

ONEG SHABBAT

Israel

Presented by Dani Dassa

Record: Rikud

Source: Dani Dassa

Formation: Lines, hands joined held down

Part I:

- 1 - 2 Hold
- 3 - 4 Step R to R side
- 5 - 8 Yemenite step L and Hold
- 9 - 10 Shift weight back on R; shift weight fwd on L
- 11-12 Step R fwd with slight knee bend (hands crossed in front, snap fingers) and Hold
- 13-17 Yemenite step L and (16) Close (17)
- 18-34 Repeat 1-17

Part II: Facing center, R hands on R shoulder of person to your R, L hand free and forward

- 1 - 2 Step R to R side
- 3 - 4 Cross L in front (snap fingers of L hand)
- 5 - 8 Repeat 1-4
- 9 - 10 Step R to R side; step L to L side
- 11-14 Releasing hands, 2-step full turn R (slow, r,l)
- 15 Step hop on R, hands joined down
- 16 Cross L in front of R
- 17-18 Shift R back (leaning back)
- 19-20 Shift L fwd (leaning fwd)
- 23-24 Cross R over L and (24) Hold
- 25-26 Hop on R in place twice
- 27-29 Yemenite step L
- 30 Jump R back with slight knee bend
- 31-32 Step L fwd (31); Close R to L (32)
- 33-64 Repeat Part II, 1-32

Part III: Moving CCW, hands joined up, bent at elbows

- 1 - 4 Starting R, step together step (R,L,R) and Hold
- 5 - 8 Starting L, step together step (l,R,L) and Hold
- Pivoting on L making $\frac{1}{4}$ turn L
- 9 - 10 Step R to R side: step L to L side
- 11-13 Three bouncy steps to center, R,L,R and
- 14 lift L slightly next to R
- 15-17 Going back, 3 steps L,R,L and
- 18 Lift R slightly next to L
- 19-20 Step R back; Step L fwd
- 21-22 Close R to L and Hold
- 23-44 Repeat Part III, 1-22

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