CIGANSKO POVRATENO
(Macedonia)

Cigansko Povrateno means "gypsy returning dance." Povrateno is a type of Macedonian dance which first moves to the right, then returns to the left with similar footwork, but with different styling. Cigansko are the gypsies who learned this dance from the Macedonians as they traveled from village to village. The gypsies adopted it as a gypsy dance, but with their special style of movement and music. Today it is danced in about 20 villages in the vicinity of Skopje for "Slavos" holidays such as weddings, birthdays, and church celebrations. The music is in 4/4 meter with a gypsy rhythm and melody probably of oriental origin.

Pronunciation: TSEE-gahn-skoh pohv-RAH-teh-noh

Record: AK-007, Side A/6. 4/4 meter.

Formation: Lines with hands joined above shldr level.

             No set sequence for the dance -- change indicated by leader.

Meas	Pattern

INTRODUCTION. Two meas of drum music.

FIGURE I.

1   Facing and moving in LOD, step R (ct 1);   lift L (ct 2);   step L fwd (ct 3);   lift R (ct 4).

2   Step R fwd (ct 1);   step L fwd (cts 2,&);   lift body (skip) on L fwd (ah);   step on both ft with R in front of L, knees bent (ct 3);   step on L, replacing R ft (ct 4);   step R fwd (ct &).

3   Facing ctr, step L twd ctr with ft pointing to the L, knees bent (ct 1);   lift R (ct 2);   facing RLOD, step R fwd (ct 3);   lift L (ct 4).

4   Facing ctr, step L diag back L (ct 1);   facing LOD, step R diag back R (ct 2);   moving in LOD step L,R,L (cts 3,4,&).

FIGURE II. Triple steps.

1   Facing and moving LOD, step R fwd (ct 1);   step L replacing R (ct 2);   step R quickly fwd (ct &);   step L fwd (ct 3);   step on R, replacing L (ct 4);   step L quickly fwd (ct &).

2   Repeat action of meas 2, Figure I.

3   Facing ctr, step L fwd across R, knees bent (ct 1);   bounce twice (cts 2,&);   step R across L, knees bent (ct 3);   bounce twice (cts 4,&).

4   Step L diag bkwd L (ct 1);   step R diag bkwd R (ct 2);   step L next to R (ct 3);   sway knees R,L (cts &,4);   step L in place (ct &).

Repeat dance from beginning.

Presented by Atanas Kolarovski