

IM BA'ARAZIM - If Among the Cedars
(eem-ba-a-ra-ZIM)

An Israeli Couple Dance by Rivkah Sturman, Israel.

FORMATION-

A circle of couples facing counterclockwise, Girl on partner's right.

STARTING POSITION-

Partners facing, Boy's back to center, right hands joined, Left foot free.

Music 4/4
MEASURES

Music A

Figure I

- 1 CROSS AND STEP with a light stamp ON LEFT FOOT IN FRONT of Right (count 1), HOP ON LEFT FOOT (2); CROSS AND STEP with a light stamp ON RIGHT FOOT IN FRONT of Left (3), HOP ON RIGHT FOOT (4).
- 2 FOUR RUNNING STEPS FORWARD, starting with Left foot, PROGRESSING COUNTERCLOCKWISE. Partners keep right hands joined and run counterclockwise, joining left hands behind the Boy's back. Release left hands on fourth count and finish facing partner with Left foot free, ready to repeat entire pattern of Measures 1-2.
- 1 - 8 PATTERN OF MEASURES 1-2 DONE FOUR TIMES.

Music B

Figure II
(Partners facing)

- 1 CROSS AND STEP ON LEFT FOOT IN FRONT of Right, leaning backward slightly, left shoulders adjacent, and CLAP HANDS at shoulder height, striking left hand downward (count 1), STEP IN PLACE ON RIGHT FOOT (2), REPLACE AND STEP ON LEFT FOOT BESIDE RIGHT (3), HOP ON LEFT FOOT turning slightly to left (4).
- 2 REPEAT pattern of Measure 1, starting with RIGHT FOOT, reversing footwork.
- 3 - 4 With left hand on left hip and right hand raised, CIRCLE COUNTERCLOCKWISE WITH PARTNER, once around, with eight Running steps, starting with Left foot, keeping left elbows adjacent.
- 5 - 8 REPEAT ENTIRE PATTERN OF MEASURES 1-4.

Repeat entire dance.

Im Ba'arazim - If Among the Cedars

"If the mighty cedars succumb to the flame,
what avail the humble moss on the wall."