap ptr's both hands.
9-16		Repeat entire sequence as described above (Meas. 1-8).	Repeat entire sequence as described above (Meas. 1-8)
1-16		Repeat the entire plattle figure.	Repeat the entire plattle figure.

NOTE: During the plattle figure, M continuously faces his ptr, turning in place to follow her as she spins around him during Meas. 3-7. M hops alternately on RF 3 times per measure (Meas. 3,5,7), and LF 3 times per measure (Meas. 4,6). The slapping sounds must be precise and very rhythmic, and a characteristic flirtation should be evident throughout the dance.

8		LAENDLER (Nachspiel)	
1-4		Moving in a CCW direction around room, chase ptr, flicking her skirts occasionally. The rhythm is free.	Turn CW continuously as during the plattle figure, but progress CCW around the room.
5-15		Take social dance position and do a laendler waltz, turning CW and continuing to advance around the room CCW.	Turn to face ptr as social dance position is assumed, and waltz around, turning CW and progressing CCW.
16		Twirl W once under L arm, drop hands and pause, ready to start repeating plattle sequence on 3rd ct. of this measure.	W is twirled once under her R arm, drop hands and pause facing ptr, ready to start plattle figure with 3rd ct.
A		PLATTLE	
1-16		Repeat plattle figure as before.	
1-16		Repeat plattle figure as before.	
B		LAENDLER	
1-16		Repeat the Laendler figure as before.	
Finish		M raises LH (holding W's RH) over W's head, turning her CW 3/4 around; he goes down on R knee and they pose with M's LH holding W's RH above his head, M's RH holding W's LH behind her back. W bends toward M as they look at each other.	