FOLK DANCES OF AUSTRIA
(Presented by Walter Grothe)

Source: The dances described below are all simple traditional folk dances written up in many books published in Austria, such as by: Herbert Lager, Anton Novak, Ilka Peter, Erna Schützenberger, Hermann Derschmidt, Karl Horak, Raimund Zoder, and others.

Record: Folk Dances of Austria No. 1 and 2 Folkways FW 8837 and FW 8838 (LP)

DAS HIATAMADL
(The Shepherd Girl)

Formation: Couples
Steps: Pivot. Polka.
Music: 2/4
Meas:
1 In open ballroom position side by side both facing LOD. Weight on inside foot. Both point outside foot forward and back.
2 Same except point inside foot forward and back.
3-4 Four pivot steps 2 turns CW.
5-8 Repeat Meas. 1-4
9-16 Polka turning CW progressing CCW.

CEVVE OR MASCHAM

Formation: Couples in ballroom position M back to the center.
Steps: Step close. Waltz
Music: 3/4
Meas:
1-4 Four step close CCW.
5-8 Same CW.
9-10 Two step close CCW.
11-12 Same CW
13-20 Waltz turning CW progressing CCW.

DER NEUDEUTSCHE

Formation: Couples in ballroom position M back to center. Arms stretched out and pointed in LOD.
Steps: Step close. Waltz.
Music: 3/4
Meas:
1-2 Two step close CCW. The side step is executed on the 1st 4th of each Meas., the closing step on the 3rd 4th.
3-4 Same as 1 & 2 but CW, and arms are brought in so that hands will point CW.
5-8 Waltz turning CW, progressing CCW.

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KUCKUCKS - POLKA (Cuckoo Polka)
Formation: Couples both facing LOD, W slightly ahead of M at his R. R hands joined above W R shoulder, L hands in front of M's chest, L arm extended sideways.
Steps: Heel toe. Polka
Music: 2/4
Meas. 1—2 Both do a heel and toe and a polka step to the L.
     3—4 Same to the R. In executing the first 4 meas. The M moves behind the W to the L and to the R.
     5—6 One polka step to the L and one to the R, M moving same as above.
     7—8 Drop L hands, W makes 1 turn CCW under joined R hands and partners resume original position.

DER MAINZER POLKA OR BAYRISCH POLKA
Formation: Double circle facing LOD, inside hands joined and held shoulder height.
Music: 2/4
Meas. Introduction Partners walk CCW 2 steps to a meas., 32 steps in all.
     1—4 Moving diagonally away from each other, M towards L, W towards R, in a two step and M progressing forward to next W in a two step taking ballroom position 4 pivot steps CW 2 turns.
     5—8 In original position Walk with new partner 8 steps LOD, Repeat to end of music. First 16 meas. of introduction are not repeated.

DER EISWALZER (The Ice Waltz)
Formation: Couples in open ballroom position side by side facing LOD, outside hands joined straight forward pointing LOD.
Steps: Walking. Waltz
Music: 3/4
Meas. 1—4 Starting outside foot walk 4 steps LOD, 1 step per meas.
     5—8 Individually make a 1/2 turn, M CW, W CCW. With inside hands joined walk 4 steps backwards LOD, 1 step per meas. swinging arms forward & bk.
     9—16 In ballroom position waltz CW progressing CCW.

WOAF (WEIFENTANZ) (Reel)
Formation: Varsouviene position facing LOD.
Steps: Step close. Waltz.
Music: 3/4
Meas. 1—4 Both starting L foot diag fwd to the L in a L close hold. Same to R with the M moving behind the girl slightly over to her R side. Repeat all. On the hold the bodies sway slightly in the corresponding directions.
     5—8 In same position raise hands, W makes a half CW turn and circles the M CW in little waltz steps and with another half turn ends in original position. During this figure M moves slightly fwd in same step close as meas. 1—4

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**DER ENNSTALER POLKA**

*Formation:* Partners facing M back to center.
*Steps:* Walking
*Music:* 2/4
**Meas.**

1. On 1st part of meas. M leaps up and comes down on both feet slapping his thighs, W only slaps thighs lightly. On second half of measure partners clap their own hands once.
2. Partners clap each other's hands 3 times.
3. Each one makes a 1/4 turn to the L and slaps his own hands 3 times, fingers pointed upward.
4. Same to R.
5-8. Partners join R hands above W's head and walk 8 steps around each other M 1 circle CW, W 2 turns CCW.

The dance can be done progressively with the M moving fwd to the next girl.

**DER HAXENSCHMEISSER**

*(The Leg Thrower)*

*Formation:* Partners facing M bk to ctr R hands joined free hands on hips.
*Steps:* Step swing. Waltz
*Music:* 3/4
**Meas.**

1. Step swing in CCW direction with joined hands following through.
2. Same CW.
3-4. Arms are swung CCW and up above W's head, and W will make 1 turn in 2 waltz steps CW ending facing ptr taking shoulder waist position. M takes waltz steps in place while W turns.
5-8. Waltz in shoulder waist position turning CW progressing CCW.

The dance must be done light and full of rhythm.

**RHEINLÄNDER**

*Formation:* Ptrs side by side in skater's position R hand on top facing LOD.
*Steps:* Schottisch
*Music:* 4/4
**Meas.**

1-4. 2 schottisch steps both starting L ft, followed by 4 step hops.
5-8. Hs on hips separate M diagonally to L W to R in one schottisch step. M progresses fwd to next girl in one schottisch step. Take ballroom pos. and do 4 step hops.

This is one of the many versions of the Rheinlander done in Austria.
Hand position in all dances unless otherwise specified is optional on hip or hanging down, or for W on skirt and for M on suspenders.

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