

Üg ~~AYAK~~ AYAK from KARS
(Turkey)

SOURCE: Turkish National Ensemble in 1977. Learned in Ankara, 1977 from Mr Ercüment Kiliç. Also recorded the music along with Bora Ozkok. A dance from the village (not the city) of Kars, in Northeastern Turkey on the Russian border. East of the Black Sea, southwest of the Caucasus mountains.

RECORD: Horon 102 Side 2, Band 1 A 2 min slow, 1 min fast, 3 min intermediate dance.

FORMATION: Men and women in a line. Little fingers hooked in the 1st and slow part of the dance. In the fast part, hands are held above the head and the elbows straight.

METER: 4/4

PATTERN

Cts: INTRODUCTION:

Start with immediate music or wait 8 cts, bouncing in place.

STEP I: SLOW WALK TO LOD (Head looking LOD)

- 1-2 In LOD, facing LOD, step R, hands move to R (ct 1) cross L, still facing LOD and hands move to the L (ct 2) (also head looks twd opp LOD)
- 3-4 Step to R on R, hands bounce in place (3) cross L in front of R, touch toe, hands bounce in place (4) head looks in LOD in cts 3-4.
- 5-6 Step in place on L, hands bounce in place (ct 5) cross R in front of L to the L and touch toe, hands bounce in place (ct 6) (head looks to L, RLOD) in cts 5-6
- 7-8 Extend R heel to R and touch, wt on L, head looking to R, hands bounce in place (ct 7) cross R in front of L, touch toe, hands bounce in place, head looks in RLOD and also as soon as crossing the toe and touch, hands are brought down and back quickly, ready for the fast part (ct 8)

Cts 1-8 are done until the music gets fast. In the fast portion, step is done exactly 10 time and all come to a halt, hands down.

STEP II: RUN-HOPSFootwork:

- 1-2 Moving LOD, hop onto the R (ct 1) hop onto the L (ct 2)
- 3-4 Jump in place on both ft (ct 3) lift L under body, bouncing on the R (ct 4)
- 5-6 Extend L to the ctr touching the toe, while bouncing on R (ct 5) lift the toe from the ctr-3 inches- up while bouncing on the R (6)
- 7-8 Touch L toe to ctr again, bouncing on R (ct 7) hop onto L in place, lifting R leg in back slightly (ct 8)

Handwork: RUN-SWING HANDS

- 1-4 Hands swing fwd (ct 1) hands swing bckwd (ct 2) hands swing fwd (ct 3) hands hold above head (ct 4)
 - 5-8 Hands are up (ct 5) hands are up (ct 6) hands are up (ct 7) hands swing down and back (ct 8)
- Cts 1-8 are done 10 times in the fast part.

Presented at the North Country Folk Dance Camp, Duluth, Minnesota August, 1977