

1962 SANTA BARBARA FOLK DANCE CONFERENCE

BESEDA Presented by Elsie Dunin

IMPERIAL BESEDA (CZECHOSLOVAKIA)

- SOURCE: Mrs. Otilie Prince of the Sokol Gymnastic Assoc. of Los Angeles
- MUSIC: Imperial #1088 (two sides)
- FORMATION: 4 couples in longways position, numbered from the top: 1, 4, 3, 2. Partners facing with hands joined.

PATTERN

- Part I
Meas. 4 meas. Introduction - Stand in position described above.
- INTRODUCTION:
- I POLONEZA (BOHEMIA)
- 1 Point R ft across in front of L (ct.1), point to R side (ct.2), bring ft. together (without putting weight on R ft) (ct. 3).
- 2 Change places with three steps (R,L,R) and moving CW.
- 3-4 Repeat meas. 1-2 starting with L ft.
- 5-8 Repeat meas. 1-4.
- 9 Place hands on hips, balance step to own R, step R to R (ct. L), close L and rise on toes (ct.2), sink to heels (ct.3).
- 10-12 Repeat meas. 9 three times.
- 13-16 Repeat meas. 9-12 moving to own L.
- 17 Waltz balance to the R (step R to R, step L behind R, step R in
- 18 Waltz balance to the L.
- 19 Point R ft across in front of L (ct.1), point to the side (ct.2), close (ct.3). (See meas. 1 above).
- 20 Waltz balance to the R or step R and close L to R.
- 21-24 Repeat meas. 17-20 starting with the L ft.
- 1-16 SOUSEDKA WALTZ (BOHEMIA)
~~Sousedka Waltz~~ (social dance position) around to finish in square formation (#2 couple to R of #1, #4 to L of #1) - 16 waltz steps.

Continued...

POLKA PEKLA (BOHEMIA)II POLKA-PEKLA-VDOLNY

Meas.

Partners side by side, M's R arm around W's waist and W's L hand on M's shoulder, facing CCW.

- 1 Starting with R ft, point toe diagonally fwd, and draw back to other ft.
- 2 One polka step fwd.
- 3-4 Repeat meas. 1-2 starting with the L ft.
- 5-8 Repeat meas. 1-4 (cover 1/2 distance around the circle).
- 9-12 W takes 4 polka steps circling M CCW. M takes 4 polka steps in place.
- 13-16 Repeat meas. 1-4 (3/4 around the circle).
- 17-20 Repeat meas. 9-12
- 21-24 Repeat meas 1-4, back to original places.

MAJURAN (MORAVIA)III MAJURAN

All hands joined in single circle, move CW

- 1-2 2 polka steps to the L, starting with the L ft.
- 3-4 W crosses in front of M moving to his L with 2 polka steps
- 5-8 All join hands again and repeat meas. 1-4
- 9-14 All join hands and take 12 skips around the circle to the L.
- 15-20 Face new partner and do grand R and L with 12 skipping steps, halfway around the circle, M ends at original place with opposite W.
- 1-20 Repeat meas. 1-20 returning to original partners.

ODZENEK (SLOVAKIA)IV ODZENEK

Partners facing in a single circle: W's hand on hips, M's arms folded across chest. All honor on introduction.

- 1-2 W takes 2 polka steps bkwd, starting L ft. M jumps to squat position^{and} immediately comes to upright position with wt on L ft, 1 polka fwd.
- 3-4 W takes 2 polkas turning CW while moving CCW. M takes 2 more polka following W, both moving $\frac{1}{4}$ around circle.
- 5-16 Repeat meas. 1-4 three more times returning to original position in square.
- 1-16 Repeat all (move around circle twice in all.)

Continued..

PART II CERVENY SATECKU (MORAVIA) PTRS SIDE-BY-SIDE etc

1-2 Start with outside ft, two waltz steps toward center of circle, swinging inside hands fwd in a back to back position, then face to face. THEN CONTINUE WITH DANCE UNTIL MEAS. 11-16.

Meas.

3-6 Join hands with other couples and do 4 waltz balances in and out of circle swinging hands in and out with each step.

7-8 Holding partner's hand only, take two waltz steps moving away from center of circle, back to back and face to face. Start outside foot.

~~9-10 Start with outside ft, two waltz steps toward center of circle, swinging inside hands fwd in a back to back position, then face to face.~~

9-16 ~~11-16~~ Repeat meas. ¹⁻⁸ ~~3-8~~. On last meas. partners move side by side facing CCW in circle

17 Partners in skating position, waltz balance to L.

18 Waltz balance to R.

19 W does a leap turn (tour jete) in front of M and across to L.

20 Balance to L.

21-24 Repeat Meas. 17-20, starting to R and W returning to place.

25-32 Repeat Meas. 17-24. starting to R and M does leap turn to R and to L.

(2/4) VI TANCUJ, TANCUJ (SLOVAKIA)

Partners facing in single circle, R hands joined and HELD HIGH, L hands on hips.

1-12 M does 12 polka steps moving fwd, starting with L. ft. W does same, starting R ft, moving bkwd, turning slightly side to side.

13-14 4 short leaping steps, both hands joined (M fwd, W bkwd)

15-16 3 stamps in original place.

17-24 1st and 3rd couples take shoulder-waist pos., polka into each other's place and back, turning CW and traveling CCW around each other with 8 polka steps. 2nd and 4th swing hands in place, fwd and back.

25-32 all couples dance in place turning CW with 8 polka steps.

Continued...

VII POLKA-TRAVA NEROSTE (MORAVIA)

Meas.

Partners in social dance position, facing in.

Couples #1 and #3 make 1/2 turn R; couples #2 and #4 make 1/2 turn L and start on outside feet.

- 1 M's part: Step fwd L (ct.L), close R (ct.&), step fwd L (ct.2).
- 2 Step fwd R (ct.10, stamp fwd L (ct.2).
- 3 Step bkwd R (ct. 10, close L (ct.&), step bkwd R (ct.2).
- 4 Step bkwd L (ct 1), step bkwd R (ct.2), returning to place.
- 5-8 Repeat meas. 1-4 in opposite direction, so that #1 and #4 and #2 and #3 face.
- 9-12 Face partner, clap hands & hook R elbows, L hds on hips, and run once CW with 8 steps.
- 13-16 Clap hand, hook L elbows and run around with 8 steps CCW.
- 17 All join hands in a single circle, step R ft in front of L, bending knees (ct.1); step L ft to L (ct.2).
- 18-19 Repeat meas. 17 twice, moving to L.
- 20 Step R ft in front of L (ct.L, swing L ft around in front ready to move in opposite direction (ct.2).
- 21-24 Repeat meas. 17-20 stepping across with the L ft and moving to the R.
- 25-40 Repeat meas. 1-16 as above.

VIII TANCUJ, TANCUJ

- 1-24 Repeat Tancuj, Tancuj as described above, except in meas. 17-24, the 2nd and 4th couples polka across, while #1 and #3 remain in place.

~~25-32~~ All polka freely around the room until the end of the music; M lifts W into the air.
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25-32 ALL CPLS DANCE IN PLACE TURNING
CW WITH 8 POLKA STEPS