ESPUNYOLET  
(Catalonia)

Source: Espunyolet (Ess-poo-nyo-let) is a Catalonian Wedding Dance.

Record: Folkraft FL120A

Formation: Ptrs facing, cpls in circle or at random on the floor. 
(There is no progression.) M hands raised head high, W hands 
on hips or holding skirt out to sides. (No skirt waving as 
in Mexican dances.)

Steps: Waltz; Reverence (M bow, W curtsy 1 meas -- 6 cts)

Measures Pattern
(6/8)

I. Crossing Step
1 Step R across in front of L, turning body slightly (ct 1) step L 
in place (ct 2) step R returning it next to L (ct 3). Repeat 
starting L (cts 4, 5, 6).
2 - 3 Repeat the action of meas 1 (R L R L) four more times.
4 Reverence: M bow, W curtsy 1 meas.
5 - 8 Repeat the action of meas 1-4.

II. Rocking Step
Ptrs with R shoulders adjacent hold each other's R forearm 
with R hand.
1 Step fwd R, rocking fwd (ct 1), step on ball of L ft next to R 
heel straightening (ct 2), step R in place (ct 3). Repeat starting 
L (cts 4, 5, 6)*
2 - 3 Repeat the action of meas 1 (R L R L) keeping steps small, 
making a half circle CW, finishing in ptrs place.
4 Reverence.
5 - 8 Repeat the action of meas 1-4, L arms joined, starting L, 
returning to original place.

III. Kneeling and Arch Turn
Ptrs join both hands (not crossed)*
1 W kneel on R knee (cts 1, 2) bow head (ct 3). (This is slow, 
sustained action, not accented.) W rise slowly (cts 4, 5, 6).
2 M perform action of meas 1.
3 - 4 3 waltz steps turning under arched joined hands (M R, W L) 
and finishing in ptrs place. (This is a "dishrag" turn.) Slight 
Reverence last 3 cts.
5 - 8 Repeat the action of meas 1-4 returning to original places. 
Repeat entire dance twice at faster tempo. 
During repetition of Fig I, meas 1-3, M snaps his fingers 
rhythmically.

Presented by: Vyts Beliajus

Folk Dance Camp, 1962