

İŞTE HENDEK (eesh-teh hen-dek)
(Turkey)

SOURCE: This dance from eastern Turkey was learned by Bora Özkök from the University of İstanbul Ethnic Dancers in 1970.

MUSIC: Bora's Old Times Cassette. Side: 1 Band: 7

TIME: 2/4

FORMATION: Mixed lines, hands clenched, arms straight down at sides, bodies touching. Short lines (no more than ten). Inward pressure by everybody to hold the line close.

STEPS AND STYLING: Leader calls steps, usually in order. Each line should be very tight and straight and move as a unit.

Measure FIGURE I
1 Facing LOD, step R (ct 1); step L (ct 2).
2 Face ctr and step R (ct 1), bending body bwd, bend L leg at knee and place L ft behind R calf (ct 2).
3 Moving bwd, step L (ct 1), step R (ct 2).
4 Step bwd on L next to R and bend knees and bend body bwd (ct 1), straighten and bounce twice quickly on both feet (cts 2&).

VARIATION I
1 Repeat meas 1, FIG I.
2 Keeping R leg stiff in front, hop twice on L (cts 1&); face ctr and step on R (ct 2); bend L knee and place L ft behind R calf while bending bwd (ct&).
Repeat meas 3-4, FIG I.

FIGURE II
1 Repeat meas 1, FIG I.
2 Face ctr and step on R (ct 1), bending slightly fwd and bending and lifting L leg slightly in back, chug bwd on R (ct 2).
3-4 Repeat meas 3-4, FIG I.

VARIATION II
1 Repeat meas 1, FIG I.
2 Hop twice on L, keeping R leg stiff in front (cts 1&); face ctr and step R (ct 2); chug bwd on R, leaning fwd slightly and lifting and bending L leg slightly in back (ct &).
3-4 Repeat meas 3-4, FIG I.

Presented by Bora Özkök