

LA BASTRINGUE

Region: Montreal
Music: La Bastringue Dancecraft 123321
Formation: Couples in a single circle. Women are on the Right of their partner. All hands are joined and held down.

Measures: Counts: Pattern:

Part 1:

1	1-4	All walk to the centre of the circle (4 steps)
2	5- 8	All walk backwards to place (4 steps)
3- 4	9-16	Repeat Measures 1-2
5	17-20	Women repeat measure 1
6	21-24	Women repeat measure 2
7	25-28	Men repeat measure 1
8	29-32	Men turn to their Right to face partner and walk back to end facing partner; men's backs to the centre of the circle. (To make this dance progressive, when facing partner, the man would walk to the woman on the left of his partner's position).

Part 2:

1- 2	1-16	Swing partner using a pivot turn and shoulder-waist position.
5- 8	17-32	With skater's hand-hold, promenade for 15 steps around the circle moving CCW. On count 16 turn as a couple and join hands as in the beginning to start dance again.