

**OKLAHOMA MIXER**  
(American)

This dance was taught by Rev. Larry Eisenberg at the Pacific Recreation Laboratory School, Asilomar, California, September 1947. This progressive type dance is popular in the Southwest, particularly Texas. The title, "Oklahoma Mixer" is used here because the present version was learned in Norman, Oklahoma.

**MUSIC:** Records: Folkcraft 1035 "Oklahoma Mixer", Columbia 37332 "Starlight Schottische", Coral 60792 "Shepard's Schottische"

**FORMATION:** Cpls in double circle formation in Varsouvienne pos\* facing CCW.

**STEPS:** Two-step\*, Heel - toe\*

Measures

Pattern

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|     | <b>I. Two-Step and Walk</b>  |
| 1-2 | In Varsouvienne pos., cpls take a step-close-step hold diag. fwd L, starting with L ft. (cts 1,2,3,4) and a step-close-step hold diag. fwd R starting with R ft. (cts 1,2,3,4).  |
| 3-4 | Moving directly fwd, take 4 walking steps L,R,L,R. (Two steps to each meas. of music with a slight swagger).   |
|     | <b>II. Heel and Toe and Progress</b>   |
| 5   | Keeping same pos. both M and W place L heel diag. fwd L (cts 1,2) place L toe on floor directly behind R ft (cts 3,4).   |
| 6   | Dropping R hands, W crosses to L in front of M with 3 walking steps L,R,L, hold (cts 1,2,3,4) to end on inside of circle at L side of M f & facing in CW direction, at the same time M steps in place L,R,L, hold (cts 1,2,3,4).   |
| 7   | Starting with R ft, both repeat heel-toe pattern in place (cts 1,2,3,4).   |
| 8   | W takes 3 steps R,L,R, hold (cts 1,2,3,4) twd R side of next M in back of present ptr. At the same time, W turns slightly to L extending R hand across to take R hand of new ptr and reaching L hand back to assume Varsouvienne pos. M takes 3 steps moving slightly fwd R,L,R, hold (cts 1,2,3,4) extending R hand fwd to new W and leading W into Varsouvienne pos. |

Repeat sequence as long as desired. W moves back to new ptr at end of each sequence.