

# OSTROPAT

(Moldova)

A type of dance popular at weddings in Central Moldova combining circle and cpl patterns.

**Source:** G. Ivanov, Vesselia Ensemble, Kishinev, Moldavia 1990  
**Music:** Yves Moreau CD  
**Rhythm:** 7/8, counted here as 1,2,3 or 1-2, 1-2, 1-2-3  
**Formation:** Cpls in a closed circle. W on M's R. Hands joined at shldr height in W pos.  
Face ctr, wt on L

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**Measure: 7/8**

**Pattern**

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## 1. Forward and back & woman around man

- 1 Step fwd on R towards ctr (1) pause (2) step fwd on L (3)  
2 "Sink" onto R in place (1) touch ball of L briskly next to R (2) step on R in place (3)  
3-4 Repeat pattern of meas 1-2 with opp direction and ftwrk  
5-8 Repeat pattern of meas 1-4  
9-12 Using small running steps (R-L-R) W runs full turn CW around M (from behind),  
inside hands are up (free hand on hip). M do small 1-2-3's in place  
13-16 Facing partner with shldr-waist pos "swing" partner around CW, one full turn using small  
running steps L-R-L  
17-32 Repeat pattern of meas 1-16, ending with partner to side, all cpls facing R of ctr (to begin next  
figure)

## 2. Travel

- 1 With partner to side and facing R of ctr, do a set of 1-2-3's (R-L-R) swinging inside hands fwd  
and outside hands back  
2 Do another set of travelling 1-2-3's (L-R-L) swinging inside hands back and outside hands in  
3-4 Repeat pattern of meas 1-2  
5-8 Repeat pattern of meas 9-12, Fig. 1  
9-16 Repeat pattern of meas 1-8 ending up in circle pos to begin Fig. 3

## 3. Forward and back, woman around man with hand claps

- 1-4 Repeat pattern of meas 1-4, Fig. 1  
5-8 W runs around M in CCW direction, passing in front of M and using 1-2-3's. W  
hands are resting on hips. M stay in place doing 3's and clapping hands ti rhythm  
(qqS) and keeping eye contact with partner  
9-16 Repeat pattern of meas 9-16, Fig. 1  
17-32 Repeat pattern of meas 1-16 ending in a circle to repeat dance

Dance repeats one more time as above, end last measure facing center with step-stamp

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