

1 Circle Dances

MA NAVU (How Pleasant)

Dance: Raya Spivak
Music: Josef Spivak
Tikva LP 100

Formation: Circle, face center, all join hands

PART ONE

- 1-2: R points fwd
- 3-4: R points swd
- 5: R bwd
- 6: L closes to R
- 7: R fwd
- 8: Hold
- 9-10: L bwd
- 11-12: R fwd
- 13: L bwd
- 14: R fwd
- 15: L closes to R
- 16: Hold
- 17-32: Reverse 1-16

PART TWO

- 1-3: Yem R
- 4: 1/4 turn on R to right side (face CCW)
- 5-7: 3 steps fwd LRL
- 8: 1/4 turn on L to left side (face center)
- 9-32: Repeat 1-8 three more times