

## MACEDONIA (VARDAR)

Ovče Pole (Sheep's field) is a small plain running from Štip on the east to Sv. Nikole on the north and almost, but not quite, to Veles on the west.

This dance comes from the area around Sv. Nikole.

Record; Jugoton LPY 50985 Side 1, band 3.

Rhythm: 11/16 1 2 3 4 5 or quick, quick, slow, quick, quick

Formation: Open circle. Hands are joined and held down. Face R of centre

Source: Pece Atanasovski, Toronto 1972 & summer 1982 at Macedonian Folklore Seminar in Otesevo, Macedonia..

Figure I

- Meas. 1 Facing slightly R, step on R heel lightly to R (ct.1) place weight on R (ct.2), step on L to R (ct.3), čukče on L, raising R (ct.4), step on R to R (ct.5)
- 2 čukče on R, raising L (ct.1), step on L to R (ct.2) facing centre, čukče on L, simultaneously R points slightly forward, close to floor (ct.3), again, čukče on L, simultaneously R rises slightly (ct.4) small step backward on R (ct.5)
- 3 Small step backward on L (ct. 1), small step forward on R (ct.2), repeat counts 3-5 meas. 2, opposite footwork.

Figure II

- Meas. 1 Step R to R (ct.1), step L to R (ct.2), step R to R (ct.3), small hop on R (ct.4), step L to R (ct.5).
- 2 Step R to R (ct.1), step L to R (ct.2), facing centre, small hop on L, simultaneously pointing R forward, close to floor (ct.3), again, small hop on L, simultaneously picking up R slightly (ct.4) small step backward on R (ct.5)
- 3 Small step backward on L (ct.1) small step forward on R (ct.2), repeat counts 3-5, meas. 2, Figure II, opposite footwork.

Figure III

- Meas. 1-2 Repeat pattern of meas. 1-2, Figure II
- 3 Facing to L, step L to L (ct.1), step R to L (ct.2) Two small hops on R moving slightly forward on each hop (cts.3,4). During these hops or chugs, the L leg points forward, close to floor, L knee very slightly bent, step on L to L (ct.5).
- 4 Čukče on L, raising R (ct.1) step R to L (ct.2) facing centre two small hops on R simultaneously picking up L (ct.3,4) small step on L backward (ct.5)

Presented by -  
Olga Veloff Sandolowich

Maine Folk Dance Camp 1985.