

IJSWALS

The Netherlands

PRONUNCIATION: AYES-VAWLS

TRANSLATION: Ice waltz

DANCE: A. Sanson-Catz

Music : - LP Nevofoon 12162, Side B, Band 7
- Cassette Jaap Leegwater JL1988.04 # 4

FORMATION: Cpls in a cir facing LOD. M is behind the W, slightly to the L. W puts her R hand in M's R hand, her L hand in his L hand, hands are at shldr height.

METER: 3/8

PATTERNS

STEPS: Waltz and kruispas (KRICE-PAHS)

KRUISPAS (this step suggests a skating movement):

Ct

1 Cross R ft over L ft to the L, body turns slightly to the L.

2-3 2 steps in pl on ball of ft, body turns slightly to the R

4-6 Repeat cts 1-3 with reverse ft & body work for 2nd kruispas.

This step can be done fwd and bkwd. Going bkwd one crosses the R and the L ft behind the other leg.

INTRODUCTION: 4 meas.

Meas FIG. I:

1-4 Cpl dances 4 kruispassen fwd in LOD, both starting with R ft.

5-7 3 kruispassen bkwd starting with R ft.

8 M turns W ccw with 1 waltz step (L ft) under his arm, without releasing hands, while M does 1 waltz step in pl (L ft), until ptnrs face ea other (M with back to ctr, W facing ctr).

9-12 Holding hands with arms crossed, and facing ea other, ptnrs dance 4 kruispassen twd ctr of cir. M starts with L ft behind, W with R ft in front.

13-15 In same pos, facing ea other, ptnrs dance 3 kruispassen away from ctr, M starting L ft, W with R ft.

16 Ending with 1 waltz step back to orig pos. M starts with R ft, W - L ft.

FIG. II

17-24 Cpl dances 8 kruispassen fwd in LOD, both start with R ft. (M has to fudge at this pt to start with R ft).

25 Cpl dances 1 kruispas sdws twd ctr of cir, both with R ft.

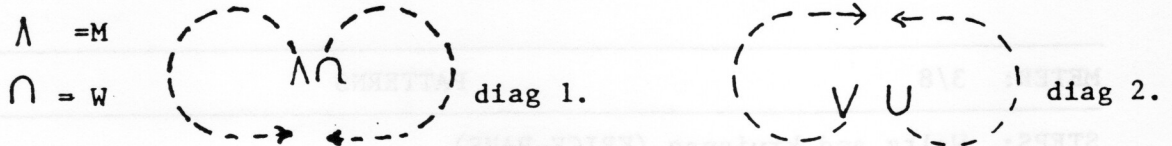
26 Cpl dances 1 kruispas sdws away from ctr of cir, both with L ft.

Meas

- 27-28 Dancing 2 waltz steps, M leads W around him ccw, without releasing hands, while M dances in pl.
- 29-30 Repeat meas 25-26
- 31-32 Same as meas 27-28, but now M leads W cw around.

FIG. III

- 33-36 Ptnrs separate and waltz a full cir away from ea other, M to L starting with L ft, W to R, starting with R ft, and meet face to face to touch ea other's flat hands (see diag 1.)



- 37-40 Repeat meas 33-36 in reverse: M circles cw to R, W ccw to L (diag 2).
- 41 Facing LOD and holding inside hands, ptnrs dance 1 waltz step in pl away from ea other, M - L ft, W - R ft.
- 42 Waltz step twd ea other, M - R ft, W - L ft.
- 43-44 Ptnrs release hands and dance 3/4 cir in 2 waltz steps, M to the L, starting with L ft, W to the R, starting with R ft, ending face to face to take ballroom pos.
- 45-48 In ballroom pos cpl dances 4 waltz steps, turning LOD, M starting with L, W with R ft.
- 49-64 Repeat meas 33-48.

The dance can be repeated fully, or:

Repeat meas 1-48

- 49-56 M puts hands on shldrs of W, getting behind her, and both travel 8 kruispassen fwd in LOD, starting with R ft.
- 57-64 During the remaining 8 meas everybody lines up, hands on the shldrs of the pers ahead, travelling 8 kruispassen in LOD, starting with R ft.

The dance ends in a long line or in a closed circle.