

Izručanka

(Bulgaria)

Learned by Yves Moreau, Fall 1971, from village dance group in Stanevo, Mihajlovgrad District in N. W. Bulgaria. This dance is quite common among Bulgarians and Vlachs (Romanian minorities) living in Northwest Bulgaria and has many variations from village to village.

Record: Worldtone WT-YM-ool B. 2/4 meter.

Formation: Mixed lines of M & W. Hands joined down at sides or belt hold, L over R. Face ctr, wt on L.

Style: Knees bent slightly. Steps are small. Stamps are low and sharp as in Romanian dances, upper part of body is erect and proud.

I. Basic Step (De Joc)

No introduction.

- 1 Step fwd diag R with R (ct 1). Hold (ct 2)
- 2 Step fwd diag R with L (ct 1). Hold (ct 2).
- 3 Step bkwd diag R with R (ct 1). Close L ft to R sharply (ct &).
Step bkwd diag R with R (ct 2). Close L to R sharply (ct &).
- 4 Step bkwd diag R with R (ct 1). Close L to R sharply (ct & 0).
Step bkwd diag R with R (ct 2). Facing ctr, small sharp stamp.
no wt, with L ft (ct &).
- 5-8 Repeat pattern of measures 1-4 reversing direction and footwork.

II. Single Stamp (Un)

- 1 Facing ctr, small step in place with R (ct 1). Sharp low stamp, no wt, with L next to R (ct &). Small step in place with L (ct 2).
Sharp low stamp, no wt, with R next to L (ct &).
- 2 Small step in place with R (ct 1). Sharp low stamp, no wt, with L next to R (ct &). Sharp low stamp no wt, with L slightly L (ct 2).
- 3 Reverse pattern of measure 2.

III. Double Stamps (Doi)

- 1 Repeat pattern of measure 1, Figure II exactly.
- 2 Repeat pattern of measure 1 exactly.
- 3-4 Repeat pattern of measure 2-3, Figure II.

IV. Triple Stamps (Trei)

- 1-3 Repeat pattern of measure 1, Figure II three times.
- 4-5 Repeat pattern of measure 2-3, Figure II.

There is no set sequence to dance. Leader calls figures at will.