

U KRUSEVO OGINGORI

(Macedonia)

Translation: In Kruševu a fire of revolution is burning.

Record: Folkraft LP 24.

Rhythm: 18/16 or 11+7/16 d d d. d d d. d d

Starting position: This is a line dance for M and W in separate lines; M shoulder hold, W hands held at shoulder height. R ft free.

Measure

Pattern

Part 1 (Men)

- 1 Facing ctr, step on R ft in place (ct 1). Step on L ft in place (ct 2). Step on R ft in place, swinging L ft back, L knee bent, body leaning slightly fwd (cts 3-5). Straightening body, raise L leg, knee bent, fwd and up (ct 6). Swing L leg from knee down in a dipping arc to the R, flexing and straightening L knee slightly (cts 7-8).

FOLK DANCE CAMP - 1968

*Cont*

(44)

U KRUSEVO OGINGORI (continued)

2 Same as meas 1, only reversing ftwork and direction.

3-4 Same as meas 1-2.

5-8

Part 1 (Women)

1 Facing ctr, step on R ft in place (ct 1). Step on L ft in place (ct 2). Step on R ft in place (ct 3), bending fwd slightly, flexing R knee, while tapping L toe twice directly behind R heel (cts 4-5).

Straightening body, raise L leg, knee bent, fwd and up (ct 6).

Swing L leg from knee down in a dipping arc to the R, flexing and straightening L knee slightly (cts 7-8).

2 Same as meas 1, only reversing ftwork and direction.

3-4 Same as meas 1-2.

5-8

Part 2 (Men)

1 Turning to face and moving slightly R, two steps (R, L) fwd (cts 1, 2).

Step fwd on R ft, raising L knee high (ct 3). Hop on R ft (ct 4)

and step fwd on L ft (ct 5). Hop on L ft, raising and tucking R ft behind L knee (ct 6). Two steps fwd (R, L) (cts 7, 8).

2-4 Repeat pattern of meas 1 three more times.

Part 2 (Women)

1 Facing slightly and moving R, 2 steps fwd (R, L) (cts 1-2).

Step fwd on R ft (ct 3). Close and tap L toe next to R ft (ct 4).

Hold (ct 5). Step fwd on L ft (ct 6). Close and tap R toe next to L ft (ct 7). Hold (ct 8).

2-4 Repeat pattern of meas 1 three more times.

Part 3 (Men and Women) "Fast"

1 Facing slightly and moving R, two running steps, R, L (cts 1+2).

Turning to face ctr, step on R ft in place, bending R knee slightly (ct 3) and closing L ft to R bounce twice on both heels (cts 4-5).

Step slightly bkwd on L ft, bending L knee slightly (ct 6) and closing R ft to L bounce twice on both heels (cts 7-8).

2 Turning to face R again, two running steps fwd, R, L (cts 1-2).

Turning to face ctr, a small leap in place on R ft, flinging L ft across and behind R calf (ct 3). Alternate three more fling steps for a total of four (i.e.; L ft fling (ct 3), R ft fling (ct 4-5), L ft fling (ct 6), R ft fling (ct 7-8)).

Repeat pattern of meas 1-2 until end of dance.

Presented by Atanas Kolarovski