

ILRINCE LANNIGAN
 (Lannigan's Ball)
 Irish Jig Mixer

"An effort is being made in many districts to revive the Cross-roads Dance, which was at one time an attractive feature in the life of rural Ireland. There is nothing so truly characteristic of Irish life as the Cross-roads Dance. Here the young and old from miles around assemble, making merry with song and dance, and the hillsides re-echo to the fiddlers' lively jigs and reels. Och, sure the very lilt of the tunes make you want to dance, and for the time being at least, all life's worries are forgotten as you take your partner's hand and rush forward to take your place beside "Big Jim" and "Mina" just in time for Lannigan's Ball."
 --from Peadar O'Rafferty, T.C.R.G., Instructor to the Lambey Irish Folk Dance Society and the Malone training School, Belfast, Ireland.

MUSIC: Record: RCA Victor --45-6178 Irish Washerwoman
 Piano: Lannigan's Ball-Book 1 Irish Folk Dance Book, Patersons
 Pub. Ltd., 36-40 Wigmore St., London, W.I.

FORMATION: Round dance for any number of cpls. All join hds forming a circle, elbows bent shldr height, with each W on the R of her ptr. (When hds are free, they hang loosely at sides.)

STEPS: Promenade: (1 mea. 6/8 time) Hop L (ct 6); st R fwd (cts 1,2); st L toe at heel of R (ct 3); st fwd R (cts 4,5). Repeat on opp. ft. starting hop R (ct 6).

Swing: Ptrs take R hds shldr height, arms bent, L hd at R elbow of ptr. and do four Promenade steps in a CW circle, or Buzz turn.*

Advance: Two Promenade steps fwd.

Rising Step: (Rise & Grind) This step is done in place and consists of two parts; a- the Rise (1 meas.), and b- the Grind (1 meas.).

A. The Rise: Hop lightly on toe of L ft, extending R ft fwd, knee slightly bent (cts 1,2); hop again on L, bringing R to heel of L ft but not touching floor (ct 3); st R ft in bk of L (cts 4,5); hop lightly on toe of R, raising L ft to rear of R but not touching fl; hop lightly on toe of R ft and at the same time raise and bring L ft behind, keeping wt on R ft (ct 6)

B. The Grind: St L toe behind R heel (ct 1); keeping ft in this pos, st R toe (ct 2); st L toe (ct 3); st R toe (ct 4); hold (cts 5,6).

NOTE: Cue: Hop Hop Back Hop 1 2 3 4
 Cts. 1,2 3 4,5 6 1 2 3 4 5 6

Repeat the above two meas. with opp. footwork.

Lead Around: Ptrs stand side by side, W to R of M, inside hds joined, and with Promenade steps lead around CW or CCW.

Continued...

Ilrinnee Lannigan

Music 6/8	Pattern
meas	
A	I. RING TO THE L & R.
1-8	Starting with M & W L ft. take four Promenade steps CW and four CCW
9-10	M hook R arms with W on L (Corner) and turn once around with two Promenade steps.
11-12	Ptrs repeat action of meas 9-10 with L arms hooked.
13-14	Repeat action of meas 9-10.
15-16	M advance CCW to face ptr., thus remaining in a single circle, M facing LOD; W RLOD.
B	II. RISING STEP
17-20	Starting L ft. execute two Rising steps with ptr., on meas. 20, M makes 1/2 turn CCW to face W on L; W turns 1/2 turn CW to face M on R.
21-24	Do two Rising steps; on last meas. (24) turning to face ptr. M turns 1/2 CW; W, 1/2 CCW.
25-32	Repeat action of meas. 17-24, Fig. II.
A	III. THE FLIRTATION
1-3	Ptrs swing.
4	Release hds; M advances to meet W to R of ptr with one Promenade step; W dances twd new ptr.
5-7	Swing with this ptr.
8	Repeat action of meas. 4, Fig. III.
9-16	New ptrs lead around CW with eight Promenade steps. Repeat whole dance to end of record.

* Refer to basic steps in Dances of Near and Far, Folk Dance
Federation Publication.