IVANOVO ORO

Men in a line in shoulder hold. Women in a separate line outside the Men's line, hands joined and up. Formation:

Authentic motifs from Polog in Macedonia. Title translates "Ivan's Dance." Source:

Ciga & Ivon Volume 1, Side B, Band 1 Record:

11/16, counted as $\frac{12}{1}$ $\frac{12}{2}$ $\frac{123}{3}$ $\frac{12}{4}$ $\frac{12}{5}$ or QQSQQ Rhythm:

Meas Facing and moving LOD, step R lifting L (cts 1-2), lift on R heel with L in frt (ct 3), step L in frt (ct 4), step R behind lifting L sharply (ct 5) 1 Step L fwd (cts 1-2), lift R as you pivot on L to face ctr (ct 3), step R to R (ct 4), hold (ct 5) 2 With wt on R, touch L flat fwd (ct 1), hold (ct 2), lift L (ct 3), hold (cts 4-5) 3 Moving bwd, step L, R (cts 1,2), L across in frt to turn to LOD (ct 3), lift R behind L (ct 4), flex L knee (ct 5) 4

Variation of Meas 2 - Men Only

Step L fwd (ct 1-2), jump in the air on ct 3 and land on both on cts 4-5. To resume meas 3 as written, give a small jump and end in pos with L flat fwd



