

## KALADZOJ

(Albania)

**SOURCE:** An Albanian dance, the title coming from the word "kolc", or sabja polo-kruk, (half circle in Macedonian), describing the crescent moon-shape of the sword.

**MUSIC:**

**FORMATION:** Mixed or separate lines

**STYLE:** Correct styling is most important and when done well makes the dance very beautiful. The body is bent forward during the steps done in place, resuming an upright position for the traveling steps. Knees are flexible, lending a loose and graceful bounce to the steps. When the right foot extends outward, the left shoulder is held back, and the whole torso sways with the movement of the feet. When the left foot is forward, the left shoulder also moves fwd.

There are three possible positions for the hands. In a mixed line, the W hold may be used. In separate lines, W place the R hand on R hip, and extend the L arm to shldr of W on her L. Men use shoulder hold. Or: L arm extends straight out to L side in front of R arm of the dancer next to you. It should be just stiff enough to keep you an arm's length away. R arm is bent fwd at the elbow and held close to the body to support the dancer on your right. For the steps in place, women hook their hands on hips, while men raise R arm twd head when L leg is back & visa versa.

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**METER:** 12/16 SQQSQ

**PATTERN**

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**Meas**

Begin in place. Wt on L ft.  
Lift R ft high fwd.  
Step onto R heel with Pronounced toe-heel accent  
Step onto L ft fwd  
Leap onto R ft  
Bring L ft fwd in front of R ft pivoting on R  
Step onto L ft (3 cts are used to turn L ft inward & 2 cts to turn out.)  
Transfer wt onto R ft  
Lift L ft & step down behind or to side of R ft, according to personal style.  
Step fwd onto R ft  
Step back onto L ft  
Lift on L ft & swing R ft fwd diagonally  
Step down onto R ft  
Transfer wt onto L ft  
Repeat. Change in music signals change in step.

*Presented by Atanas Kolarovski at the Laguna Folkdancers Festival 1993  
Notes by M. Jaeger*