

ISAS
(Canary Islands)

SOURCE: A dance from the Canary Islands, from the island of Tenerife
 MUSIC: Record: Mendocino 103-68 Canary Island Spain
 FORMATION: This is a circle dance, but dancers don't start in a circle. They enter from the side, one behind the other. There can be any number of cpls (from 4 to 8 is usual). This one is counted for 6 cpls.
 STEPS: Waltz step

METER: PATTERN

Meas

PART I ENTRANCE

Balance left, balance right. Waltz fwd 16 waltz steps following leader into a circle. Cpls enter M on L; W to his R. Inside hands joined.

PART II FUERA

Leader calls out the word FUERA and dancers go into a single circle, the waltzing never stops, continue moving from a dbl circle into a single circle.

PART III UNO

M puts his R hand over the head of the W in front of him (do not drop hands - take the hand of the W in front of him, around her head and to her R shldr)

PART IV CAMBIO

Change - unwind the hand, reverse the direction, and place L hand over the head of the W to his L. Circle 8 in this direction, then unwind.

PART V CADENA

Grand right and left (M don't move, only the W travel). When you get to your ptr, reverse the direction (M turn to face opp direction) again, only the W travel.

PART VI MUJERES DENTRO

W go to ctr to form a dbl circle - W circle to R, M reverse and travel in opp direction.

PART VII REVERSA

Both M and W reverse direction (circle the other way)

PART VIII UNO

W drop hands, move into the ctr of circle with arms overhead, in an oval, they do 2 waltz steps into circle, then 2 turning to R, they go back to M's circle, but progress one place to the R. Balance

Cont

ISAS (Cont'd)

fwd and back - place their hands on the shldr of the M on either side. W repeat this pattern until they return to original place. The circle keeps rotating as they do this pattern. OTRO is called as the W move back to the circle.

PART IX MUJERES DENTRO

W go to the ctr, join hands and circle to the R. Reverse. M circle in opp direction. The two circles come close together, but the W do not drop hands.

PART X HOMBRES DENTRO

M drop hands, turn to their L, back up under the W's joined hands, bring their arms up and over the W and join hands behind the W's back on outside of circle. Circle continues to rotate CCW. FUERA: M go out of the circle. Drop hands, turn to their R, "duck" under the arms and back out.

PART XI CADENA

Grand right and left as in Part V.

PART XII ADENTRO

Men's Mill - M places his R hand around his ptr waist, goes to the ctr and places his L hand on the shldr of the M in front. VUELTA: M drops L hand, cpls rotate together in place CCW. Cpls keep going fwd and again M places hand on shldr in front of him. VUELTA: Twirl M spins W twd the outside and sends her to M in front. This is repeated until W reaches her original ptr.

PART XIII MUJERES DENTRO

W to the ctr as in Part VI, but this time they circle first to the L and then to the R. (Place L hand on bent arm of W to her L)

PART XIV UNA CON LA CONTRARIA

One with your corner. M raises his R arm over his head. He pulls his L hand lady with his L hand all the way around him. When she is in front of him, he drops his L hand, takes her L hand with his R, twirls her around (CW) and pulls her around to join the circle, on his R. OTRA signals another progression. Figure continues until W reaches her original ptr.

PART XV

Lead cpl breaks up the circle and everyone follows them (W to R of M) into a single line down the ctr. "Dip and Dive" figure. Lead cpl goes under arch of cpl behind them, then arch over the next cpl continuing arching alternately until they reach the back, then come home. Every cpl follows lead cpl's arching until everyone is back in original place. Lead cpl then arches over all the others to the ft of the set. Lead cpl and every alternate cpl changes place with own ptr. at FUERA M back away from ctr with their ptr to form two sets of cpls. At signal from lead M, he and the M at the ft of the other set, lead their sets around the outside of their own set (W go around their outside). Lead cpl ends in front. Join hands with ptr, keep balancing fwd and back. Turn to face audience, join hands along the line and bow.

ERRATA

Ag

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ISAS

Add to end of formation: Each figure maybe done as many times as you wish and in any order though some have a more locical order than others.

Meter: 3/4

Part VIII, it takes 6 meas to do this figure once.

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Part XII, add to end of sentense in line 4: release hold and join inside hands.

Part XV, add to end of line 2, beginning of line 3: turns 1/2 M CW, W CCW and

Add to end of Line 12, bakance fwd and back