

IL SOT DA LA QUATTER PERA  
(Switzerland)

Pronunciation:

Music: Record: Columbia 3E 016-33507. 3/8, 2/4, 3/4 meter

Formation: Four cpls in a circle, cpl 1 opp cpl 3, cpl 2 opp cpl 4.

Meas

Pattern

4 meas INTRODUCTION Join hands at shldr height. M and W of each cpl turn back to back, to face corner.

3/8 meter

FIGURE I. (Circle)

1-4 Beg. M L fwd, W R bkwd, 12 walking steps CW. On last two steps turn to face own ptr.

5-8 With 11 walking steps CCW, close ft on step 12 and turn back to back with own ptr again. Drop hands: M faces CW, W CCW.

FIGURE II. (Ladies Chain)

9 During this Fig. M stand in place. W weave CCW in and out of M's circle, holding skirt with free hands.

10 W: Three steps fwd to next M (L,R,L). Join R hands. Bend L knee slightly, place R toes behind L ft.

Pause, drop hands.

11 With three steps fwd, passing R shldrs with next M (R,L,R), join L hands.

12 Bend R knee slightly, place L toes behind R ft. Pause, drop hands.

13-14 Repeat action of meas 9-10, passing by L shldr.

15-16 Repeat action of meas 11-12.

9-16 (repeated) Repeat action of meas 9-16. W have circled twice around.

2/4 meter

FIGURE III. (Arches)

Cpls 1 and 3 make arches, holding both hands, M back to ctr.

17-20 Cpls 2 and 4 join inside hands, free hand at side, W free hand at skirt. Walk under arches CCW with six steps, close ft on 7th step and on ct 8 make arches as cpls 1 and 3 in opp pos.

21-24 Repeat action of meas 17-20, with cpls 2 and 4 making arches, 1 and 3 walking under arches.

25-32 Repeat action of meas 17-24.

33-40 Repeat action of meas 17-24. Each cpl should now be in opp place, having walked and made arch three times.

IL SOT DA LA QUATTER PERA (continued)FIGURE IV. (Elbow turn and pass on)

Link L elbow with ptr, M free hand on hip, W hold skirt. Beg. L ft.

- 41-44 Turn CCW in place with six steps, then take two steps on to next ptr. M move CCW, W CW.
- 41-44 (repeated) Repeat action of meas 41-44, linking R elbows, turn CW.
- 41-44 (repeated) Repeat action of meas 41-44.
- 41-44 Repeat action of meas 41-44 repeated. Finish in orig pos facing ptr (M CCW, W CW in circle).

FIGURE V. (Threatening and turning girls)

- 45-48 Beg. M L fwd, W R bkwd, four steps CCW, shaking fists at each other, start R fist.
- 49-52 Continue four steps M fwd, W bkwd, but hold forearms horizontally fwd, R over L, and make four pushing movements against each other (R,L,R,L).
- 53-56 Continue four steps in LOD, this time shaking forefinger at ptr.
- 57-60 Join R hands, free hands on hips.  
M: Start L, eight small steps fwd CCW.  
W: Start R, turn CW twice with eight steps moving to orig pos in big circle.

FIGURE VI. (Circle)

- 61-64 Repeat action of meas 1-4 (Fig. I), but eight steps only CW
- 65-68 Eight steps CCW.
- 69 Joining R hands with ptr, M move with one step L into ctr of circle, close R ft, face CCW.
- 70 Honor ptr.

FIGURE VII. (Second Ladies Chain)

- M: Stand in place, W weave CW around. M hands at side, W hold skirt.
- 71-72 W: Three steps (L,R,L) CW to next M, join L hands, bend L knee slightly and put R toes behind (L,R,L, bow).
- 73-74 Pass L shldrs, move to new ptr as in meas 71-72, but giving R hands and doing R,L,R, bow.
- 75-78 Repeat action of meas 71-74 back to own ptr.
- 79-80 Take ballroom pos and honor ptr.

- 3/4 meter FIGURE VIII. (Waltz)  
 Free waltz.

Presented by Carmen Irminger