

## SWISS CIRCLE MIXER

This popular mixer is the only folk-type of dance done at the Swiss dances held at the Swiss Park in Newark, California, where it was observed and learned. Joe Reichmuth's Swiss Orchestra which frequently plays there made the recording.

Music: Swiss Festival 1003.

Formation (for Part I): Two complete circles, the W on the inside circle, hands joined and held rather low, the M forming the outside circle, joined hands held just below shoulder level.

### PART I

Meas.

1-16 The W moving to their R (CCW) and M moving to their L (CW), all walk briskly about 30 steps at the rate of two steps to the meas. The step is usually a shuffling walk. The M often use step-hops (on both feet at once) in unison and to the music.

### PART II

17-32 At the change of the music the M each select a W within reach and dance 16 laendler steps in conventional ballroom style.

33-40 Couple releases hold. W turns 4 times under M's R arm using 8 laendler steps and dancing CW. The M dances along using small clog-like quick stamps in rapid succession. These may be any combination that the M may choose. A simple, but popular sequence is the following:

Meas. 1 Step quickly on R ft, step quickly on L ft,  
Step quickly on R ft, step with an accent on the L ft,  
Pause.

Meas. 2 Repeat meas. 1.

Meas. 3 Repeat meas. 1.

Meas. 4 Stamp heavier on the R ft, stamp heavier on the L ft,  
Stamp heavier on the R ft.

This sequence is done twice to the 8 meas. of music (twice on the record are heard other, more elaborate combinations).

41-48 M and W again take ballroom position for 8 laendler steps.

Music for Part I is heard again. Couples separate, the W going into the center, M circling on the outside for continuation of the dance.

-- presented by John Filcich