

MANITOU MIXER
Circle Mixer



Record: Shaw Record No. 3303

Formation: Closed pos., M facing LOD (W facing RLOD)

Footwork: Starting M's L opposite footwork throughout.

Introduction: 4 meas. of 2/4 time. Wait.

Measures:

- 1-4 **HEEL-TOE; HEEL-TOE; SLIDE, TWO; THREE, STEP - TOUCH;**
In closed pos., dance IN twd COH as described in the dance
"Manitou." Note that this part may be danced in two hand
facing position with newer or younger dancers.
- 5-8 **HEEL-TOE; HEEL-TOE; SLIDE, TWO; THREE, STEP-TOUCH;**
Repeat meas. 1-4, starting M's R, dancing away from COH,
ending in original places in circle.
- 9-16 **ALLEMANDE LEFT, GO RIGHT AND LEFT, and SWING THE
NEXT.** All dancers turn around to face corners. Allemand left
with corners, face person with whom they danced the "Heel
and Toe," join right hands and pass by, moving in Grand
Right and Left progression to pass the next person with the
left hand. Swing the next (3rd) until the music starts again.
Note that either a two-hand swing or a closed-position swing
may be used.

Note: BOTH of these dances are on the 'flip-side' of another
dance given here...the "Haverick Waltz Circle Contra"...making
this record especially useful!