Couple dance, in a large circle, men on the inside, both partners facing LOD, holding both hands.

Partners face each other and do a step-slide-step in LOD, ending on forward foot (man's left, woman's right).

Partners swing around back-to-back, letting go of forward hands. (Man swings around to his left, woman to her right), and do another step-slide-step in LOD.

Partners face LOD, drop hands, and do a step-slide-step away from each other (man into center, woman away from center). Clap hands by shoulder (man's left, woman's right).

Partners step-slide-step toward each other (still facing LOD), and man claps his left had against the woman's right.

Using the "push" from clapping their hands, partners "peel away" from each other and go around in a four-step circle (hamming it up at will). Man goes around to his left, woman to her right, returning to each other.

Partners join hands extended away from body to either side, and turn a clockwise four-step circle (still hamming, if desired).

At the end of the circle, with man facing LOD and woman facing reverse LOD, man drops his left hand, (turning woman's right hand loose), and spins her (his right holding her left) clockwise in place and turns her loose as he moves forward to join the woman spinning back from the next couple ahead.

Repeat until the music ends.