ESASHI JINKU — Iwate Pref. —

It is said that this song and dance have been popular in the Nanbu area in Iwate Pref. since the sixteenth century. In Japan, a couple-dance for men and women is seldom found. Formation: Longways formation or double circle, partners face each other.

Introduction: eight ct. with clappings

1. Clap cho chon ga chon 1-4
2. Clap down two times, knees lightly bend 5-8
3. Step R ft. cross diag. f wd. L. arms YAMABIRAKI, step back to the place arms down 1-4
4. The same with L. ft. 5-8
5. Kick R ft. two times diag. f wd. R and one step f wd. arms swing FUSENOBASHI two times at the same time. Then the same to the L 1-8
6. Step R ft. f wd. arms SASHIKAZASHI facing each other, then change weight to R. ft. turning half to the L. arms change but still SASHIKAZASHI, repeat this half turn with both feet fixed 1-8
7. Step R ft. f wd. arms swinging diag. R. the same to the L 1-4
8. Half turn to the R. step R ft. bwd. arms YAMABIRAKI, point L. heel f wd. R hand TATEKAZASHI, L hand at R elbow palm up 5-8

** Alternative variation; 7 can be changed as follow:
Join L hands each other, step L and R ft. f wd. swinging down R hands over L hands, step L and R ft. bwd. raising R hands up Repeat 1-8

Presented by Hiroyuki Ikema at Maine Folk Dance Camp 1987