EKIZLIJSKO HORO

TRANSLATION AND ORIGIN : Dance from the village of Ekizlija. Eastern Thrace, Bulgaria.

MUSIC : LP "Folk Dances from Bulgaria - 3" by Jaap Leegwater JL 1985.01 Side 1, Band 2.

SOURCE : Svetko Vassilev taught this version of Ekizlijsko Horo for the first time at a teaching tour in the Netherlands in the late sixties. It belongs to the basic dance repertoire for teachers and schools in Bulgaria and is described in the more widely used Bulgarian dance manuals.

METER : 2/4

STYLE : Trakiisko, slight knee bend position, body straight.

FORMATION : medium length lines. Hands belt hold, L over.

INTRODUCTION : 8 measures.

MEAS | PATTERN | Part 1 - Basic "Chorus Step"
--- | --- | ---
1 | facing ctr, moving sd wd R, leap onto R ft (ct 1), leap onto L ft across behind R ft (ct 2) | 
2 | leap onto R ft (ct 1), leap onto L ft across in front of R ft (ct 2) | 
3 | repeat action of meas 1 | 
4 | step on R ft (ct 1), hop on R ft kicking L leg fwd (ct 2) | 
5-8 | repeat action of meas 1-4 with opp ftwk and direction | 

Part 2 "three-step"

1 | facing ctr, moving sd wd R, leap onto R ft (ct 1), leap onto L ft across behind R ft (ct 2) | 
2 | step on R ft (ct 1), hop on R ft kicking L leg fwd (ct 2) | 
3-4 | repeat action of meas 1-2 with opp ftwk and direction | 
5-6 | repeat action of meas 1-2 | 
7 | repeat action of meas 1 | 
8 | "flat" three step on whole feet (LRL) bending body at waist |
MEAS PATTERN Part 3 "leap & step"
1-7 repeat action of meas 1-7 of Part 2
8 low leap onto R ft (ct 1), slap R ft with straight
R leg in front, bending body at waist

Part 4 "Drobinka"

1-6 repeat action of meas 1-6 of Part 2

N.B. lift L ft, heel turned out off the floor on ct 2
of meas 6
7 stamp on L ft fwd (ct 1), fall back on R ft behind
L ft (ct 2), scuff with L ft fwd (ct &)
8 step on L ft fwd (ct 1), ćukše (low hop) on L ft (ct 2)

After having done Part 4, perform the beginning of the chorus
step slightly diag R bkw. Alternate Parts 2, 3, and 4 with
the Chorus step.

Description by Jaap Leegwater © 1985 Presented by Jaap Leegwater