

BRANLE NORMAND

(Normandy – France)

Music: Folkraft 337-002B

Formation: Single circle, no partners. Hands joined at shoulder height, elbows bent.

Measures: Pattern

1-2 Circle Left with 4 walking steps

3-4 2 Branle steps in place

(Hop twice on LEFT foot; swinging RIGHT leg backward.

Hop twice on RIGHT foot; swinging LEFT leg forward.)

When RIGHT leg goes back, bend the body forward; when LEFT goes forward, lean the body backward.

5-6 Circle LEFT with 4 walking steps

7-8 Repeat the action of measures 3-4

9 In place, hop sideward on LEFT foot, bring RIGHT foot below calf of LEFT leg and extend LEFT ARM to LEFT (all hands still joined).

Hop on RIGHT FOOT, bring LEFT FOOT below calf of RIGHT LEG and extend RIGHT ARM.

10-12 Repeat the action of measure 9 three times.

Repeat entire dance from beginning.