EMEK SHELI
(Israel)

A couple dance choreographed by Bentzi Tiram.

Pronunciation: T-Ram 1002 Side A/3. 3/4 meter

Translation: My Valley

Music: Communication: Partners side by side, facing LOD. Inside hands joined in a simple hold("V" pos).

Steps described for M, W does opposite.

Meas  Pattern

PART A

1-2  Two Waltz steps fwd L,R.
3-4  Release hands. Two Waltz steps L,R while turning 1 full turn CW.
7    Ptrs face to face, holding each other's hands.
     Step L sdwd to L (cts 1-2); close R beside L (ct 3).
8    Step L sdwd to L (cts 1-2); hold (ct 3).
9-16 Repeat meas 1-8 with opp ftwk and direction.
17-20 In closed pos make 2 full turns in 4 Waltz steps.
21-40 Repeat meas 1-20.

PART B

Ptrs face to face, holding each other's hands.

Men: (Women's instructions below)

1  One Waltz step in place with L while L hand is wrapped around ptr waist.
2    Stamp R in place and hold.
3-4  Repeat meas 1-2 with opp ftwk and direction.
5-6  Repeat Part A, meas 3-4.
7-8  Repeat Part A, meas 7-8. On last ct, close with R.
9-16 In closed pos turn in 8 Waltz steps. On last 2 meas the W turns once under the M L hand.
17-32 Repeat meas 1-16.

Women:

1-2  Waltz step with R while turning 1/2 CCW under the joined M L, W R hands. W end in wrapped pos (M R arm around W waist).
3-4  Repeat meas 1-2 with opp ftwk and direction.

Presented by Bentzi Tiram

FOLK DANCE CAMP - 1987