

UNTERWESTNER SCHUHPLATTLER

(BAVARIAN)

RECORD: Imperial 1224 FAB 101 (Folk Arts Bazaar 101)

FORMATION: Couples, inside arms linked (W's L arm holding M's R arm); outside hands on hips.

Entrance - Walk fwd around room with 32 walking steps. ^{Reverse & walk CW 32 steps.} Join inside hands at end, facing CCW.

Meas.	Cts.	MAN	WOMAN
		Introduction	
1	1,2,3	Balance away from partner (step L, swing RF across)	Balance away from partner (step R, swing LF across)
2	1,2,3	Balance twd partner (step R, swing LF across)	Balance twd partner (step L, swing RF across)
3	1	Release handhold, giving W impulse to twirl; slap L shoe in back with RH, jumping onto RF	Release handhold and twirl CW twice around
	2,3,	Do a scissors kick (kick L leg fwd with straight knee while slapping L thigh with LH; kick R leg fwd, raising it high, touch R toe with RH)	
4	1	Jump on both feet, raising both hands in front at head level, palms turned fwd.	Finish facing partner, hands on hips.
	2	Hold, facing partner.	Hold
		Plattle	
	3	Clap partner's both hands	Clap partner's both hands.
1	1	Clap own hands in back	Clap own hands in back.
	2	Clap own hands in front	Clap own hands in front.
	3	Clap partner's both hands.	Clap partner's both hands.
2	1,2,3	Repeat action of Meas. 1	Repeat Action of Meas. 1.
3	1	Slap R thigh with RH	With LH on hip and RH holding corner of apron, turn continuously CW, progressing in a small circle around partner in a CCW direction. The rhythm is free. Continue through Meas. 3,4,5,6,7.
	&	Slap L thigh with LH	
	2	Slap R thigh with RH	
	&	Slap L thigh with LH	
	3	Slap L shoe in front with RH	
	&	Slap L thigh with LH	
4	1	Slap R thigh with RH	
	2	Slap L thigh with LH	
	3	Slap R shoe in back with RH.	
5	1,2,3	Repeat plattle of Meas. 3.	
6	1,2,3	Repeat plattle of Meas. 4.	
7	1,2,3	Repeat plattle of Meas. 3	
8	1	Jump on both feet, hands raised in front, palms fwd	Finish facing partner.
	2	Hold.	Hold.
	3	Clap partner's both hands.	Clap partner's both hands.
9-16		Repeat entire sequence as described above (Meas. 1-8).	Repeat entire sequence as described above (Meas. 1-8)
1-16		Repeat the entire plattle figure.	Repeat the entire plattle figure.
		NOTE: During the plattle figure, M continuously faces his partner, turning in place to follow her as she spins around him during Meas. 3-7. M hops alternately on RF 3 times per measure (Meas. 3,5,7), and LF 3 times per measure (Meas. 4,6). The slapping sounds must be precise and very rhythmic, and a characteristic flirtation should be evident throughout the dance.	
		B Laendler (Nachspiel)	
1-4		Moving in a CCW direction around room, chase partner, flicking her skirts occasionally. The rhythm is free.	Turn CW continuously as during the plattle figure, but progress CCW around the room.
5-15		Take social dance position and do a laendler waltz, turning CW and continuing to advance around room CCW.	Turn to face partner as social dance position is assumed, and waltz around, turning CW and progressing CCW.
16		Twirl W once under L arm, drop hands and pause, ready to start repeating plattle sequence on 3rd ct. of this measure.	W is twirled once under her R arm; drop hands and pause facing partner, ready to start plattle figure with 3rd ct.
		A Plattle	
1-16		Repeat plattle figure as before.	
1-16		Repeat plattle figure as before.	
		B Laendler	
1-16		Repeat the Laendler figure as before.	
Finish		M raises LH (holding W's RH) over W's head, turning her CW 3/4 around; he goes down on R knee and they pose with M's LH holding W's RH above his head, M's RH holding W's LH behind her back. W bends twd M as they look at each other.	

The source for the Unterwestner Schuhplattler is John Milek, an authority on the dances and music of Bavaria.