Egejskoto
(Macedonia)

This dance comes from Aegean, Macedonia.

Pronunciation: eh-GAY-skoh-toh

Music: 12/16 meter, counted as 1 2 3 4 5  Makedonski Narodni Pesni i Ora, Stockton Folk-dance Camp 2011, Band 16 (mislabeled as #13)

Formation: Mixed line or open circle, hands joined in W-position.

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<th>Meas</th>
<th>12/16 meter</th>
<th>Pattern</th>
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I. FIGURE 1 (singing)

1  Facing diag CCW, hop on L, raising R knee up in front (ct 1); step on R (cts 2-3); slightly lift on R (ct &); step L fwd (ct 4); step R fwd (ct 5).

2  Small quick steps L-R fwd and slight plié (cts & & 1); lift on R (ct 2); step L fwd (ct 3); step R fwd (ct 4); step L fwd (ct 5).

3  Facing ctr, hop on L, raising R knee up in front (ct 1); step R to R (cts 2-3); step L in front of R (ct 4); step back R (ct 5).

4  Repeat meas with opp ftwk and direction.

II. FIGURE 2 (instrumental)

1-2  Repeat Fig I, meas 1-2.

3  Facing ctr, hop on L, bringing R leg from behind to fwd (ct 1); step R in front of L (cts 2,3); step L to L (ct &); step R in front of R (ct 4); step L to L (ct 5).

4  Step back on R next to L (ct 1); lift on R, raising L knee up in front (ct 2); step back on L (ct 3); step R to R, face LOD (ct 4); step L fwd (ct 5).

Presented by Fusae Senzaki-Carroll