ESPUNYOLET - Catalonia (ehss-poo-nyoh-leht) FOLKRAFT LP

FORMATION: COUPLES IN A CIRCLE

STARTING POSITION: Partners facing, woman holding skirt (traditionally with her index and middle fingers), man's arms raised with hands slightly above head level.

MUSIC 3/4

MEASURE INTRODUCTION

1-2 REVERENCE: Man clasp hands behind back and bow (woman curtsy) to partner (counts 1-6).

PART I (Music A)

1-6

Turn slightly L with a small STEP fwd on R ft., bending knees slightly and raising L ft. backward (count 1). A small STEP backward on L foot (count 2). STEP on R foot beside L and turn body slightly R to re-face partner (count 3), and... repeat five more times (6 times in all), alternating footwork & lateral direction.

7-8 REVERANCE as Introduction above.

9-16 REPEAT measures 1-8.

PART II (Music A)

17-22 Partners facing, each with R hand grasping others R fore arm, woman's L hand holding her skirt and man's L hand behind his back.

A very small STEP fwd on R foot bending knees slightly (count 1). STEP on ball of L foot beside R heel (count 2). STEP on R foot (very slightly backward) beside L (count 3), and... repeat five more times (6 times in all), alternating footwork, circling clockwise half around partner to exchange places.

23-24 REVERANCE As Introduction above.

25-32 REPEAT measures 17-24 and return to original place, except CCW with L hand grasping partner's L fore arm.

PART III (Music B)

33-34 Partners join both hands & woman kneel on R knee (count 1-3).

Woman bow her head (count 4) then rise & face partner (counts 5-6).

35-36 REPEAT measures 33-34 reversing roles (man kneel, bow, etc.). Then man's L hand release woman's R hand.

37-38 Two WALTZ STEPS (L,R) turning L half around, partners passing back to back turning "dishrag" style under

continued...
Espunyolet--Continued

39-40
41-48

joined hands (man's R, woman's L) to exchange places.
REVERANCE as Introduction above.
REPEAT measures 33-40 and return to original position.

REPEAT entire dance at a faster tempo and, during measures 1-6 and 9-14, man snap fingers (woman does not).

NOTE: This wedding dance, a "ball de ceremonia", seems to be more popular with Catalans on the French side of the border where it is spelled Espougnolette (pronounced as above).