

ISAS

ISAS-- A dance from the Canary Islands, from the Island of TENERIFE

Record: Mendocino # 103-68 Canary Island

This is a circle dance, but dancers don't start in a circle, They enter from the side, one behind the other. There can be any number of couples --(from 4 to eight is usual) This one is counted out for 6 couples.

BASIC STEP: a waltz step

ENTRANCE: BALANCE left, BALANCE right, Waltz forward 16 waltz steps--following "leader" into a circle. Couples enter Man on left, woman to his right. Inside hands joined.

FUERA : Leader calls out the word "FUERA" and dancers go into a single circle--the waltzing never stops ;- continue moving from a double circle into a single circle.

UNO Man puts his right hand over the head of the woman in front of him (do not drop hands--take the hand of the woman in front of him, around her head & to her right shoulder .

CAMBIO -- (Change) Unwind that hand, reverse the direction, and place left hand over the head of the woman to his left. Circle 8 in this direction, then unwind

CADENA Grand right & left (men don't move, only the women travel)

When you get to your partner, reverse the direction (men turn to face opposite direction) again, only the women travel

MUJERES DENTRO: Women go to center to form a double circle --women circle to right, men reverse and travel in opposite direction.

REVERSA both men & women reverse direction (circle the other way)

UNO -- Women drop hands, move into the center of circle with arms overhead, in an oval, they do 2 waltz steps into circle,, then 2 turning to right , they go back to Men's circle, but progress one place to the right. Balance forward & back--place their hands on the shoulders of the man on either side. Women repeat this pattern until they return to original place. The circle keeps rotating as they do this figure. OTRO is called as the women move back to the circle

MUJERES DENTRO Women go to the center, join hands & circle to the right, Reverse. Men circle in opposite directions.

The two circles come close together, but the women do not drop hands.

HOMBRES DENTRO -- Men drop hands, turn to their left, back up under the womens' joined hands, bring their arms up and over the women & join hands behind the women's back on outside of circle. Circle continues to rotate c.c.w.

FUERA: Men go out of the circle. Drop hands, turn to their right, "duck" under the arms & back out.

CADENA: Grand Right & Left as before

ADENTRO: (Men's Mill) Man places his right hand around his partner's waist, goes to the center and places his left hand on the shoulder of the man in front.

VUELTA: Man drops left hand, couples rotate together in place (C.C.W.)

couples keep going forward & again man places hand on shoulder in front of him.

Vuelta: (Twirl) Man spins woman twds. outside & sends her to man in front.

This is repeated until woman reaches original partner. *Continued...*

MUJERES DENTRO: Women to the center as before, but this time they circle first to the left and then to the right. (Place left hand on bent arm of Woman to her left.

UNA CON LA CONTRARIA - ('one with your corner"). Man raises his right arm over his head. He pulls his left hand lady with his left hand --all the way around him. When she is in front of him, he drops his left hand, takes her left hand with his right, twirls her around (c.w.) and pulls her around to join the circle, on his right. OTRA signals another progression. Figure continues until woman reaches her original partner.

LEAD COUPLE breaks up the circle, and everyone follows them (woman on partner's right) into a single line down the center. "Dip & Dive" Figure. Lead couple goes under arch of couple behind them, then arch over the next couple --continue arching alternately until they reach the back, then come back home. Every couple follows Lead couple's arching until everyone is back in original place. Lead couple then arches over all the others to the foot of the set. Lead couple & every alternate couple changes place with own partner. At "FUERA" Men back away from center with their partner to form two sets of couples. At signal from lead man, he & the man at the foot of the other set, lead their sets "around the outside" of their own set (women go around thier outside). Lead couple ends in front. Join hands with partner keep balancing forward & back. Then turn to face audience, join hands along the line, & bow.