

BAL IN DA STRATT

(Belgium Mixer)

MUSIC: Record: Dans Met Ons S228-a (45 rpm). (This record is available in Belgium).

FORMATION: Cpls in ballroom pos facing LOD, M beg L ft, W R ft.

STEP: Two-step, Walk, Pas de Basque.

---

PATTERN

---

Meas

8

INTRODUCTION:

1-8

I. BALLROOM, LOD

4 two-steps fwd, in LOD.

M do 4 walking steps in LOD;

W do 4 walking steps; turn R with 2 steps, keeping M's L & W's R hands joined.

End facing ptr, keeping hands joined.

Cpls do 2 Pas-de-basques in place.

II: PROGRESSION

Dancers back away with 3 walking steps and clap.

Take 3 walking steps fwd to ptr & clap, with ptr.

Back away with 3 walking steps & clap.

Progress with 3 walking steps to own R - to meet new ptr.

Repeat dance from beginning to end of record.

Presented by June Schaal  
Idyllwild Workshop - 1971