

BALUCA - VLAŠKI TANC (BULGARIA)

Translation and Origin: Baluca is probably a tribe or family name from Romania. This version contains some of the most characteristic figures of the Vlach minorities living in the villages of North Western Bulgaria.

Music: "Folk Dances from Bulgaria - 2" Balkanton BHA 11134, Side B, Band 1

Style: Vlach, North-Bulgarian.
 - small steps on full foot, moving sideways while facing ctr.
 - shoulders relaxed
 - lively, jumpy and with knee lifting

Meter: 2/4 counted here as 1 and 2 and

Formation: Lines, facing centre. Hands at waist, left elbow in front of the left neighbour.

Intro: No introduction

<u>Measure</u>	<u>Pattern</u>
	<u>Part 1 "Sitnanè" (small three-steps)</u>
	Hands at waist, facing ctr, moving sdwd right
1	Step on R ft (ct 1), step on L ft next to R toes (ct &), step on R ft (ct 2), hold (ct &)
2	Step on L ft next to R toes (ct 1), step on R ft (ct &), step on L ft next to R toes (ct 2), hold (ct &)
3-16	Repeat action of meas 1-2, seven more times
	<u>Part 2 "Hod sâs sitnane" (walking and small three-steps)</u>
	Facing and moving in LOD
1	Big step on R ft (ct 1), big step on L ft (2)
2	Repeat action of meas 1
3	Small step on R ft (ct 1), small step on L ft next to R toes (ct &), step on R ft (ct 2), hold (ct &)
4	Small step on L ft (ct 1), small step on R ft next to L toes (ct &), step on L ft (ct 2), hold (ct &)
5-8	Repeat action of meas 1-4
9	Repeat action of meas 1
10	Repeat action of meas 3
11-12	Repeat action of meas 9-10 with opp. ftwk.
13-16	Repeat action of meas 9-12

.....continued

Part 3 - "Nabivanè" (stamps)

Hold hands down in "V" position, facing ctr, moving sdwd

- 1 Step on R ft (ct 1), step on L ft behind R heel (ct &), step on R ft, lifting L knee in front (ct 2), stamp with L heel, without wt, next to R toes (ct &)
- 2 Repeat action of meas 1 with opp ftwk and direction
- 3-8 Repeation action of meas 1-2, three more times
- 9 Moving twd ctr, step on R ft (ct 1), step on L ft (ct &), low leap (fall) onto R ft, raising L knee with L heel pointing out (ct 2)
- 10 Hop on R ft, swinging under part of L leg across in front L heel pointing in (ct 1), hop on R ft moving left bkwd (ct 2), step on L ft bkwd, raising R knee in front (ct &)
- 11-16 Repeat action of meas 9-10 three more times

Part 4 - "Krâstosane" (crossing steps)

Facing ctr, dancing in place

- 1 Step on R ft in front of L ft (ct 1), step on L ft in place (ct &), step on R ft next to L ft (ct 2), step on L ft in front of R ft (ct &)
- 2 Step on R ft in place (ct 3), step on L ft next to R ft (ct &), step on R ft in front of L ft (ct 4), step on L ft in place (ct &)
- 3 Step on R ft next to L ft (ct 5), step on L ft in front of L ft (ct &), step on R ft in place (ct 6), step on L ft next to R ft (ct &)
- 4-6 Repeat action of meas 1-3
- 7 Step on R ft in front of L ft (ct 13), step on L ft in place (ct &), Step on R ft next to L ft (ct 14), step on L ft in front of R ft (ct &)
- 8 Step on R ft in place (ct 15), step on L ft in place (ct &), low leap onto R ft in place, lifting L knee in front (ct 16), hold (ct &)
- 9 Step on L ft fwd, raising R knee pointing out (ct 1), hop on L ft swinging R leg with knee bent in front (ct 2), step on R ft across in front of L ft (ct &)
- 10 Step on L ft in place (ct 1), small step on R ft sdwd right (ct &), step on L ft across in front of R ft (ct 2), step on R ft in place (ct &)
- 11-16 Repeat action of meas 9-10 three more times.
Note: meas 16 is performed as follows:
Step on L ft in place (ct 1), step on R ft next to L ft (ct &), low leap (fall) onto L ft in place, lifting R knee in front (ct 2)

Part 5 - "tapping"

Facing ctr dancing in place

- 1 Low leap onto R ft in place, extending L leg diag left fwd (ct 1), slap L ft diag left on the floor (ct &), hop on R ft, lifting L knee in front (ct 2), stamp with L heel, without wt, next to R toes (ct &)
- 2 Repeat action of meas 1 with opp ftwk

Part 5 (cont'd.)

- 3-8 Repeat action of meas 1-2 three more times
- 9 Facing ctr moving sdwd right, step on R heel (ct 1), step on L ft behind R ft, bending L knee(ct &), repeat action of ct 1-& (ct 2-&)
- 10 Repeat action of meas 1
- 11-12 Repeat action of meas 9-10 with opp ftwk and direction
- 13-16 Repeat action of meas 9-12
Note: meas 16 is performed as follows:
Leap onto L ft, swinging R ft sdwd (ct 1), close R ft next to L ft with a sharp click(ct 2)

Repeat entire dance from the beginning two more times.

Dancedescription by Jaap Leegwater © 1984

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